



January - March 2017

NewBernNow.com

Ledger

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Information Shop"*

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**Community Journal
and much more...**

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Letter from the Editor

Dear Readers,

Have you heard people say, there's nothing to do in New Bern? My response, they're not looking!

We do our best to cover events, but with so much happening, there's not enough time in the day! Not to mention so many events overlap each other.

There are also so many stories to write about that would keep us tied up for years to come. This doesn't include recording, editing, and publishing bi-weekly podcasts, radio interviews, and videos!

With that said, we are very thankful to everyone who sends us articles and information on a daily basis. We hope that you continue to send us your latest happenings! Please limit articles to 550 words and include a photo (not flyer) and we'll link back to your website. If it's an event, we will also include it in our Community Calendar.

Our goal is to show off all the terrific things that make the greater New Bern area such a wonderful place to live! We invite you to become part of New Bern Now's Team and help us showcase the people, places, businesses, and non-profits.

If you enjoy writing and/or taking videos of the latest happenings and sharing stories about your experiences in and around town, we invite you to become a Contributing Author and join New Bern Now's Team. Your photo, bio, and link to your website will be added to our "Meet Our Team" page and it will help you increase exposure for your business/non-profit. Please let us know if you're interested in joining our Team. We ask that you commit to writing once a month, but there's no specific date for submission.

Note: We don't accept advertorials because we don't want readers thinking we're paid to publish content. We've been approached to publish paid articles, but we declined. We believe that if we accepted native advertising, people would question the legitimacy of our content. Sure, it would be great to be paid to publish articles, but that's not what we are about. If people want to advertise, they can buy an ad or a link to their website at a very affordable rate.

Please let me know if you have any questions or give me a call at 252-638-6858 or send an email to info@newbernnow.com. We're looking forward to helping promote your efforts!

I hope that you enjoy this quarter's Ledger. Please know that it's an extension of NewBernNow.com which is updated on a daily basis.

Sincerely,

Wendy Card



Wendy Card
Publisher of
New Bern Now



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IMPORTANT NUMBERS:

New Bern Police: 672-4100
New Bern Fire: 639-2931
Craven County Sheriff: 636-6620
City General Info: 639-2701
CC Recreation & Parks: 636-6606
City Taxes: 639-7532
City Animal Control: 633-2020
County Animal Control: 637-4606
Public Works: 639-7501
City Electric: 636-4070
Duke Energy: 800-777-9898
Trash/Recycling: 639-7501
Water & Sewer: 639-7541
Building Insp/Permits: 639-2941
Parks & Recreation: 639-2912
Business License: 639-7532
Food & Shelter: 637-4185
Housing Authority: 637-3599
New Bern Library: 638-7800
New Bern Chamber: 637-3111
Visitors Center: 800-437-5767
City of Havelock: 444-6400
Havelock Police: 447-3212
Havelock Chamber: 447-1101
Havelock Tourist Center: 444-4348
MCAS Cherry Point: 466-2811
NOAA Weather: 252-223-5737
WildARC Eastern Carolina: 772-9347
River Bend Police: 638-1108
Trent Woods Police: 637-3030
Pamlico Co. Sheriff: 252-745-3101

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About New Bern

If you live in, or are only visiting, there are all kinds of things to do in the Greater New Bern area!


Visitors are attracted to New Bern's southern charm, small town feel, combined with the beautiful scenery, and abundance of things to do. If you're looking for something to do, you'll find all kinds of fun events and attractions throughout the year!

A City rich in arts, history, and outdoor recreation, New Bern is a great place to live! It's a safe, suburban community with a population close to 50,000 residents with diverse social backgrounds. Residents range from home grown New Bernians, transplants seeking a slower pace of life, and snowbirds escaping from the cold weather. Military members and their families homestead in New Bern because of its close proximity to Marine Corps Air Station, Cherry Point and Marine Corps Base, Camp Lejeune.

Visit one of 20+ parks & 3 recreation centers maintained by New Bern Parks & Recreation (639-2901) and Craven County Recreation & Parks (636-6606). Play disc golf at Glenburnie Park (639-2901), go bowling or play laser tag at the Strike Zone (637-6033), roller skate at Rollerland (633-3804), or check out the Bear Towne Escape Room (919-288-4764).

Visit the New Bern/Craven County Library for free Wifi, computer classes, bingo, book contests, artist of the month receptions, reading programs, DVD/movie rentals, story hours, etc. (638-7800).

Watch a movie at Neuse Blvd Cinema (633-2438) or Bear Town Cinema 6 (638-1820).

Relieve stress at A Hopeful Balance (633-1788); Bern Pilates (514-4430); Courts Plus Fitness Center (633-2221); CrossFit Burn (781-727-9390); Gold's Gym (634-9499); Green Bear Fitness (670-6881); Gym 24/7 (672-9305); Holy Yoga New Bern (636-2628); Planet Fitness (631-5085); Smash Studios and Fitness (670-3115); Snap Fitness 24/7 (636-9627);  [Sound Fitness](#) (639-2582); Sugoi Submissions Brazilian Jiu Jitsu (361-446-5639) and Rivertowne Ballroom (637-2003).

Sign up for many activities at the Twin Rivers YMCA (638-8799). Our local YMCA has all kinds of activities and events throughout the year for adults and children alike.

Local Government Resources

New Bern's City Government controls police and emergency services, utilities, parks and recreation, etc. Craven County Government regulates emergency services, social services, Clerk of Court, Register of Deeds, taxes, planning and inspections, New Bern Riverfront Convention & Visitors Center, recreation and parks, and many other services.


Healthcare

CarolinaEast Health System is our Regional Medical Center, 2000 Neuse Blvd. (633-8111) which includes an Emergency Room, Cancer Care, Cardiac Care Center, Express Care, Internal Medicine, and various healthcare departments. Coastal Carolina Health Care (CCHC) New Bern Family Practice, 1040 Medical Park Ave. (633-1678) and Urgent Care (638-2213), CCHC Creekside Primary Care, 108 Market St. (638-2273) and has a variety of healthcare specialists; Goshen Medical Center, 4114 Dr MLK Jr Blvd. (252-772-9995); and Craven County Department of Health and Human Services (636-4920). The MERCI Clinic, 1315 Tatum Dr. (633-1599). There are also numerous health and dental care practices and alternative medicine options to choose from.

Education




Craven County Public School System (514-6300); Private: Arrendell Parrot Academy, Kinston (522-4222); Epiphany School (638-0122); St Paul Catholic School (633-0100); Sylvan Learning Center (633-6380); and Craven Early College (637-5906). Craven Community College (638-7200); NC Wesleyan College at CCC (985-5100); and Mount Olive College at New Bern (633-4464). Craven Smart Start's Child Care Resource and Referral Program (672-5921) offers free child care referral services.

Transportation



 [Coastal Carolina Regional Airport](#) (638-8591). Airport services include Delta and American flights, general aviation terminal, Fed Ex, UPS services, conference room, wireless Internet, taxi/car rental services, Deli, and Tradewind's Flight School.

CARTS Public Transportation (636-4917); A to Z Car Transportation (259-7763); Eddie's Shuttle Service (288-4485); Shuttle Me Transportation (637-7433); New Safeway Taxi (636-9000); and WC Market Greyhound Bus Terminal (633-3100).

Other Resources

 [Craven County Veteran's Council](#), (247-6994);  [Veterans Employment Base Camp and Organic Garden](#), Stanley White Recreation Ctr, 901 Chapman St. (637-9350); Craven County Veterans Services Office, 2402 Dr MLK Jr Blvd. (636-6611) and  [Women Veterans of Coastal North Carolina](#) (247-6994).

New Bern by Land, Sea, and Air

Take a self-guided walking tour or: The Aerie Bed and Breakfast's "Model A Ford" Tours (636-5553); Bear Foot Kayaks (229-4846); Bolero Sailing Charters, 300 E. Front St., 670-5879;  [New Bern River Tours](#) (876-7232); Pedi-Bear Tours (649-8855); Scenic Airplane Ride by Tradewind Aviation (636-0716); Tugboat of New Bern Cruises (919-306-5712); and Trolley Tour (637-7316). Call  [New Bern Tours](#) for more options (637-7316).

New Bern Art Scene Continues to Grow

By Wendy Card

Until recent years, when I heard the word art, the first thing that came to mind was a painting or sculpture. That was until I met the artists living among us and realized that it's much more than that. Art impacts our lives every day. From listening to relaxing music, reading a funny story, to watching a horror film...they all have an effect on our thoughts and emotions.

It also makes me think about kids in art class. You can see it in their eyes when they're coloring or creating something new. There's nothing like watching a child paint as their imagination takes them to a different world. We may not be able to figure out what they painted, but to them, it's a masterpiece!

I believe we all have some special part of us that creates things. You don't have to be an artist to create art, as each of us tells a story in different ways. From taking photos, writing, speaking, sculpting, painting, singing, acting, quilting, throwing clay, etc., "beauty is in the eye of the beholder".

The arts have taken New Bern by storm and the scene continues to grow. With so many creative people living in and around town, our arts scene is flourishing!

We celebrate the arts during ArtWalk and Artcrawl on the second Friday of every month. We have fine art and bohemian galleries and everything in between! Restaurants, bars, and local merchants also participate. So if you haven't made it downtown on this special day, you're missing out! Galleries host receptions where you can meet featured artists. It's a fun-filled evening with live entertainment, artists selling their work on the streets, and it's a great way to meet new people and catch up with old friends!

The arts play a vital role in our city's economic development as it's a big draw for local residents and visitors alike!

When people attend an event or take in a live show at the theatre, they spend money on dinner, drinks, and/or shopping.

The New Bern Farmers Market also attracts a large crowd every Saturday. If you haven't been to the Farmers Market, they sell much more than produce and baked goods! Watch artists and crafters demonstrate their work...felted, woodworking, crocheting, knitting, and many other unique skills.

Art sculptures bring smiles to travelers at the Coastal Carolina Regional Airport. Each year, a number of East Carolina University students are selected to create their sculptures that are exhibited on the airport grounds and ultimately sold to admirers.

Art is also in the architectural work dating back a few hundred years to current buildings.

I'm not trying to take anything away from traditional artist mediums, but after reading Merriam-Webster definition of Art as "something that is created with imagination and skill and that is beautiful or that expresses important ideas or feelings"...the more I think about it, artists or some may consider them artisans or crafters, surround us every day. They are chefs, bakers, hair stylists, florists, landscapers, dentists, and the list goes on!

Art brings people together as you see with artists on the cover. They're from all walks of life, but they have things in common...they love what they do, they're creative, and have unique visions.

Special thanks to the following artists who joined us for the cover photo shoot: Nada Behr, Judy Szychowski, Rebecca Duncan, Allesandro Cagiati, Susan Cheatham, Julia McDondald, Eileen Wroe, Chris Wagner, Sandy Bruno, Simone Houle, Amber Williams, Dara Morgan, Magfirah Dahlan, Francisco Hernandez, Gwen McDaniel, Meg Wethington, Ben A. Watford, Dane Horner, Bobby Hurff, Ashley McDaniel, Lillian Carlson Stith, Asha Goodwin, Jill Eberle, Hank Barbee, Laura Gammons, Dominick P. Giorgianni, Tammy Giorgianni, Scotty Canady, Jeanne Julian, Se'rah Cheatham, Carol Tokarski, GeeVee Meyer, Andrea Clements Thompson, Carol Jones, and Lisa Bisbee-Lentz.

We really appreciate Angelina Doyle and the folks at the New Bern Civic Theatre for welcoming us to take the cover photo at the Theatre.

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Eye on the Arts

Art enthusiasts are taken aback by the masterpieces created by New Bern's Artisans!

Take a trip downtown starting on Craven Street. Stop at the Accidental Artist (634-3411), Ballantyne Framing and Art (633-0414), and 🌿 [The Greater Good Gallery](#) (649-1712).

Walk down Pollock Street to 🌿 [Carolina Creations](#) (633-4369), 🌿 [Fine Arts at Baxters](#) (634-9002), Weaver's Webb Gallery (514-2681), and The City Laundry and The City Potters (876-7007).

Visit the Craven Arts Council and Gallery at the Bank of the Arts (638-2577), 🌿 [Michaelé Rose Watson's Artist Studio](#) (626-0120), Red Shoe Studio Gallery (670-7736), Studio Four Thirteen Broad (670-4048), 🌿 [The Community Artists Will Center for the Arts](#), (571-8566); The Stardust Gallery (617-0209), New Bern Arts & Wellness Center (497-8928), The Next Chapter Books and Art (633-5774) and the Framing Fox Art Gallery (635-6400). Don't miss the art shops within the Greater New Bern area! Visit the Martin Henry Studio (638-4245) and Wine and Design (633-4555).

Craven Arts Council and Gallery at the Bank of the Arts, 317 Middle St. (638-2577):

- Jazz Showcase – Feb 12 at the DoubleTree by Hilton

- Empty Bowls – Feb 23 at Temple Baptist Church benefiting Religious Community Services and Craven Arts Council. Help stop hunger and support the arts!

People look forward to Downtown Artwalks! Contact the Craven Arts Council for details. Upcoming Artwalks: January 13, February 10, and March 10 from 5 - 8pm.

The Community Artist Will presents ARTcrawl, Downtown New Bern. Bohemian artists will also be demonstrating their art throughout Downtown New Bern. Upcoming ARTcrawls: January 13, February 10, and March 10 from 5 - 8pm.



[Carolina Creations Fine Art and Contemporary Craft Gallery](#), 317 Pollock St., Downtown New Bern (633-4369):

Sally Sutton Painting Party on January 19 from 6:30pm - 9:00pm at The Francoeur Studio, 229 E. Front St. Paint your own acrylic painting of this image on canvas with Artist Sally Sutton! Sip, snack and paint!

Each year School Students create valentine cards, learning various techniques in their classrooms. They donate the cardstock and envelopes and they donate the talent. Then they sell the cards for \$3.50 each and donate all proceeds back to the school art classes. It's a way Carolina Creations can promote young artists, show their work in a gallery setting, they learn new techniques, and the Gallery can give back to the community.

Carolina Creations has been a fixture in Downtown New Bern since 1989 promoting original artwork by local, regional and national artists including paintings, jewelry, pottery, blown glass, wood and other hand crafted gift items.

[Fine Arts at Baxters](#), 323 Pollock St., Downtown New Bern (634-9002):

- "A Little Help From My Friends" by artist Bernie Rosage. The exhibit will be on view from January 13 through February 6. A reception will be held on January 13 from 5 - 8pm during Art Walk. Rosage's passion for art and music, led to his new contemporary series called "With a Little Help From My Friends." Pieces include Bob Marley, Jimi Hendrix, The Beatles and Jim Morrison.

- Marvin Saltzman Retrospective. The exhibit will be on view from February 10 through March 10. A reception will be held on February 10, from 5 - 8pm. Saltzman was born in Chicago, Illinois, in 1931. Saltzman received a B.F.A. and M.F.A from the University of Southern California in 1959. Saltzman was a member of the faculty of the University of North Carolina at Chapel Hill from 1967 to 1996 where he mentored hundreds of students.


- "Creative Healers". The exhibit will be on view from March 6 through March 31. Reception on Friday, March 10, from 5 - 8pm. "Creative Healers" - An art show and sale showcasing the creative and artistic side of our medical community. Benefitting the CarolinaEast Cancer Center.

The City Laundry in Historic New Bern located at 901 Pollock St. has artist studios, events, classes, coffee house and more (876-7007).

Enjoy a live performance at the New Bern Civic Theatre (634-9057); Masonic Theatre by RiverTowne Players (634-7877); Bear Town Market (637-0022); New Bern's Farmers Market, (633-0043); New Bern Riverfront Convention Center (800-437-5767); Trent River Coffee Company (514-2030); 🌿 [North Carolina History Center](#) (639-3500); River-towne Ballroom (637-2003); and Grover C. Fields Performing Arts Center.



Step Back in Time

Besides  [Tryon Palace](#) being the First State Capitol, New Bern, North Carolina, is a town full of 307 years of history! Here are a few of numerous historical events and notable residents:

- Richard Dobbs Spaight signed the US Constitution
- Bayard Wooten, renowned 20th Century woman photographer
- Gertrude Carraway, journalist, author, and philanthropist was influential in the restoration of Tryon Palace
- James Davis opened the First Printing Press in North Carolina
- Birthplace of Pepsi Cola, invented in New Bern by Caleb Bradham
- First Public School in North Carolina
- First Chartered Fire Department in North Carolina
- New Bern's Devastating Fire of 1922
- Beverly Perdue became NC's First Female Governor
- Novelist and Screenwriter, Nicholas Sparks - resident and founder of the Epiphany School
- Tommy Moore, Owner of Moore's BBQ, received the Guinness World Record for the largest open faced BBQ bun.
- Professional Basketball Player and Hall of Famer, Walt Bellamy


Historical Landmarks

New Bern is home to hundreds of landmarks! Here's only a short list of many:

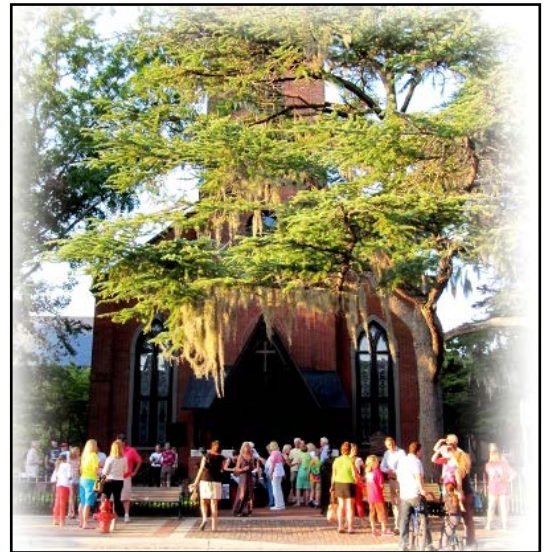
- Cedar Grove Cemetery, George St., Greenwood Cemetery, Cyprus St., and New Bern Cemetery (639-7515)
- Centenary United Methodist Church, 309 New St. (637-4181)
- Christ Episcopal Church and Cemetery, 320 Pollock St. (633-2109)
- City Hall, 300 Pollock St. (636-4000)
- First Baptist Church, 239 Middle St. (638-5691)
- First Church of Christ, 406 Middle St. (638-6269)
- First Presbyterian Church, 418 New St. (637-3270)
- Hebrew Cemetery, National Ave.
- Isaac Taylor House, 228 Craven St. (649-1712)
- New Bern National Cemetery, 1711 National Ave. (637-2912)
- Saint Cyprian's Episcopal Church, 604 Johnson St. (633-3816)
- Saint Paul's Roman Catholic Church, 510 Middle St.
- Saint Peter's African Methodist Episcopal Zion Church, 604 Johnson St. (633-3816)
- Temple B'Nai Sholem Synagogue, 505 Middle St. (638-4545)

Stop by the  [New Bern Historical Society](#) to find out more about our town's long history! (638-8558)

Contact the  [New Bern Preservation Foundation](#) to learn more about our Historic buildings (633-6448).

 [The North Carolina History Center at Tryon Palace](#) provides an eco-friendly, virtual learning experience with interactive devices, combined with old fashioned historic interpreters (639-3500).

Tryon Palace and the North Carolina History Center offers visitors a once in a lifetime experience that merges three centuries of history with modern technology enjoyed by all ages!




Take a Historical Tour or Visit a Museum

Churches and Cemeteries Tour (self guided), Craven County Visitors Center (637-9400), African American Heritage Tours (639-3500); Cedar Grove Cemetery Tours (633-4682); and New Bern Tours (637-7316).

Learn about the 1862 "Battle of New Bern"! Visit New Bern's Civil War Battlefield, off Hwy 70 E. Take a self guided tour or arrange for a professional guided tours through the New Bern Historical Society, 511 Broad St. (638-8558).

Attmore-Oliver Civil War House Museum, 512 Broad St. (638-8558); New Bern Fireman's Museum, 420 Broad St. (636-4087); New Bern Academy Museum, corner of New & Hancock Sts.; and the USMC Aviation Exhibit, 201 Tourist Center Dr., Havelock (444-4348). Visit the New Bern-Craven County Library's Kellenburger Room to learn more about our City's history (638-7800).

Contact the  [Family History Society of Eastern North Carolina](#) to find out more about local history, genealogy, and interesting events. (349-0405).

Outdoor Life

Boating, fishing, paddling, hunting, golfing, biking, hiking, bird watching, photography, camping, and tennis are only a few of many outdoor recreation opportunities in New Bern, NC!

Nestled between the Neuse and Trent Rivers in Eastern North Carolina, New Bern is a haven for boaters, fishermen, and water sport fanatics. From large Marina's to off the path boat ramps, you'll find them here: NCWildlife.org.

Fishing is plentiful! Some of the water is brackish so you can catch both salt water and fresh water fish - you may need both licenses. For a unique outdoor experience, call [Spec Fever Fishing Guide Services](http://SpecFeverFishingGuideServices.com) (249-1520). Bear Foot Kayaks (229-4846). Custom Marine Fabrication and Sports (638-5422) also has boating and fishing equipment.

Are you a boater? Join the New Bern Yacht Club (634-2626) or the New Bern Grand Marina Yacht Club (638-0318). Do you prefer paddling? Contact the Sound Rivers (637-7972) and/or the [Twin Rivers Paddle Club](http://TwinRiversPaddleClub.com) (636-6606) for paddle trail maps and details about boating and fishing on the Neuse and Trent Rivers along with their tributaries. You can also rent kayaks, stand up paddleboards, bikes, and take tours with Bear Foot Kayaks (229-4846), and Stand Up Outfitters (514-0404).

A "Nature Lover's Paradise", enjoy the Croatan National Forest (NF). The forest's habitat has exotic plants like the Venus flytrap, making it the only NF with the largest carnivorous plant population. The Croatan spans approximately 160,000 acres and is located in New Bern's backyard. It's a sanctuary for black bear, deer, wild turkey, quail, coyote, beaver, porcupine, bobcat, American alligator, bald eagle, red-tailed hawk, and other wildlife you may see.

Talk to the people at the Croatan NF Ranger's Station on Hwy 70 E (638-5628). The Croatan is full of history and untamed lands!

Campers have many choices. Stay at New Bern's KOA located on Hwy 17 N in Bridgeton (800-562-3341). Visit Flanner's Beach Campground or Neuse River Campground which are run by the Croatan National Forest. Brice's Creek also has a small primitive campground.

Join cyclists at Flythe's Bike Shop, 2411 Trent Rd, as Flythe's leads bike rides around town (638-1544). You can also rent bike's from them at the Galley Stores, 300 E. Front St. Atomic Cycles also leads rides around town. Visit them at 504 S. Front St. (633-2242).

Attention golf lovers! Visit Carolina Colours Golf Course (772-7022), Carolina Pines Golf & Country Club (444-1000), Emerald Golf Club (633-4440), Harbour Pointe Golf Club (638-5338), New Bern Golf & Country Club (637-4061), Taberna Country Club (634-1600), River Bend Golf & Country Club (638-2819), or the Cherry Point Golf Course (466-3044).

Prefer tennis? There are tennis courts throughout New Bern including Craven Community College, New Bern Golf and Country Club (637-4061), The Emerald Country Club (633-4440), Harbour Town Racquet Club (636-5652), New Bern Parks & Rec facilities (639-2912), and Craven County Recreation and Parks (636-6606).

For an all around outdoor experience, become a member of the New Bern Outdoor Adventure Club (670-4383 or 635-0866). You can also join the [Great Outdoor Provision Co.](http://GreatOutdoorProvisionCo.com) as they have all kinds of outdoor trips in North Carolina.

Hunter Safety Course Information: (919-707-0031) and Hunting/Fishing License Information (888-248-6834). Visit the NC Wildlife Commission's website or NC Waterman website for fishing reports, water conditions and more!

GriefShare Gathering



A new 14 week GriefShare gathering will be starting in February at Centenary United Methodist Church in Rm 206, 309 New St. in Downtown New Bern.

It will run on Mondays, 10:00 am until noon, from February 6th to May 8th. For information on the morning sessions or to register, please contact Pam Bonina at 252-497-8489 or pambonina@gmail.com.

Grief Share is for anyone who has lost a loved one to death - spouse, parent, child, friend or other relative.

The sessions are a combination of video content, which will provide you with access to practical and spiritual guidance from a variety of experts, and group discussion, where you'll have the opportunity to learn from and help each other. Each session is designed to provide you with the support you need to begin to recover from your loss and look forward to rebuilding your life. Sessions are led by people who have themselves lost loved ones, understand what you are going through and want to help. You may join at any time during the 14 weeks and at any point in your grief recovery journey.

Additional information on this program can be found at GriefShare.org.

Submitted by: Ron Bonina

Dining and Entertainment


Asian (Chinese/Indian/Japanese/Thai)

Bay Leaf Indian Restaurant, 309 Middle St., 638-5323
China Garden, 1216 S. Glenburnie Rd., 637-8118
China King, 133 Bridge Town Blvd., 636-3155
Chinese Express Takeout, Neuse Blvd., 638-4122
China Wok, 3321 Dr MLK Jr Blvd., 636-5288
Golden China, 953 Hwy 70 E., 637-1136
Peking Garden Express, 2007 S. Glenburnie Rd., 637-8187
Ginza Japan, 3025 Dr MLK Jr Blvd., 633-6698
Hibachi Super Buffet, 3342 Dr MLK Jr Blvd., 633-9888
Musashi Japanese Steak & Seafood Restaurant, 2041 S. Glenburnie Rd., 637-0063
Osaka Express Grill and PHO Vietnamese Restaurant, 701 Hwy 70 E, 288-5718
Sanuki Japanese Restaurant and Sushi Bar, 2311 Neuse Blvd., 514-0459
Sumo Bowl, 1905 S. Glenburnie Rd., 672-8975
Thai Thai Seafood Restaurant, 2405 Neuse Blvd., 633-9593
Canton Chinese, 4118 Dr MLK Jr Blvd., 634-1601



Barbeque

Moore's Barbeque, 3621 Dr MLK Jr Blvd., 638-3937
Smithfield's Chicken & BBQ, 2507 Dr MLK Jr Blvd., 636-2398

Breakfast

 [Baker's Kitchen](#), 227 Middle St., 637-0304
Christoph's on the Water, 100 Middle St., 638-3585
Country Biscuit Restaurant, 809 Broad St., 638-5151
Ghent Sandwich Shop, 1308 Broad St., 638-5928
IHOP, 3400 Dr MLK Jr Blvd., 633-7800
Kitchen on the Trent, 2500 Trent Rd., 638-2241
Sea Glass Cafe, 1803 S. Glenburnie Rd., 634-2327
Waffle House 3303 Dr MLK Jr Blvd., 635-5220;
1000 Hwy 70 E, 672-9800

Catering

Attitudes Pub & Grill, 32 Shoreline Dr., 633-2006
Bay Leaf Indian Restaurant, 309 Middle St., 638-5323
 [Bengel Hospitality](#), 914-439-4447
 [The Chelsea](#), 335 Middle St., 637-5469
Christoph's on the Water, 100 Middle St., 638-3585
Country Biscuit Restaurant, 809 Broad St., 638-5151
Famous Restaurant, 2210 Neuse Blvd., 637-2809
The Flame Catering, 2301 Neuse Blvd., 633-1193
Kitchen on the Trent, 2500 Trent Rd., 638-2241
The Village Butcher, 3515 Trent Rd. #6, 637-6695

Coffee Shops and Delis

Carolina Bagel Co. & Deli, 3601 Trent Rd., 636-0133
Cow Cafe, 319 Middle St., 672-9269
Craven Coffee House, 1904 S. Glenburnie Rd., 649-1746
Dunkin' Donuts, 2315 Neuse Blvd., 633-2300; 120 Taberna Way, 637-9284
Ghent Sandwich Shop, 1308 Broad St., 638-5928
Honeybaked Ham & Cafe, 2117 S. Glenburnie Rd., 631-5125
Red Top Sandwich Shop, 2821 Neuse Blvd., 633-3736
Schlotzsky's Deli, 3335 Dr MLK Jr Blvd., 638-2508
Starbucks, 3410 Dr MLK Jr Blvd., 638-2954
Sea Glass Cafe, 1803 S. Glenburnie Rd., 634-2327
Sweet Pea's Cafe, 323 Middle St, 633-7900
Trent River Coffee Company, 208 Craven St., 514-2030

Italian

37th Street Pizzeria, 2402 Neuse Blvd., 633-5444
Franco's Pizza, 1200 Hwy 70 E., 635-3396
La Casetta Italian Cuisine, 2503 Neuse Blvd., 638-6699
LaRosa Restaurant, 1503 S. Glenburnie Rd., 633-4606
Paula's Pizza and Italian Restaurant, 1713 Red Robin Ln., 636-2324
Savage's Woodburning Pizzeria, 303 Metcalf St., 672-0103


Mexican

Arturo's Mexican Restaurant, 1900 S. Glenburnie Rd., 634-1894
Chipotle Mexican Grill, 2999 Dr MLK Jr Blvd., 633-1762
Cilantro's Mexican Grill, 1706 Hwy 70 E., 514-0617
El Cerro Grande, 2503 Dr MLK Jr Blvd., 638-8938
El Taco Loco, 2408 Dr MLK Jr Blvd., 633-3326
El Tequila Mexican, 2037 S. Glenburnie Rd., 633-2958

Pizza and Subs

37th Street Pizzeria, 2402 Neuse Blvd., 633-5444
Hwy 55 Cheesesteaks & Cheeseburgers, 3335 Dr MLK Jr Blvd., 514-2893; 2317 Hwy 70 E., 637-7994
Big Apple Pizzeria, Twin Rivers Mall, 636-3803; 1150 Broad Creek Rd., 636-2555
Dominos Pizza, 949 Hwy 70 E., 635-1302
Famous Subs and Pizza, 2210 Neuse Blvd., 637-2809
Firehouse Subs, 3123 Dr MLK Jr Blvd., 636-3473
Franco's Pizza, 1200 Hwy 70 E., 635-3396
Gina's Pizza, 1904 S. Glenburnie Rd., 633-9000; 1904 Hwy 70 E., 672-9063
Jersey Mike's Subs, 2309 Hwy 70E, 636-2566
Jimmy Johns, 1809 S. Glenburnie Rd., 638-0177
Little Caesars, 2309 Neuse Blvd., 636-3339
Mario's Pizza, 1822 S. Glenburnie Rd., 633-0836
Panichelli's Pizzeria, 40 Shoreline Dr., River Bend, 514-0548
Papa John's Pizza, 2009 S. Glenburnie Rd., 636-1212
Paula's Pizza & Italian Restaurant, 1713 Red Robin Ln., 636-2324
Pizza Hut, 1505 S. Glenburnie Rd., 638-3100;
3201 Dr MLK Jr Blvd., 638-5400; 2707 Hwy 70 E, 637-0400
Savage's Woodburning Pizzeria, 303 Metcalf St., 672-0103
Subway, 3105 Dr MLK Jr Blvd., 638-4851; 941 Hwy 70 E., 636-0020

Surf and Turf (Seafood & Steak)

Captain Ratty's Seafood & Steakhouse, 202 Middle St., 633-2088
Friday's 1890 Seafood, 2307 Neuse Blvd., 637-2276
Mama Callie's Louisiana Seafood, 701 Hwy 70 E., 631-5173
MJ's Raw Bar and Grill, 216 Middle St., 635-6890
Musashi Japanese Steakhouse, 2041 S. Glenburnie Rd., 637-0063
 [Beer Army Burger Company](#), 313 Pollock St., 288-5814
Sting Ray Cafe, 520 S. Front St., 638-2280
Texas Steakhouse, 3231 Dr MLK Jr Blvd., 637-1500
Outback Steakhouse, 111 Howell Rd, 672-9394

Dining and Entertainment

Sweet Tastes

Bear City Fudge Company, 236C Middle St., 636-1360
The Cupcake Lady, 617-0895
Dairy Queen, 2401 Dr MLK Jr. Blvd., 637-6457
Froyo's 101, 2031 S. Glenburnie Rd., 638-8881
Kreative Cakez, 658-0333
🌿 [Soo's Chocolate and Bakery](#), 876-SOOS (8776)
Sugarplum Bakery, 1244 Hwy 70 E, 633-1244

Upscale Dining

🌿 [Aperivito Wine Bar at Lawson's Landing at the NC History Center](#), 637-9307
247 Craven Restaurant, 247 Craven St., 635-1879
🌿 [The Chelsea](#), 335 Middle St., 637-5469
Christoph's on the Water, 100 Middle St., 638-3585
The Flame Restaurant & Banquet Centre, 2303 Neuse Blvd., 633-0262
Harvey Mansion Restaurant & Bar, 221 S. Front St., 635-3232
Morgan's Tavern and Grill, 235 Craven St., 636-2430
Persimmons Restaurant, 100 Pollock St., 514-0033

Variety Dining

Annabelle's Restaurant, Twin Rivers Mall, 633-6401
Applebee's Restaurant, 3450 Dr MLK Blvd., 637-8050
Attitudes Pub & Grill, 32 Shoreline Dr., 633-2006
🌿 [Baker's Kitchen](#), 227 Middle St., 637-0304
Buffalo Wild Wings, 3102 Dr MLK Jr Blvd., 635-9464
Carolina Grill, 998 Hwy 70 E., 634-3456
Country Biscuit Restaurant, 809 Broad St., 638-5151
Half Time Pub and Grill, 3325 Dr MLK Jr Blvd., 672-8777
🌿 [Lawson's Landing Café at the NC History Center](#), 637-9307
Panera Bread, 2997 Dr MLK Jr Blvd., 649-6264
Roy's Family Restaurant, 808 D St., Bridgeton, 635-1415
Ruby Tuesday Restaurant, 1004 Hwy 70 E., 638-8004
Spunky McDoogles, 1908 S. Glenburnie Rd., 637-5705
Triple Play Restaurant/Bar, 1706-E Hwy 70E, 635-3010

Nightlife and Pubs

🌿 [Aperivito Wine Bar at Lawson's Landing at the NC History Center](#), 637-9307
Applebee's Grill & Bar, 3450 Dr MLK Jr Blvd., 637-8050
Attitudes Pub & Grill, 32 Shoreline Dr., 633-2006
Bambooz Tiki Bar II, 1100 Hwy 70E, 635-3010
Bear Towne Market (BTM), S. Front St., 637-0022
Bern Bar, 1904 S. Glenburnie Rd., 631-5170
The Brown Pelican Pub, 411 Broad St., 631-5008
Brewery 99, 417 F Broad St., 259-6393
Brütopia, 1201 Hwy 70E., 631-5142
Buffalo Wild Wings, 3102 Dr MLK Blvd. 635-9464
Captain Ratty's, 202 Middle St., 633-2088
🌿 [The Chelsea](#), 335 Middle St., 637-5469
Christoph's on the Water, 100 Middle St., 638-0305
Half Time Pub & Grill, 3325 Dr MLK Jr Blvd., 672-8777
Harvey Mansion Restaurant and Bar, 221 S. Front St., 635-3232
The Howling Dog Saloon, 3202 Neuse Blvd., 514-2433
Mesh Sports Lounge, 2500 Trent Rd., 636-6374
Mickey Milligan's, 3411 Trent Rd., 637-3711
MJ's Raw Bar & Grill, 216 Middle St., 635-6890
Morgan's Tavern & Grill, 235 Craven St., 636-2430
Persimmons Waterfront Restaurant, 100 Pollock St., 514-0033
Texas Steakhouse, 3231 Dr MLK Jr Blvd., 637-1500
The Grill at Prohibition, 237 Craven St., 649-1838
Thirsty Bruin, 224 Middle St., 877-635-1409
Triple Play Restaurant and Bar, 1706-E Hwy 70E, 635-3010

🌿 Table Takeout - Mobile Food Ordering and Delivering:
visit [TableTakeout.com](#)

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The Coastal Women's Forum is a diverse group of women who work to support each other personally and professionally.

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Dr. Stacey Manczka, DVM
Dr. Alexis Vidaurri, DVM
Dr. Sean Greenlaw, DVM

"We Treat Your Pets Like Part of Our Family"

Mon - Fri: 7:30am - 5:30pm

Sat: 9:00am - 5:00pm

Sun: 10:00am - 3:00pm

1003 Hwy 70E, New Bern, NC

252-637-4541

[CravenAnimalHospital.com](#)

Staying in New Bern

Bed and Breakfasts and Inns

The Aerie Bed and Breakfast; Aerie Guest House and Conference Center, 512 Pollock St, 636-5553
The Captain's Stay, 718 Pollock St., 288-5133

🌿 [Hanna House Bed & Breakfast](#), 218 Pollock St., 635-3209
The Harmony House Inn, 215 Pollock St., 636-3810
Meadows Inn, 212 Pollock St., 634-1776

Camping Cabins, Lodges, RV and Tent Sites

Fishers Landing Campground and Neuse River Campground, Hwy 70 E, 638-5628

Moonlight Lake RV and Cottages, 180 Moonlight Dr., New Bern, 745-9800

New Bern KOA, 1565 B St., Bridgeton, 638-2556

Hotels

BridgePointe Hotel and Marina, 101 Howell Rd., 636-3637
Candlewood Suites, 3465 Dr MLK Jr Blvd., 638-8166
Comfort Suites of New Bern, 1006 Old Cherry Pt Rd., 649-1717

Courtyard by Marriott, 218 E Front St., 636-0022
Doubletree by Hilton - New Bern, 100 Middle St., 638-3585
Holiday Inn Express, 3455 3465 Dr MLK Jr Blvd., 638-8266
Hampton Inn - New Bern, 200 Hotel Dr., 637-2111
Springhill Suites - Marriott, 300 Hotel Dr., 637-0017

🌿 [The Ziegler Hotel Suites](#), 1914 Trent Blvd., 638-6868

Kathleen Fleming
BROKER/GRI/CRS
Kathleenfleming@embarqmail.com
Cell: (252) 671 - 0456
TheMiddleStreetGroup.com

333 Middle Street
New Bern, NC 28560
Office: (252) 633 - 1442



Trent River Realty, Inc

Vacation Rentals

Anchors Away, 108 Gangplank Rd., 719-486-9776

Berne Rivers Guest House, 209 Hancock St, 638-2798

The Country Cottage, 206 Piney Grove Rd., Pollocksville, 229-1743

New Bern Round House, 101B St., info@newbernroundhouse.com

Resort Management Group, 475 Broad Creek Rd., 638-8011

Sandy Garden, Sandy Point House, Bamboo Cottage, 321

Riverside Dr., nickmiss@suddenlink.net

The River Camp, call Tommy Moore at 670-3040

Sky Sail Condominiums, 100 Middle St., 637-3600

Vacation Resorts International, 1141 Broad Creek Rd., 633-1151

Valhalla Vacation Rentals, 259-7695 or 636-8336

Whitford House, 604 Hancock St., 252-626-5216

Community Journal

New Bern Chamber of Commerce - New Members:

Chevrolet of New Bern, 3405 Dr. MLK Jr. Blvd., 638-6161; B n B Home Pro's, 671-4704; Paperless Marketing, 639-1552; Edward Jones - Georgiana Bircher, 246 Craven St., 514-0279; Salt Water Financial - Geoff McLawhorn, 3402-A Trent Rd., 649-1620; Lula Roe Katrina Wood, 540-760-2023; Urs Nuesch - Individual; Sewing on the River, Inc., 127 Market St., 671-0611; True Justice International, 3113 Trent Rd., 631-5111; Neuromuscular Disease Support Organization, 202 Miller Blvd., Havelock, 733-0799; Island Creek Builders, Inc., 671-3799; Decks and Docks Lumber Co., 607 US HWY 17 N, Bridgeton, 221-3779; Riverfront Builders, 634-9300; Occasions to Celebrate, 3910 Dr. Martin Luther King Jr. Blvd., 637-9100; Carpet One of New Bern, 1709 Red Robin Lane, 672-8912; Pedi-Bear Tours LLC, 649-8855; Joseph J. Anderson - Individual; Land and Waterfront Properties LLC, 720 Pollock St., 229-8444; Wash Away Unemployment Inc., 1030 Broad St., 721-9274; Crim Arcades LLC, 259-5192; Sugarplum Bakery LLC, 1244 US Hwy 70 E., 633-1244; The Village Butcher & Market, 3515 Trent Rd., 637-6695; La Bella Donna Salon, 2113-D S. Glenburnie Rd., 634-4247; Gary's Nursery/ Gary Hollar Photography, 680 Crump Farm Rd., 637-6858, North Carolina Coastal Properties - Thomas Cleary, 134 Craven St., 229-7746; Publix Super Markets, Inc., 2004 South Glenburnie Rd., 704-424-5017; and University PC Care, Inc., 2117 S. Glenburnie Rd. Suite 6, 558-1280.

Havelock Chamber of Commerce - New Members:

Biz Time TV, 296-1002; Sue Kinner - Individual, 447-1055; MD Signs and Designs, 108 Crocker Rd., 259-4515; and Nutrimax Performance Nutrition, 288 Hwy 70 W. Suite 101, 652-7798.

Other New Businesses:

Mama Callie's Louisiana Seafood, 701 Hwy 70 E., 631-5173 and Peacock's Plume moved to 248 Craven St., 633-1043;

If you know of a new local business or non-profit, please let us know and we'll add them to our free listing on NewBernNow.com. The same goes for any that go out of business to help us maintain accurate listings. Thank you!

Local Businesses

Animal Care Services

Animal Care Center, 4385 Hwy 17 S., 636-5040
Animal Hospital of New Bern, 729 Professional Dr., 649-1520
Bullock Small Animal Clinic, 2603 Trent Rd., 637-6161
🌿 [Craven Animal Hospital](#), 1003 Hwy 70 E., 637-4541
🌿 [Crockett's Critters Care](#), 635-2655
Emergency Vet Center Craven/Carteret, 1301 E. Main St.,
Havelock, 444-1399
Equine Express Vet Service, 3405 Trent Rd., 637-1838
🌿 [Masterful Dog Training](#), 672-5933
Neuse Veterinary Clinic, 2819 Neuse Blvd., 637-7128
Ridgeway Animal Clinic, 1804 S. Glenburnie Rd., 633-1204

Antique Stores/Flea Markets

Andrea's Attic Antiques, 2104 Trent Rd., 633-5656
Black Swan Flea Market, 1310 Broad St., 633-2600
Franklin's Antique Mall, 215 East Front S., 631-5210
JL Kirkman's Antique Mall, 1198 Hwy 17 N., 634-2745
Middle St Antiques/Flea Market, 221 Middle St., 633-4876
New Berne Antiques and Collectibles Mall, 1000 Greenleaf
Cemetery Rd., 637-0206
Peddler's Depot, 2302 Trent Rd., 637-7001
🌿 [Poor Charlie's Flea Market & Antiques](#), 208 Hancock St.,
638-2798
Tom's Coins and Antiques, 224 Middle St., 633-0615

Boutiques and Gift Shops

Bear Essentials, 309 Middle St., 637-6663
Bern Bear Gifts Inc, 301 Pollock St., 637-2300
The Black Cat Shoppe, 246 Middle St., 635-1410
The Boathouse, 220 Middle St., 633-5501
🌿 [Carolina Creations](#), 317 Pollock St., 633-4369
The Holiday House, 223 Middle St., 229-9102
Jan's Hallmark, New Bern Mall, 638-1585
Juliette's Boutique, 236 Middle St., 514-9800
🌿 [Mitchell Hardware](#), 215 Craven St., 638-4261
Nauti Paws Pet Boutique, 208 Middle St., 637-0247
Nautical Wheelers, 202A Craven St, 514-2553
🌿 [The Pepsi Store](#), 256 Middle St., 636-5898
Thornbury Brides, 233 Middle St., 631-5140

Clothing

🌿 [A. Jena's Upscale Crochet](#), 571-3567
Ann Lynn's, 4146 Hwy 17 S, 638-3897
Belk Dept. Store, New Bern Mall, 633-1136
City Trends, 1707 Red Robin Ln., 633-3756
🌿 [Four C's](#), 252 Middle St., 636-3285
JC Penney's, New Bern Mall, 633-3925
JoS. A. Bank, 2067 S. Glenburnie Rd., 635-1014
One World Shoppe, 236 Middle St., 633-3929
Peacock's Plume, 248 Craven St., 633-1043
South Front, 225 S. Front St., 633-0244
Surf, Wind, and Fire, 230 Middle St., 288-5823
Taylor'd To You Boutique, 206 Craven St., 633-7883
Twice as Nice Consignment and Upscale Boutique,
224 Craven St., 633-4432
Uniforms PRN, 2877 Trent Rd., 635-9975
VashTi Fine Apparel, 218 Middle St., 514-6720

Florists

Greenleaf Park Florist, 4110 Hwy 17 S., 638-5156
Michael's of New Bern, 1017 N. Craven St., 633-4770
Occasions to Celebrate, 3910 Dr MLK Jr Blvd., 637-9100
Odham's Flower Shop, 1207 Simmons St., 638-1374
Unique's Florist & Gift Shop, 2907C Trent Rd., 636-5161

Other Selected Businesses

21st Century Computers, 633-5825
A-1 Fire & Safety Company, 1915 S. Glenburnie Rd., 635-6768
ABC Store 1, 318 S. Front St., 637-3623
ABC Store 5, 2003 S. Glenburnie Rd., 638-4847
ABC Store 6, 985 Hwy 70E, 633-2246
A Family Matters Cleaning Service, 259-7827
Anya's Alterations LLC, 1706 B Hwy 70 E, 514-0783
Askew's Ace Hardware, 3938 US Hwy 70E, 638-2231
B & J Seafood, 1101 Hwy 70 E., 637-0483
Bill's Pet Shop, 2636 Dr. MLK Jr. Blvd., 637-3997
Blue Magnolia, 210 Middle St., 636-2583
Branch's Furniture, 309 Pollock St., 638-5171
Bynum's Drug Store, 240 Middle St., 637-3123
🌿 [Claudia B. Houston](#), Creative Memories Advisor, 571-1212
CleanGreen Laundry, 3625 Dr MLK Jr. Blvd., 633-5055
Cravin' Wine, 1706-A Hwy 70E, 514-2675
E & J Automotive (Towing), 103 Wanda Ave., 638-8226
Edible Arrangements, 3313 Dr MLK Jr. Blvd., 638-5009
Fuller's Music Store, 2210 Trent Rd., 638-2811
Galley Stores and Marina, 300 E Front St., 633-4648
Garris Evans Lumber, 425 Garner Rd., 672-8760
Gary's Nursery, 680 Crump Farm Rd., 637-6858
Grills and Fireplaces, 1240 Hwy 70E, 637-3610
Goodwill Donation Center/Store, 560 McCarthy Blvd., 635-4846
Habitat for Humanity ReStore, 930 Pollock St., 633-5512
🌿 [The Hair Depot](#), 2609 Trent Rd., 514-2345
Helping Hands Boutique, 2715 Hwy 70E, 633-6305
LCA Productions & Advertising, 1916 S. Glenburnie Rd., 636-5860
LegalShield Independent Assoc., Karen Monroe, 757-343-4312
Lucky Street Tattoo, 1201 Hwy 70E, 636-0333
🌿 [Mary Ann LeRay](#), Mary Kay Representative, 671-7815
🌿 [New Bern Web Design](#), 349-0270
New Bern Mall, 3132 Dr MLK Jr. Blvd., 633-2800
New Bern Sporting Goods, 3721 Trent Rd., 638-1136
🌿 [Omar Sail Makers](#), 1019 Queen St., 728-5598
The Reactive Voice, 649-1697
Realo Drug and Home Supplies, 1301 Commerce Dr., 636-1711
Salvation Army Family Store, 310 Queen St., 633-3921
Savi's Wine Shop, 713 Pollock St., 631-3329
Snap Dragon Way Cool Toys, 214 Middle St., 514-6770
Southern Boundaries Land Surveying, 408 Guion Street, 633-2771
TLC Pet Sitting Services, New Bern, 259-7827
Tryon Palace Seafood, 520 S. Front St., 638-2280
🌿 [UPS Store of New Bern](#), 1822 S. Glenburnie Rd., 637-7500
Village Butcher Market, 3515 Trent Rd., 637-6695
White's Opticians, 3515 Trent Rd., 638-2510
Wild Birds Unlimited, 2029 S. Glenburnie Rd., 637-6604
Williams Farm and Garden Center, 1309 Old Cherry Point Rd.,
638-1983
X-Team Termite and Pest Control, 2607 Old Cherry Point Rd.,
634-1779

Calendar of Events: January

3rd: Behind the Scenes: Costume Shop, 2:00pm at the Tryon Palace Waystation. Call 252-639-3500.

3rd: Coastal Women's Forum Dinner with Guest Speaker Michelle Benko, 5:30pm at the Chelsea Restaurant. Call 252-636-3777.

6th: Explorations: The International Film Series "Into the White", 2:30pm and 7:30pm in the Orringer Auditorium at Craven Community College. Call 252-633-2618.

7th: "Fiber Arts Day", 8:00am – 2:00pm at the New Bern Farmers Market. Call 252-633-0043.

7th: Casablanca Jazz and World Music Trio in Concert, 8:00pm at The Brown

8th: Rock'IN 2017 Zumba® Master Class with Yutty Navarro & Sara Blohm, 1:00pm – 3:00pm at the Havelock Recreation Center.

8th: 10th Annual Ed Bearss Lecture, A Historian Reflects on the Civil War, 2:00 pm at Cullman Performance Hall, NC History Center at Tryon Palace. Presented by the New Bern Historical Society. Call 252-638-8558.

10th: River Bend Community Organic Garden January Workshop, 6:30pm at the River Bend Town Hall. Call 252-634-3192.

10th: "Echos in The Park" rehearsals presented by Craven Community Chorus, 6:30pm – 8:45pm in the Orringer Auditorium at Craven Community College. Call 252-670-0230.

13th: ArtWalk throughout Downtown New Bern, 5:00pm – 8:00pm, presented by the Craven Arts Council at the Bank of the Arts. 252-638-2577.

13th: ARTcrawl presented Community Artist Will (CAW), 5:00pm – 8:00pm at CAW, Isaac Taylor House and Gardens, and numerous locations in Downtown New Bern.

13th: BBQ and Blue Jeans benefiting the New Bern Firemen's Museum at the New Bern Riverfront Convention Center. Call 252-638-5994.

13th: Down East Folk Arts Society presents Moors & McCumber, 7:30pm at the Trent River Coffee Company. Call 252-633-6444.

13th – 15th: "Next to Normal", Fri – Sat: 7:30pm; Sun: 2:00pm, presented by the New Bern Civic Theatre. Call 252-633-0567.

14th: Vessels with Lids on The Wheel with Leon Nichols, 9:30am – 5:00pm at the New Bern Arts and Wellness Center. Call 252-497-8928.

14th: Tryon Palace Gardens Lecture Series, 10:00am at the North Carolina History Center. Call 252-639-3500.

14th: Pet Emergency Education Class, 1:00pm – 4:00pm at the DoubleTree by Hilton New Bern. Presented by 3K9 Working Dogs.

14th – 16th: Rev. Dr. Martin Luther King, Jr. Weekend with Family Community Fun Day, Memorial Service, and Gospel Concert. Call 252-638-1518.

19th: How to Start a Business, 6:00pm – 9:00pm presented by Craven Community College's Small Business Center at the New Bern Campus. Call 252-638-1166.

20th – 22nd: "Next to Normal", Fri – Sat: 7:30pm; Sun: 2:00pm at the New Bern Civic Theatre. Call 252-633-0567.

21st: USCG Auxiliary Boating Class, 8:30am – 4:30pm at The University of Mount Olive, New Bern Campus. Call 252-638-5588.

January 2017						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	26	28
29	30	31				

Calendar of Events: January - February

21st: Polar Plunge presented by Craven County Special Olympics, 9:00am at Courts Plus Outdoor Pool, 2911 Brunswick Ave. Call 252-636-6606.

21st: 10th Annual Local Authors Luncheon, 11:30am at The Chelsea Restaurant. Presented by the Twin Rivers Branch of the American Association of University Women. Call 252-637-9499.

21st: Casablanca Jazz and World Music Trio in Concert at The Taberna Country Club. Call 252-634-1600 ext 2.

22nd: Bridal and Special Event Expo presented by ENC Shows, 1:00pm – 5:00pm at the New Bern Riverfront Convention Center. Call 252-635-5638.

23rd: Shopping Trip to Crabtree Valley Mall presented by New Bern Parks and Recreation. Call 252-639-2912.

24th: Behind the Scenes: Costume Shop, 2:00pm at the Tryon Palace Waystation. Call 252-639-3500.

24th: The Best Small Business to Start Right Now, 6:00pm – 9:00pm presented by Craven Community College's Small Business Center at the New Bern Campus. Call 252-638-1166.

25th: Small Business Roundtable: Copyright and your Small Business, with Bob Mackowski, 7:30am – 9:00am presented by Craven Community College's Small Business Center at the New Bern Campus. Call 252-638-1166.

26th: How to Write a Business Plan, 6:00pm – 9:00pm presented by Craven Community College's Small Business Center at the New Bern Campus. Call 252-638-1166.

27th: WinterFeast: Oysters, Brews, and Comfort Foods, 5:30pm – 8:30pm at the North Carolina History Center. Call 252-639-3525.

27th: "Around the World in 80 Tunes" presented by Simon Spalding, 6:00pm at the Trent River Coffee Company. Call 252-514-2030.

27th – 28th: "Next to Normal", 7:30pmat the New Bern Civic Theatre. Call 252-633-0567.

28th: Sudan Shriners Winter Ceremonial Parade, starts at 12:00pm; Route: George St. – Broad St. – Middle St. – ends on S. Front St. Call 252-637-5197.

28th: At the Gallery: Fats Waller by Willie E. and Jacqueline Atkinson with Dr. Stephen Anderson, 7:00pm presented by the Craven Arts Council and Gallery at the Bank of the Arts. Call 252-638-2577.

February

1st – 28th: Seventh Annual Food Drive to benefit the Salvation Army presented by the Tryon Civitan Club in conjunction with the UPS Store. Call 252-637-7500.

2nd: Financing Your Small Business, 6:00pm – 9:00pm presented by Craven Community College's Small Business Center at the New Bern Campus. Call 252-638-1166.

3rd: Explorations: The International Film Series "Testament of Youth", 2:30pm and 7:30pm in the Orringer Auditorium at Craven Community College. Call 252-633-2618.

3rd: Daddy Daughter Sweetheart Ball, 6:00pm at Christ Church Harrison Center. Call 252-637-8079.

4th: Sixth Annual Elks Ribs Sale, 8:00am – 12:00pm at Piggly Wiggly, 1208 Simmons St. Benefiting Veterans and Wounded Warriors. Call 252-638-8116.

4th: Tryon Palace Free Day, 9:00am – 5:00pm at Tryon Palace. Call 252-639-3500.

7th: Behind the Scenes: Costume Shop, 2:00pm at the Tryon Palace Waystation. Call 252-639-3500.

7th: Tax tips for your Small Business, 6:00pm – 9:00pm presented by Craven Community College's Small Business Center at the New Bern Campus. Call 252-638-1166.

January 2017						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Calendar of Events: February (Continued)

8th: Lunch and Learn presented by the New Bern Historical Society, 11:30am at The Chelsea Restaurant. Call 252-638-8558.

9th: Bookkeeping for Small Businesses, 6:00pm – 9:00pm presented by Craven Community College's Small Business Center at the New Bern Campus. Call 252-638-1166.

10th: Down East Folk Arts Society presents Little Windows "Pretty Saro", 7:30pm at the Trent River Coffee Company. Call 252-633-6444.

10th: ArtWalk throughout Downtown New Bern, 5:00pm – 8:00pm, presented by the Craven Arts Council at the Bank of the Arts. 252-638-2577.

10th: ARTcrawl presented Community Artist Will (CAW), 5:00pm – 8:00pm at CAW, Isaac Taylor House and Gardens, and numerous locations in Downtown New Bern.

10th – 12th: New Bern Antique Show and Sale, Fri – Sat: 10:00am – 5:00pm; Sun: 11:00am – 4:00pm, presented by the New Bern Preservation Foundation. Call 252-633-6448.

12th: 2017 Jazz Showcase, 1:30pm and 7:30pm at the DoubleTree by Hilton New Bern. Presented by the Craven Arts Council and Gallery. Call 252-638-2577.

14th: Singing Valentines delivered by The Southern Gentlemen Barbershop Chorus, 8:00am – 6:00pm. Call 252-288-9132.

16th: So You Think You Want to Start A Small Business? 6:00pm – 9:00pm presented by Craven Community College's Small Business Center at the New Bern Campus. Call 252-638-1166.

17th – 19th: Gem of the Ocean, Fri – Sat: 7:30pm; Sun: 2:00pm at the New Bern Civic Theatre. Call 252-633-0567.

18th: 5th Annual Flapjack Fundraiser Breakfast, 7:30am – 10:00am at the River Bend Golf & Country Club. Presented by the Tryon Civitan Club. Call 252-637-7500.

18th: New Bern Heart Ball – A Celebration With True Heart, 6:00pm at the New Bern Riverfront Convention Center. Call 252-559-0026.

18th: At the Gallery: Marilyn and Alan Bergman performed by Andrea Owens, Judy Harrison, and Phil Owens, 7:00pm presented by the Craven Arts Council and Gallery at the Bank of the Arts. Call 252-638-2577.

19th: Lunch and Learn: Asa Spelman, 12:00pm at the North Carolina History Center. Call 252-639-3500.

19th: Festive Family Concert, 3:00pm, presented by the Carolina Chamber Music Festival at First Presbyterian Church. Call 252-626-5419.

21st: Classical Lunch, 12:00pm, presented by the Carolina Chamber Music Festival at the Bank of the Arts. Call 252-626-5419.

22nd: Small Business Roundtable: What Health Care Reform Means to your Small Business, with Michael Gomes, 7:30am – 9:00am presented by Craven Community College's Small Business Center at the New Bern Campus. Call 252-638-1166.

February 2017						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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26	27	28				



Calendar of Events: February - March

22nd: Musical Diversity: China in America, 6:00pm, presented by the Carolina Chamber Music Festival at the New Bern-Craven County Public Library. Call 252-626-5419.

22nd: Marketing Your Small Business: Finding Your Customers, 6:00pm – 9:00pm presented by Craven Community College's Small Business Center at the New Bern Campus. Call 252-638-1166.

23rd: Empty Bowls 2017, 11:00am at the Temple Baptist Church. Call 252-638-2577.

23rd: After Work: East Meets West, 12:00pm, presented by the Carolina Chamber Music Festival at the Bank of the Arts. Call 252-626-5419.

24th – 26th: Gem of the Ocean, Fri – Sat: 7:30pm; Sun: 2:00pm at the New Bern Civic Theatre. Call 252-633-0567.

25th: End Polio Now Concert, 6:00pm at the New Bern Riverfront Convention Center. Presented by the New Bern Breakfast Rotary Club. Call 252-229-2858.

25th: Festival Finale, 7:00pm, presented by the Carolina Chamber Music Festival at the Bank of the Arts. Call 252-626-5419.

28th: Behind the Scenes: Costume Shop, 2:00pm at the Tryon Palace Waystation. Call 252-639-3500.

March

2nd: I Love That Lady Dinner, Auction, and Recognition of 2017 Recipients, 6:00pm at the New Bern Riverfront Convention Center.

2nd: Marketing Your Small Business: Keeping Your Customers, 6:00pm – 9:00pm presented by Craven Community College's Small Business Center at the New Bern Campus. Call 252-638-1166.

3rd: Explorations: The International Film Series "Le Chef", 2:30pm and 7:30pm in the Orringer Auditorium at Craven Community College. Call 252-633-2618.

4th: Attic – Basement – Closet Indoor Yard Sale, 7:30am – 12:30pm at The Knights of Columbus Building, 1125 Pine Tree Dr. Call 252-638-8558.

4th – 5th: 22nd Annual Train Show presented by the Carolina Coastal Railroaders at The New Bern Riverfront Convention Center. Call 252-946-4077.

7th: Behind the Scenes: Costume Shop, 2:00pm at the Tryon Palace Waystation. Call 252-639-3500.

8th: Lunch and Learn presented by the New Bern Historical Society, 11:30am at The Chelsea Restaurant. Call 252-638-8558.

8th: Tchaikovsky's Symphony No. 4 presented by the North Carolina Symphony, 7:30pm at the New Bern Riverfront Convention Center. For details call 877-627-6724.

9th: Legal Considerations for your Small Business, 6:00pm – 9:00pm presented by Craven Community College's Small Business Center at the New Bern Campus. Call 252-638-1166.

10th: ArtWalk throughout Downtown New Bern, 5:00pm – 8:00pm, presented by the Craven Arts Council at the Bank of the Arts. 252-638-2577.

10th: ARTcrawl presented Community Artist Will (CAW), 5:00pm – 8:00pm at CAW, Isaac Taylor House and Gardens, and numerous locations in Downtown New Bern.

10th – 11th: Neuse River Bridge Run (rescheduled from 2016) at the New Bern Riverfront Convention Center.

10th – 13th: Battle For New Berne, 11:00am at 7860 Hwy 55 W. in Dover. Hosted by Rains Brothers Camp 1370.

11th: Tryon Palace Gardens Lecture Series, 10:00am at the North Carolina History Center. Call 252-639-3500.

February 2017						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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Calendar of Events: March (Continued)

14th: Annual Taste of Coastal Carolina, 5:30pm at the New Bern Riverfront Convention Center. Presented by Sound Rivers. Call 252-637-7972.

15th: Behind the Scenes: Gardens, 2:00pm at the Tryon Palace Waystation. Call 252-639-3500.

16th: The Reality of Owning a Small Business, 6:00pm – 9:00pm presented by Craven Community College's Small Business Center at the New Bern Campus. Call 252-638-1166.

17th: Lunch and Learn: Women at the Ballot Box, 12:00pm, North Carolina History Center. Call 252-639-3500.

17th – 19th: Once on this Island, Jr., Fri – Sat: 7:30pm; Sun: 2:00pm at the New Bern Civic Theatre. Call 252-633-0567.

18th: At the Gallery: Carole King performed by Heather Pierson, Sean Madeau, and Davy Sturtevant, 7:00pm presented by the Craven Arts Council and Gallery at the Bank of the Arts. Call 252-638-2577.

21st: Behind the Scenes: Gardens, 2:00pm at the Tryon Palace Waystation. Call 252-639-3500.

23rd: Hiring the Right Employees the Right Way, 6:00pm – 9:00pm presented by Craven Community College's Small Business Center at the New Bern Campus. Call 252-638-1166.

24th – 26th: Down East Folk Arts Festival in Downtown New Bern. Call 252-633-6444.

24th – 26th: Once on this Island, Jr., Fri – Sat: 7:30pm; Sun: 2:00pm at the New Bern Civic Theatre. Call 252-633-0567.

25th: The Great Glow Run to benefit Easter Seals UCP, 6:30pm at Union Point Park. Call 252-636-6007.

28th: Behind the Scenes: Costume Shop, 2:00pm at the Tryon Palace Waystation. Call 252-639-3500.

30th: Master Quickbooks for Small Businesses, 6:00pm – 9:00pm presented by Craven Community College's Small Business Center at the New Bern Campus. Call 252-638-1166.

March 2017						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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Community Podcast and Radio Segments



(The Podsquad: Lisa Bisbee-Lentz, Susan Moffat-Thomas, Rich Sheridan and Wendy Card - Not pictured: Laura Johnson)

We've incorporated "community segments" that have aired on New Bern's News Talk Station WNOS 107.5FM and 1450AM into New Bern Now and Beyond's bi-weekly Podcast.

In June 2014, we expanded our reach with [Living in New Bern Now and Beyond's Podcast Station](#)! During these episodes, we will be sharing the latest information about our cozy and happening town of New Bern and Beyond.

The 30-45 minute shows are published every other Monday and we will air on WNOS. We talk about local happenings, entertainment, arts, history, outdoor life, healthy living, beauty, social media, non-profits, businesses and much more!

We had a great time with this past quarter's special guests: Susan Braaten, Angelina Doyle, Colleen Roberts, and Penny Zibula and the list continues to grow! Listen to the past segments here:

[Discover New Bern and Beyond – December 19, December 5 Episode, November 21 Show, November 7 Podcast, and October 24 Episode](#). We also did a special podcast about [Craven Community College's Adult Enrichment Program](#).

You can also listen to our interviews and podcasts on [iTunes](#)!

Please let us know if you have any comments, suggestions, or would like to set up an interview and spread the word about a special event or other interesting topic. Call us at 252-638-6858.

Realistic Resolutions



Doesn't a New Year feel like a breath of fresh air rushing in at midnight on December 31st?

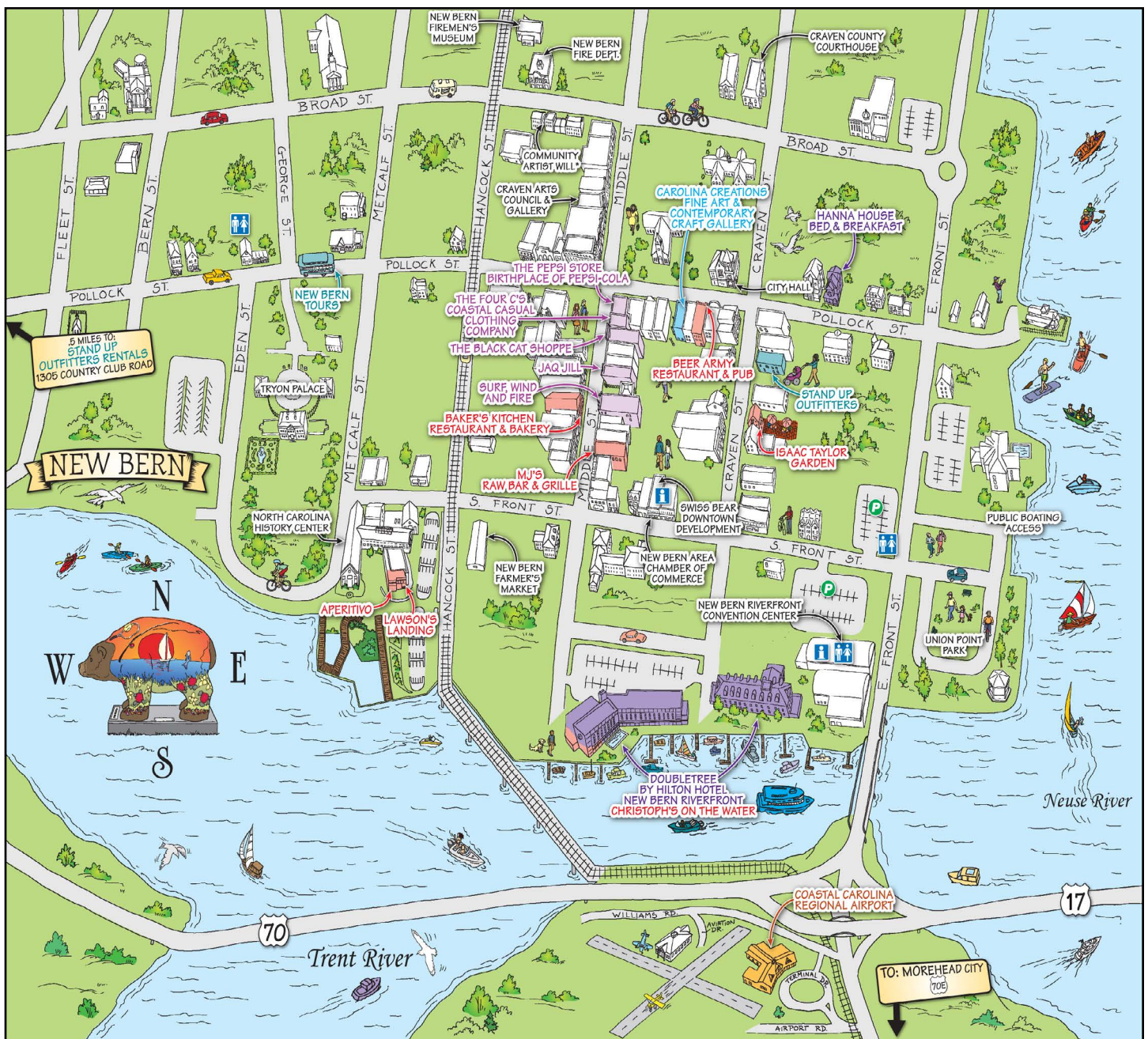
New Year's resolutions are made with unwavering determination and commitment and two weeks later we are already steeped in old habits.

So, how can we do what we say we want to do?

1. Write your goals as small action steps as opposed to big ominous goals. Resolution: lose 50 pounds. Instead your resolution could be: lose 5 pounds in 30 days. Resolution: get organized. Instead your resolution could be: clean out downstairs closet by end of January. Once those goals are reached, create your next short term goals.
2. Know your "why". If your "why" is big enough, you will stick to it, if you focus on it. My "why" for exercising (even though I really loathe it) is to stay healthy. When I wake up, it's cold outside and I don't want to walk, I visualize an unhealthy future and it gets me moving.
3. Include an accountability partner. Is there someone you can keep informed about your progress? It helps so much to have someone cheering you on or nudging you.
4. Schedule time. Keep appointments with yourself. What gets scheduled gets done.

Take small steps and 2017 can be your year of success.

By Contributing Author, [Peggy W Barnes](#), Strategically Simplifying Lives - Life Coach and Professional Organizer, 252-670-2951



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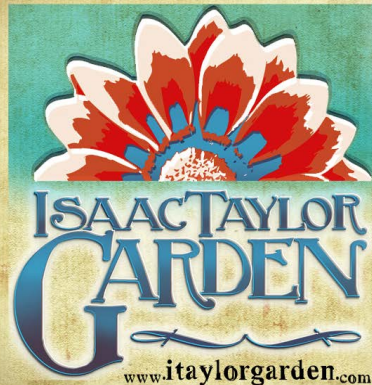
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