

October - December 2019



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# contents



**Howard Matthews "New Bern's Music Man"**

**PG 9**

## FEATURES

- 4 OUR TOWN
- 5 EDUCATION
- 6 HEALTHCARE
- 7 THINGS TO DO
- 8 DINING
- 12 BUSINESS AND NON-PROFITS
- 13 STAYING IN NEW BERN
- 14 EXPLORE THE ARTS
- 15 STEP BACK IN TIME
- 15 DISCOVER THE GREAT OUTDOORS
- 16 DAYTRIPPIN' AND WEEKEND GETAWAY
- 17 PHOTOS AROUND TOWN



## NEW

**10 - 11 WALL CALENDAR**

**19 DOWNTOWN NEW BERN  
MAP**

## COVER

**Thank you to everyone who  
participated in the Community  
Build of Kidsville 2.0**



**Michaelé Rose Watson:  
Rebirth of The Crystal Lady**

**PG 5**

October - December 2019

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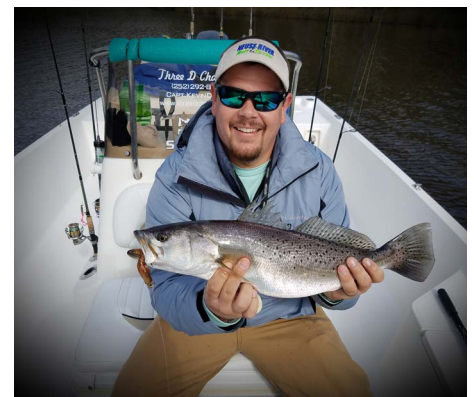
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**Award Winning Author  
Michelle Garren Flye**

**PG 13-14**



**Captain Kevin Dewar -  
Neuse River Fishing Report**

**PG 16**

# Small Town feel with Big Town happenings!



Mayor Outlaw, Theresa Lee holding  
Keely Brittain, Foster Hughes

People fall in love with New Bern's southern charm, small town feel, combined with the beautiful scenery, terrific weather, and an abundance of things to do.

**We have it all!**

New Bern is a city rich in the arts, history, and outdoor recreation. It is a safe, suburban community with a diverse population of residents from all walks of life. Residents range from New Bernians, transplants seeking a slower pace of life, and snowbirds escaping from the cold weather. Military members, their families, and retirees homestead in New Bern because of its close proximity to local military bases.

**There're all kinds of things to do for everyone!**



Amanda Bryce with Granddaughters

## Quality of Life

How does New Bern rank when it comes to quality of life? It's subjective based on your own personal experience when it relates to health, comfort, happiness, and safety.

According to our friends and the majority of people who we've asked over the years; they believe that the quality of life is great!

New Bern is a charming small city with a Regional Medical Center - Carolina East. We also have a variety of healthcare, dental, and alternative medicine resources along with a number of assisted living and skilled nursing facilities.

**[The Coastal Carolina Regional Airport \(Fly EWN\)](#)** services our region with Delta and American flights, general aviation terminal, Fed Ex, UPS services, conference room, wireless Internet, taxi/car rental services, Triple Play Oasis Restaurant and Sports Bar, a General Aviation Terminal, and Tradewind's Flight School. They also have an Art Sculpture Park! (638-8591)

There are several education and childcare opportunities for small children (both public and private), K-12, Community College to Adult Enrichment classes!

## Editor's Note



As the summer heat fades, we can't wait to open the windows and enjoy crisp air as we fall asleep to the sounds of crickets!

We're also looking forward to Autumn in New Bern. As our City plans for MUMFEST, Halloween, Thanksgiving, and the Christmas - Holiday Season!

We're excited to **showcase the people, places, and great happenings** in and around town!

Learn about our City's 309 years of history, outdoor life and indoor recreation. dinning; shopping, arts, and culture! We hope this will encourage you to support local businesses and non-profits who make up the diverse community fabric that **makes living in New Bern so special!**

As readers, you've helped us make significant changes and encouraged us for the past 10 years. We truly appreciate you taking the time to share your thoughts with us.

Wendy Card



## Education & Childcare



There's a variety of schools to choose from, here's a list of a few popular choices: Craven County Public School System; Private: Arrendell Parrot Academy, Kinston; Epiphany School; St Paul Catholic School; and Craven Early College. Craven Community College (CCC), NC Wesleyan College at CCC, and Mount Olive College at New Bern. Consider supporting [Craven County Partners In Education](#) that provides grants for educators and students (514-6321).

We also have some terrific childcare and learning resources: Community Coalition for Craven County Children, Craven Smart Start's Child Care Resource and Referral Program, Hope Family Resource Center, and Sylvan Learning of New Bern.

## Baseball at Kafer Park



Support the East Carolina Amateur Baseball League on Sunday's at Kafer Park!

According to their [website](#), "The goal established by the founding members was to provide a competitive, fun, adult baseball league that would include more than eight teams and enough players to divide the league into two age divisions"... "18-39 and a senior division of 40 and older."

## Michaelé Rose Watson: Return of The Crystal Lady



Michaelé Rose Watson is restoring our City's rich architectural design...one pane at a time!

I caught up with renowned artist, Michaelé and her husband, John. It was great seeing them in action! She was happy to show me the finished restoration of a transom made with luxfer beveled tiles.

I've only known Michaelé as a conceptual nature inspired Ceramist and I love her work, but her path is about to change! She's returning to her beginnings in glass work. At 22, she knew it would be her career and worked as an apprentice with Chalmers Stained Glass for three years, opened a studio, and became known as Crystal Lady Art Works in Jupiter, Florida. She worked with stained glass for 18 years.

Michaelé took a sabbatical and explored conceptual work based on nature and went back to school to get her degree at East Carolina University.

She's excited to return to doing both lead and copper foil methods. She said, "Architectural Restoration was what I was trained in, so restoring historical work is what I'm getting back to. Preserving history is very important. To be part of our history...because it's disappearing...it's American history."

She's teaching a stained glass workshop with the traditional copper foil method, like Tiffany style at Shop Class.

Historic glass work restoration is vital to our community filled with so many notable buildings that are part of our City's architectural character.

We're looking forward to the return of The Crystal Lady! Thank you, Michaelé for making a difference in preserving our City's rich history! Visit [MichealeRose.com](http://MichealeRose.com), 413-B Broad St., or call 626-0120.

Wendy Card

# Healthcare

**CarolinaEast Health System** encompasses the CarolinaEast Medical Center (350-Bed facility); CarolinaEast Surgery Center, CarolinaEast Diagnostic Center, CarolinaEast Emergency Care, CarolinaEast Home Care, CarolinaEast Rehabilitation Hospital, CarolinaEast Physicians and numerous ancillary services.

The CarolinaEast Foundation is a 501 (c) 3 non-profit that offers a host of much needed services in New Bern and throughout Eastern North Carolina. One of which is working side by side with other non-profits to provide financial assistance to help people who cannot afford the costs of their healthcare needs.

CarolinaEast Medical Center is located at 2000 Neuse Blvd. (633-8111) and the CarolinaEast Foundation is located at 2007B Neuse Blvd. (633-8247)

**Coastal Carolina Health Care (CCHC)** is a healthcare group practice with a network of physicians with a strong base of primary care providers in New Bern, NC.

CCHC's physicians, nurse practitioners, and physician assistants specialize in Family Medicine, Internal Medicine, Cardiology, Neurology, Sleep Medicine, Urgent Care, Oncology, Hematology, Gastroenterology, Pulmonology, and Critical Care. The Imaging Center is equipped with MRI, CT, Ultrasound, Mammography, Bone Density and X-Ray. CCHC also has an Urgent Care, Endoscopy Center, and Sleep Lab. CCHC provides services at CarolinaEast Medical Center, the MERCI Clinic, and local nursing homes. The CCHC Foundation, a 501 (c) 3 non-profit is very active in our community through educational outreach and fundraising activities. The Foundation provides support and resources to patients effected by cancer and/or chronic illness and offers financial counseling and support, transportation assistance, education and other programs. The Foundation also supports The Journey of Hope Cancer Support Center that provides comprehensive care and resources in New Bern and Eastern NC. They take a whole person approach including mind, body, and spirit. The Center offers numerous programs such as support groups, survivorship programs, massage and art therapy, exercise, and other programs.

CCHC is located at 1020 Medical Park Ave. (633-4111) and The CCHC Foundation and The Journey of Hope Cancer Support Center are located at 1010 Medical Park Ave. (633-4673).

**MERCI Clinic** is a free healthcare clinic offering primary care, specialty healthcare, dental services, pharmaceutical services, diabetes screening and screening to residents of Craven, Jones, and Pamlico County who don't have health insurance.

There are eligibility requirements (i.e. based on income level and you're not eligible if you have Medicaid, Medicare, Veterans benefits, etc.).

MERCI Clinic is a volunteer network of Physicians, Dentists, Nurses, Technicians, and other key personnel.

The MERCI Clinic is located at 1315 Tatum Dr. in New Bern or call 633-1599.

There's also a number of urgent care and specialty healthcare services available in New Bern.

**ParkerLane Integrative Health**. ParkerLane practitioners combine conventional medicine with alternative therapies to address your unique healthcare need and goals. They partner with you to identify the root-cause of your health concerns using a holistic mind-body approach, specializing in nutrition, lifestyle, and stress management. Visit them at 1440 McCarthy Blvd. (631-5815).



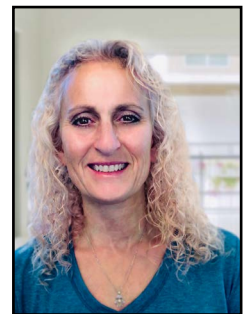
Charlotte Lane,  
Family Nurse Practitioner



Holly Parker,  
Registered Nurse



Dr. Christina Belcher,  
Naturopathic Doctor



Molly Perry,  
Certified Health Coach

Visit **Acupuncture Works** located at 1425 S. Glenburnie Rd. (670-1063).

There's also a lot of Dental practices to choose from!

For other resources, contact Craven County Department of Health and Human Services (636-4920).



# Things to do!



Lisa Bisbee-Lentz, Kaitya, and Blake

Enjoy a wide variety of activities for individuals and families, from attending special events, participating in the arts, learning about our rich history, to staying active indoors and outdoors...there's so many fun and interesting things to do for all ages!

Check out Jungle Jump of New Bern - it's an indoor bounce arena with an obstacle course and arcade games; watch a movie at the Bruin Theatre or Bear Town Cinema; go skating at Rollerland; or solve a mystery at the Bear Towne Escape Room.

Test your axe throwing skills at Beary The Hatchet!

Prefer ballroom dancing? Visit the Rivertowne Ballroom.

Take advantage of over 20 parks and recreation facilities maintained by New Bern Parks & Recreation (639-2901) and Craven County Recreation & Parks (636-6606). Introduce your dog(s) to new friends or just let them run around at the Down East Dog Park at Glenburnie Park, please know that you need to register first and receive the gate code before you can enter.

Do you like working on DIY projects? Become a member of Shop Class, "Community Workshop! Work on your own by using their state of the art equipment. Or sign up for workshops and learn how to do all sorts of interesting things!

Visit the New Bern-Craven County Library as they have a lot fun programs, events, and resources! They offer childrens programs, computer usage and technology workshops, book clubs, writer's workshops, open mic night, live music, childrens theatre, movie screenings and rentals, meeting rooms, historical and genealogy research, and much more!

Learn more about our town by taking a self-guided walking tour or have locals take you on a tour: African American Heritage Tour, Architectural Walking Tour, and Churchs & Cemeteries Tour, Historic Homes Tour, Revolutionary War Heritage Tour, Bear Town Bears self guided tour; [Cruise the Neuse River Tours](#), (876-7232), [New Bern's Civil War Battlefield Park](#) (638-8558), Scenic Airplane Ride by Tradewind Aviation, and Trolley Tour.



Christ Church's Pumpkin Patch opened this past weekend, Mums are popping up around town, and kids are already planning their Halloween costumes!

Before we know it, Thanksgiving will be here and then... the streets will be decorated for the Holidays. The Beary Merry Christmas committee and volunteers are working on another season filled with unique activities for all ages.

The New Bern Historical Society is leading the charge with their Gingerbread House Display and Contest.

We encourage you to explore our great town, connect with new people, attend events, and support local businesses!

If you see us out an about, please say hello. We try to remember to take photos of people having a good time and post them on our Instagram account.

**We hope you love our town as much as we do!**

# Dining

## Asian

Bay Leaf Indian Restaurant, 309 Middle St.  
Canton Chinese, 4118 Dr MLK Jr Blvd.  
China Garden, 1216 S. Glenburnie Rd.  
China King, 133 Bridge Town Blvd.  
Chinese Express, 3105 Neuse Blvd.  
China Wok, 3321 Dr MLK Jr Blvd.  
Golden China, 953 Hwy 70 E.  
Peking Garden Express, 2007 S. Glenburnie Rd.  
Ginza Japan, 3025 Dr MLK Jr Blvd.  
Hibachi Super Buffet, 3342 Dr MLK Jr Blvd.  
Mon Asian Market/Restaurant, 2117 S. Glenburnie Rd.  
Musashi Japanese Steak & Seafood Restaurant, 2041 S. Glenburnie Rd.  
New Chinese Take Out, 1405 Tatum Dr.  
Osaka-SaiGon-Japanese-Vietnamese, 701 Hwy 70 E  
Queen Power Thai Restaurant, 2405 Neuse Blvd.  
Sake Sushi Grill, BBQ and Bar, 400 Hotel Dr.  
Sanuki Japanese Restaurant, 2311 Neuse Blvd.  
Sumo Bowl, 1905 S. Glenburnie Rd.  
Thai Angel, 247 Craven St.

## Breakfast, Coffee Shops, and Delis

### **Baker's Kitchen, 227 Middle St., 637-0304**

Bella's Cafe' and Catering, 323 Middle St.  
Carolina Bagel Co. & Deli, 3601 Trent Rd.  
Country Biscuit Restaurant, 809 Broad St.  
Crema Brew, 914 Broad St.  
Cow Cafe, 319 Middle St.  
Craven Coffee House, 1904 S. Glenburnie Rd.  
Ghent Sandwich Shop, 1308 Broad St.  
Kitchen on the Trent, 2500 Trent Rd.  
McAlisters Deli, 2002 S. Glenburnie Rd.  
River Brew Coffee House, 36 Shoreline Dr.  
Schlotzsky's Deli, 3335 Dr MLK Jr Blvd.  
Sea Glass Cafe, 1803 S. Glenburnie Rd.  
Sweet Pea's Cafe, 3515 Trent Rd.

## Italian

37th Street Pizzeria, 2402 Neuse Blvd.  
La Casetta Italian Cuisine, 2503 Neuse Blvd.  
LaRosa Restaurant, 1503 S. Glenburnie Rd.  
Mario's Pizza, 1822 S. Glenburnie Rd.  
Panichelli's Pizzeria, 40 Shoreline Dr., River Bend  
Paula's Pizza & Italian Restaurant, 3946 Dr MLK Jr. Blvd.  
Sara's Big Apple Pizzeria, 1150 Broad Creek Rd.  
Savage's Woodburning Pizzeria, 303 Metcalf St.

## Mexican/Southwest

Arturo's Mexican Restaurant, 1900 S. Glenburnie Rd.  
Chipotle Mexican Grill, 2999 Dr MLK Jr Blvd.  
El Cerro Grande, 2503 Dr MLK Jr Blvd.  
El Taco Loco, 2408 Dr MLK Jr Blvd.  
Moe's Southwest Grill, 2000 S. Glenburnie Rd.  
Taqueria San Luis, 1706 Hwy 70E

## Surf and Turf (Seafood & Steak)

Captain Ratty's Seafood & Steakhouse, 202 Middle St.  
Friday's 1890 Seafood, 2307 Neuse Blvd.  
MJ's Raw Bar and Grill, 216 Middle St.  
Sting Ray Cafe, 520 S. Front St  
Texas Steakhouse, 3231 Dr MLK Jr Blvd.  
Outback Steakhouse, 111 Howell Rd.



## Sweet Tastes

### **Soo's Chocolate and Bakery, 876-7667**

Bear City Fudge Company, 236 Middle St.  
Dairy Queen, 2401 Dr MLK Jr Blvd.  
Sugarplum Bakery, 1244 Hwy 70 E

## Upscale Dining

The Chelsea Restaurant, 335 Middle St.  
Cypress Hall Kitchen + Bar, 219 Middle St.  
Morgan's Tavern and Grill, 235 Craven St.  
Persimmons Restaurant, 100 Pollock St.

## Variety Dining

### **Beer Army Burger Company, 313 Pollock St., 288-5814**

Annabelle's Restaurant, Twin Rivers Mall  
Applebee's Restaurant, 3450 Dr MLK Blvd.  
Attitudes Pub & Grill, 32 Shoreline Dr.  
Bern Bar, 1904 S. Glenburnie Rd.  
Blackbeard's Restaurant & Pub, 415 S. Front St.  
Buffalo Wild Wings, 3102 Dr MLK Jr Blvd.  
Carolina Grill, 998 Hwy 70 E.  
Country Biscuit Restaurant, 809 Broad St.  
Famous Restaurant and Bakery, 2210 Neuse Blvd.  
The Flame Catering, 2303 Neuse Blvd.  
The Grill at Prohibition, 237 Craven St.  
Half Time Pub and Grill, 3325 Dr MLK Jr Blvd.  
Moore's Barbeque, 3621 Dr MLK Jr Blvd.  
Panera Bread, 2997 Dr MLK Jr Blvd.  
Pollock Street Pub - Weiner Haus, 208 Pollock St.  
Ruby Tuesday Restaurant, 1004 Hwy 70 E.  
Spunky McDoogie's, 1908 S. Glenburnie Rd.  
Triple Play Restaurant/Bar, 1706-E Hwy 70E  
Vine Cafe, 3329 Dr M L K Jr Blvd.



# Meet Howard Matthews “New Bern’s Music Man”



Howard Matthews's positivity and music contributes to what makes our town so special!

So many of us have heard Howard performing in the streets of Downtown New Bern, but do you know his story? He moves people through music and brings joy to so many of us. It's time to shine the spotlight on him!

Howard is a singer, songwriter, and guitarist. He's also a kind soul, teacher, and knows a lot about our town! He was born and raised in Riverdale (located about six miles from Downtown off Highway 70 E). Growing up in the late 1950's, it was a small community surrounded by the Croatan National Forest.

He worked at Jones and Potts Music Company where he taught guitar lessons from 1985 – 1997. You'll catch him playing next to Baker's Kitchen (previously Jones and Potts) and many other places Downtown...just listen for his music!

His friend, Michelle Kolbe, was proud to say, "Do you know what makes him so successful? Not only his music, but his rapport with people. He loves people. Nobody's a stranger and that's what makes him so great!"

His parents owned Precious Memories, an Antique Shop on Oaks Road. Howard reflected, "They were great with people" and he believes he's following in their footsteps by continuing conversations and spreading happiness through music.

I love watching others watch Howard. He awakens an emotional connection. He has met people from all over the world and he loves hearing their stories and sharing laughter...and sometimes tears. And people love Howard!

He said, "I was playing 'Sittin' on the Dock of the Bay' and a Marine came by and said, 'I was hurt in the service and I couldn't walk. I was in so much pain and that's the only song that helped me get through it. When you played that song it really lightened me up'".

Howard retired to take care of his Mom when she had cancer. He said, "One night, my Mom was singing 'Precious Lord' and I recorded her. When Mom passed, I got to the funeral and the lady was singing 'Precious Lord'. I had to get up and walk out." Now I play that song with her voice on it, I try to keep her with me all the time." He pulled a picture out of his pocket and showed me his beautiful Mom. It was a very special moment.

After his Mom passed in 2016, he stopped playing with bands and turned his sorrow into bringing joy to others through performing on the streets - his personal Stage. He also hopes other musicians will join him.

When I asked Howard where he had performed, he modestly said, "I played at Carnegie Hall with the Gospel Soul Singers in 1991". Wow...what an accomplishment!

From Carnegie Hall to the Streets of New Bern, Howard has come full circle and is loving it! He was so excited to share his story, saying "I love music, I love people, and I love seeing them smile. You got to enjoy what you're doing".

He said, "What hurts me is when a person asks me to play a certain song and I don't know it. I put it on my list, and I learn it and I play it. It makes them happy."

He reflected on his childhood by saying, "Just meeting people and laughing and joking is just like when we were coming up in the country, if you pass by someones house 100 times, 100 times they're gonna wave at you."

Although I can't carry a tune or play any instruments, I love music. Within two minutes, Howard taught me the basics of open and straight tuning guitar playing. If he can teach me, he can teach anyone.

Listen for Howard when you're Downtown! Give him a call if you want to learn how to play the guitar or play music with him at 252-876-1238.

Thank you, Howard, for sharing your story with us and for bringing joy into our lives! **Your positivity and music is infectious!**

Wendy Card



# Calendar of Events

## October

Sun	Mon	Tues	Wed	Thur	Fri	Sat
		1 Craven County Fair thru Oct 6 CWF Dinner	2 Exceptional Children's Day at the Fair	3 Parker Lane Grand Opening	4 ArtWalk NC Symphony	5 Indoor Garage Sale Clean Sweep
6 New Bern Drum Circle	7 Dura Yoga and SUP Adventure	8 Behind the Scenes: Conservation Lab Business Ownership	9 Crystal Coast Community Choir	10 Lunch & Learn: The Last POW with Steve Tyson Cupcake Wars	11 Mumfest Weekend Garden Lover's Weekend	12 Household Hazardous Waste Collection
13	14	15 "How My Hearing Loss Made Me a Superhero"	16	17	18 It's a Hocus Pocus Halloween Songs for a New World	19 Mali Vibes Havelock Chili Festival
20 North Carolina's Hurricane History	21	22 Behind the Scenes: Gardens	23	24 Ghostwalk thru Oct 26 The History of Downtown New Bern's Renaissance	25 Halloween Preschool Parade Masquerade Ball	26 Bernin' to The Beach All Hallow's Eve
27 Panthers Baseball	28	29 Behind the Scenes: Costume Shop	30 Professional Womens Conference Sherwoods Truck or Treat	31 Visit <a href="http://NewBernNow.com">NewBernNow.com</a> to stay up to date on the latest happenings as our Calendar is updated on a regular basis!		

Join us in New Bern as we...



The Alzheimer's Association is working to find a cure for this devastating disease by advancing public awareness, funding scientific breakthroughs and providing local support for those living with Alzheimer's and their caregivers.

**New Bern Walk to End Alzheimer's**  
**November 3 at 2 pm**  
**The Galley Stores & Marina**  
**Sign up at [act.alz.org/newbern](http://act.alz.org/newbern)**

After that, learn about our work and continue to support the cause at [alz.org/nc](http://alz.org/nc)



# November

# December

Sun	Mon	Tues	Wed	Thur	Fri	Sat
					1 First Friday: A Decor Sneak Peek	2 Colors 4 Cancer  New Bern Cars & Coffee
3 New Bern Walk to End Alzheimer's  MERCION Middle	4	5 Behind the Scenes: Costume Shop	6 Craven Concerts	7	8 Artwalk Bacon & Brew Festival	9 Garden Lecture Series
10 Veterans Day at Tryon Palace  Rockin' for Relief	11	12 Behind the Scenes: Museum Technology	13	14	15 Letters from Home Lewis n Clark Expedition	16 Discovering Tryon Palace: Outlander
17 Annual Lore Lecture	18	19 Wings over Bridgeton Ghent Community Yard Sale	20 Coastal Women's Forum Luncheon	21 African American Lecture Series	22	23 Gingerbread Contest & Display Holiday Gift Show & Expo
24	25	26 Behind the Scenes: Conservation Lab Trick or Treat in Downtown	27 Discovering Tryon Palace: Holiday Decor	28 YMCA Turkey Trot	29 Beary Merry Christmas Kickoff thru Dec	30

Sun	Mon	Tues	Wed	Thur	Fri	Sat
1	2	3 Behind the Scenes: Costume Shop	4 Discovering Tryon Palace: Holiday Decor	5 Miracle on 34th Street: The Musical (thru 8th) Appalachian Christmas	6 Chamber Music by Candlelight	7 Pancakes for PIE Christmas Parade & Flotilla
8 NC Symphony Bed & B Holiday Open House Appalachian Christmas	9	10 Behind the Scenes: Museum Technology	11 Lunch & Learn: The Great Fire of 1922 by Carol Becton	12 Miracle on 34th Street: The Musical (thru 15th)	13 Artwalk	14 The Holly & The Ivy Historic Homes Tour Wreaths Across America
15	16	17 Behind the Scenes: Conservation Lab	18 Discovering Tryon Palace: Home Decor	19	20	21 A Candlelight Celebration
22	23	24	25	26	27	28
29	30	31				

Visit [NewBernNow.com](http://NewBernNow.com) to *stay up to date* on the latest happenings as our Calendar is updated on a regular basis!



# Businesses and Non-profits

[Carolina Creations](#), 317 Pollock St., 633-4369  
[Four C's](#), 252 Middle St., 636-3285  
[Mitchell Hardware](#), 215 Craven St., 638-4261  
[The Pepsi Store](#), 256 Middle St. 636-5898  
[Poor Charlie's Flea Market & Antiques](#), 208 Hancock St., 638-2798  
[SnapDragon Way Cool Toys](#), 218 Middle St. 514-6770  
[Wit Clothier](#), 502 Pollock St., 631-5098 and [Jillybird Boutique](#), 675-3471

## Animal Care Services

[Bill's Pet Shop](#), 2666 Dr. MLK Jr. Bvd., 637-3997  
[Craven Animal Hospital](#), 1003 Hwy 70 E., 637-4541  
[A Dog's Dream, Boutique-Resort-Day Spa](#), 1819 Race Track Rd., 514-2502  
[Lynaire Kennels](#), 4634 Old Cherry Point Rd., 633-4333  
[Masterful Dog Training](#), 672-5933.  
Emergency Vet Center, 1301 E. Main St., Havelock, 444-1399



Dr. Bobbi Kotrba, DVM  
Dr. Stacey Manczka, DVM  
Dr. Mandy Walkenhorst, DVM  
Dr. Sean Greenlaw, DVM

*"We Treat Your Pets Like Part of Our Family"*

Mon - Fri: 7:30am - 5:30pm

Sat: 9:00am - 5:00pm

Sun: 10:00am - 3:00pm

4603 Old Cherry Point Rd., New Bern, NC

**252-637-4541**

**[CravenAnimalHospital.com](http://CravenAnimalHospital.com)**

## Nightlife and Pubs

[The Brown Pelican Pub](#), 411 Broad St., 631-5008

Attitudes Pub & Grill, 32 Shoreline Dr.  
Bear Town Market (BTM), S. Front St.  
Blackbeard's Restaurant & Pub, 415 S. Front St.  
The Brown Pelican Pub, 411 Broad St.  
Brewery 99, 417 F Broad St.  
The Bruin Craft Beer and Wine, 224 Middle St.  
Brütopia, 1201 Hwy 70E.  
The City Stage, 901 Pollock St.  
Half Time Pub & Grill, 3325 Dr MLK Jr Blvd.  
Mickey Milligan's, 3411 Trent Rd.  
Persimmons Restaurant, 100 Pollock St.  
Prohibition Drinks and Deserts, 237 Craven St.  
Triple Play Restaurant & Bar, 1706-E Hwy 70E  
The Garage Tap Room, Game/VR Room, 1209 Hwy 70 E

[Acupuncture Works](#), 1425 - Ste. 6, S. Glenburnie Rd., 670-1063

[Law Offices of Oliver & Cheek](#), 405 Broad St., 633-1930

[My Travel Agent, LLC - Anita English](#), 638-4134

[New Bern Web Design](#), 315 Metcalf St. 349-0270

[Pollock-Best Funerals and Cremations](#), 2015 Neuse Blvd., 637-5111

[Quay & Associates, P. A.](#), 412 Broad St., 635-1610

[Savi's Wine Shop](#), 713 Pollock St., 631-3329

[Salon #9](#), 1425 S. Glenburnie Rd., 692-0303

[Studio Verve](#), 2118 Trent Rd., 514-2655

[Small Batch Gallery + Goods](#) and [Trade Ideas, Inc.](#), 250-A Pollock St., 617-0211

[The Tyson Group, Realtors](#), 2301 Grace Ave, 675-9595

## Featured Non-profits

[Arts to End Genocide](#), 1620 Old Cherry Point Rd., 481-4772

[Community Artists Gallery & Studios](#), 309 Middle St., 633-3715

[Craven County Habitat for Humanity ReStore](#), 930 Pollock St., 633-5512

[New Bern Rotary Club](#), PO Box 818, New Bern, 28563, 671-2377

[Promise Place](#), 1401 Park Ave., 636-3381

[True Justice International](#), PO Box 14534, New Bern, 28562, 631-5111

[New Bern Chamber of Commerce](#), 316 S. Front St., 637-3111 - New Members:

[ParkerLane Integrative Health](#), 1440 McCarthy Blvd Suite A, 631-5815

The Accidental Artist, 219 A Craven St. 634-3411

Lisa Graber, Trent River Realty (TRR), 333 Middle St., 633-1442; Pam Michel, TRR River Bend, 48 Shoreline Dr., 672-8412; Linda Wahnsiedler, TRR, 670-2734

Aspen Dental, 2900 Dr. MLK Jr. Blvd., 288-3023

Sassy Fashions & Lots More, 2117 S. Glenburnie Rd., 229-0508

[Sylvan Learning of New Bern](#), 416 A Pollock St., 633-6380

River Brew CoffeeHouse, 36 Shoreline Dr., 672-0110

The Shoe Boutique/Uniforms PRN, 2877 Trent Rd., 635-9975

PPG Paints, 2404 Neuse Blvd., 637-5274

New Bern Karate & Fitness, 4110 Dr. MLK Jr. Blvd., 474-7217

Smile Labs of New Bern, 1315 S. Glenburnie Rd, Ste C-12, 614-565-3148

Complexions Facial Studio, 5431 Hwy 17 S., 571-4357

Wade Associates, LLC, 301 S. Front St Suite 3, 631-5269

Coastal Craftsmen, LLC, 2216 Trent Blvd., 672-9225

Gracelyn School (Classes in The Jarvis at 220, 757-371-6599

Craven-Pamlico ReEntry Council, 503 Guion St., 514-3189

Tru-Coast, Inc. General Contractors, 451 Olympia Rd., 637-6000

## Other New Businesses:

Above The Roots, 2063 S. Glenburnie Rd., 733-9148

Bear Tech Solutions, 233 Middle St., 649-2404

Smart Solutions of New Bern, 2601 Trent Rd., 631-5828



# Staying in New Bern



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### Bed and Breakfasts and Inns

**Hanna House Bed & Breakfast**, 218 Pollock St., 635-3209

The Aerie Bed and Breakfast, 512 Pollock St.

The Benjamin Ellis House, 215 Pollock St.

The Captain's Stay, 718 Pollock St.

The Jarvis 220, 220 Pollock St.

Meadows Inn, 212 Pollock St.

### Camping Cabins, RVs, and Tent Sites

**Turkey Quarter Campground and RV Park**, 163 Kirby Rd., Cove City, 342-5787 or 919-202-3419

Moonlight Lake RV and Cottages, 180 Moonlight Dr.  
New Bern KOA, 1565 B St., Bridgeton.

### Hotels and Motels

**The Ziegler Motel and Suites**, 1914 Trent Blvd., 638-6868

BridgePointe Hotel and Marina, 101 Howell Rd.

Candlewood Suites, 3465 Dr MLK Jr Blvd.

Comfort Suites of New Bern, 1006 Old Cherry Pt Rd.

Courtyard by Marriott, 218 E Front St.

Holiday Inn Express, 3455 3465 Dr MLK Jr Blvd.

Hampton Inn - New Bern, 200 Hotel Dr.

Springhill Suites - Marriott, 300 Hotel Dr.

### Vacation Rentals

Resort Management Group, 475 Broad Creek Rd.

Vacation Resorts International, 1141 Broad Creek Rd.

Valhalla Vacation Rentals

## Salon #9

1425 S. Glenburnie Rd.  
New Bern, NC 28562



**Kaityluvsshears@gmail.com**

**252-772-3663**

**@Kaedeejay**

## Meet Award Winning Author Michelle Garren Flye



Michelle Garren Flye is an Award-Winning author and truly gifted storyteller living among us!

Michelle's writing journey started after graduating as a Journalist from UNC Chapel Hill. She worked at two local newspapers and realized it wasn't for her. She went back to school and received a degree in Library Science. Then 9/11 happened and she decided it was time to stay at home with her children.

One chapter closed and another opened, as she set her sights on writing a book. She said, "I started out writing horror when my second son was a baby. It seemed like there was so much scary stuff in the world already. I started thinking, why put so much negative stuff out there. I thought, what's the most positive thing you can think of... and it's love.

Michelle's first novel, Secrets of The Lotus, was published by Kensington Publishing in 2010. "It was about as Harlequiny as my books get. It was so much fun to write. Then they published Winter Solstice. After that, Carina Press, published Where the Heart Lies."

After her third book, she started self-publishing and has produced 15 romance novels. She recommends, "Write what you want to write, not what the publishing industry wants you to write."

Michelle is also an accomplished Children's book author of the Jessica Series (the first book is Jessica Entirely by Shelley Gee). She credits her family for the inspiration, "My daughter has played a huge role in the Jessica Entirely books. It was kind of funny how they came about. My husband, my middle son, me and Jessica were out walking; she was on her scooter. She was ahead of us and I could see a car coming and I told her to get out of the road. She got partially out of the road and her father said, 'No get out of the road Jessica, entirely'. I thought, Jessica Entirely would be a great book and ended up writing it. Jessi decided that she would illustrate it for me. We based it around the Masonic Theatre. We had to include her experiences with the Rivertowne Players because she's been in so many plays; mainly the children's productions."

(Continued on page 14)



# Explore the Arts



Jonathan Burger

New Bern's Arts Scene has exploded! Discover unique jewelry, handmade crafts, sculptures, pottery, paintings, and the list goes on! From novices to Internationally renowned artists, New Bern continues to grow as a **"Destination for the Arts!"** attracting artists and admirers from across the country!

Take a trip downtown starting on Craven Street. Stop at the Accidental Artist, Ballantyne Framing and Art, [The Greater Good Gallery](#) (649-1712) and Red Shoe Studio Gallery.

Walk down Pollock Street to [Carolina Creations](#) (633-4369), and [Small Batch Gallery + Goods](#) (617-0211). Stop by the Craven Arts Council & Gallery at the Bank on Middle St.

Also Downtown, visit the [Community Artists Gallery & Studios](#) (633-3715), [Michaelé Rose Watson's Artist Studio](#) (626-0120), 323B Creative Studio (behind Bella's Cafe), Four Thirteen Broad, The Next Chapter Books and Art, and The Framing Fox Art Gallery.

The Craven Arts Council & Gallery presents Artwalk on October 4, November 8, and December 13 from 5 – 8 p.m. Artwalk has expanded from Downtown to "Around Town". Art galleries and restaurants stay open for extended hours!

Don't miss the art shops around the Greater New Bern area like The [Uptown Gallery](#), 1909-B S. Glenburnie Rd. (633-6465) and Pic Frame & Gallery.

Paint your own art at Wine and Design.

We have two Community Theatres in town and they're always looking for talented people! Join in the fun by becoming part of their efforts or take in a Show! For details contact the New Bern Civic Theatre or the RiverTowne Players.

## Michelle Garren Flye (Cont'd)

Crossing another literary bridge, she wrote a poem a day during National Poetry Month 2016. It takes a creative mind to pull it off! Now you can read her [Times and Ties Poetry Book](#). Her poetry caught my attention when I discovered her website, [MichelleGFlye.com](#). I couldn't stop reading it as it was so compelling! I hope that you enjoy Michelle Garren Flye's writing as much as I do! Learn more by visiting her websites!

Thank you, Michelle, for sharing your story with us!

Wendy Card



We're really happy for Michael Eury, Editor-in-Chief of **Back Issue** and **RetroFan**. He's the Winner of the 2019 **Will Eisner Award for Best Comics Related Periodical/Journalism**...what an honor!

He's also an accomplished author of a number of books!

Michael and his wife, Rose Rummel-Eury, are active in our community with the Hearing Loss Association of America – New Bern Chapter among other things.

Get your copy of [Back Issue Magazine](#) at [TwoMorrrows.com](#)!

The New Bern Arts and Wellness Center is an Art Gallery that offers all kinds of workshops from ceramics, Tai Chi, yoga, meditation, ukulele, jewelry design, weaving to programs for kids and more! They also have artist studios

The New Bern Farmers Market is also terrific venue for live music and events! They're open every Saturday and Tuesday. Browse thru products from over 75 vendors. It's a place where our community meets old friends, makes new ones, and supports local businesses!



# Step Back in Time

With 309 years of history, our city has undergone some profound and remarkable changes!

It all started in 1710 when Swiss Baron Christopher de Graffenried, Explorer John Lawson, and a group of Swiss and German settlers discovered the beautiful countryside that was named “New Bern” after the Baron’s home city of Bern, Switzerland.

North Carolina’s first permanent Colonial Capitol building was constructed in 1770 and later named Tryon Palace after Governor William Tryon. Tryon Palace became NC’s first state Capitol during the Revolutionary War in 1775. The Capital City was relocated to Raleigh in 1794. Tryon Palace burned in 1798. The landmark was rebuilt in 1950 from the original Palace plans.

Tryon Palace Historic Sites and Gardens draws in hundreds of thousands of visitors a year with their fun and informational events, re-enactments, lectures, and tours of this grand homestead along with interesting events at the North Carolina History Center!

The Civil War Battle of 1862 took place in New Bern as the Union Soldiers considered the city a valuable commodity as a seaport and railroad depot. Visit the Civil War Battlefield located at the entrance of Taberna Community off Highway 70 East.

New Bern Pharmacist Caleb Bradham created “Brad’s Drink” in 1898, which is now known as Pepsi-Cola. Visit the Pepsi Store on Middle and Pollock Streets (636-5898).

James Davis brought the first printing press to New Bern, making it the first in the state of NC to have one.

New Bern is also home to NC’s first public school - New Bern Academy, which is now a Museum at the corner of New & Hancock Streets (514- 4951).

In 1922 New Bern suffered a horrific fire that engulfed 40 City blocks - mostly the African American neighborhoods with thriving businesses. With resilience, residents re-built New Bern then and continue to rebuild this wonderful city today!

## Must Visit Sites include:

[Tryon Palace and the North Carolina History Center \(639-3500\)](#); [New Bern Historical Society - Attmore-Oliver House \(638-8558\)](#); Kellenburger Room, New Bern-Craven County Library, New Bern Fireman’s Museum, Crockett-Miller Slave Quarters Tours (638-8536) by the James City Historical Society, and The USMC Aviation Exhibit, Havelock.



## The Great Outdoors

New Bern is a retreat for outdoor enthusiasts and nature lovers as there are countless outdoor activities to enjoy! From biking, bird watching, boating, camping, fishing, golfing, hiking, hunting, paddling, running, to observing wildlife, and more...we have it all!

Nestled between the Neuse and Trent Rivers, New Bern is a haven for boaters, fishermen, and watersports fanatics! From large Marinas to off the path boat ramps, you’ll find them here!

Fishing is plentiful! Some of the water is brackish so you can catch both salt water and fresh water fish, but you may need both licenses, so check the fishing regulations.

**Go Scuba Diving with [Divin’ Dawgs](#), 801 Cardinal Dr., (638-3432)**

Prefer paddling? Contact Sound Rivers (637-7972) for paddle trail maps and details about boating and fishing on our rivers.

The Croatan National Forest is a “Nature Lover’s Paradise” and it’s in our backyard! Discover carnivorous plants like the Venus flytrap, pitcher plant, sundew, along with other exotic plants. The Croatan spans approximately 160,000 acres. It’s home to black bear, deer, wild turkey, quail, coyotes, bald eagles, beaver, bobcats, porcupine, alligator, and other wildlife species. Visit the Ranger’s Station on Hwy 70 E (638-5628).

Check out the Latham-Whitehurst Nature Park off Broad Creek Rd.

Hunter Safety Course Information: (919-707-0031) and Hunting/Fishing License Information (888-248-6834). Visit the NC Wildlife Commission’s website or NC Waterman website for fishing reports, water conditions and more!



# Fall - Winter Neuse River Fishing Report



**Captain Kevin Dewar, Three D Charters**

The Fall and into Winter has some of the best fishing the Neuse River has to offer. Most anglers this time of year will target Speckled Trout and Striped Bass.

During the fall the Speckled Trout will start moving back into the river system. Anglers should concentrate on the main parts of the river and creek mouths. Trout will start to migrate to the backs of creek as the temperatures start to drop as we move closer to Winter. You can target Speckled Trout by using 1/8oz jig heads paired with paddle tails or fluke style soft plastics bouncing them off the bottom in short twitching motions. Most bites will happen as the bait falls back down the water column. Popping corks are also very productive during this time, have about an 18" to 24" leader under the cork and use paddles tails on jig heads or shrimp pattern baits. Another popular bait is the MirrOlure 17. Fish this bait using 2 twitches and a pause. The majority of bites will happen during the pause of your twitches. As the weather/water starts to cool the slower you fish these baits will increase your chances to land fish.

Striped Bass will start to migrate to areas of deeper water during this time. You can target them using heavier jig heads like 3/16oz. jig heads paired with fluke and paddle tail style soft plastics as well as lures like rattle traps. Another popular technique is to troll deep divers over deep structure to find schooling Stripers.

Current State Regulations:

Speckled Trout: 4 fish per person at 14" and above  
Striped Bass: Catch and Release Only (No Possession/2 year moratorium)

By Capt. Kevin Dewar, Three D Charters, 252-292-8424, [ThreeDCharters.com](http://ThreeDCharters.com).

## Staytrippin'

Check out the [North Carolina Seafood Festival](#) (Oct 4 – 6) in Morehead City!

And it's time for the [NC State Fair](#) in Raleigh (Oct 17 – 27). With so many activities, rides, contests, and other attractions, it's impossible to summarize all that's happening...you'll have to see for yourself!

Mark your calendar for the [Jones County Heritage Festival](#) (Nov 8th – 9th). According to their website, "It's a celebration of rural agricultural life in southeastern North Carolina".

How about a Low Country Boil and Oyster Roast? Get your tickets for the [3rd Annual Sea To Table](#) fundraiser (Nov 14 from 5:30 – 8 p.m.) presented by Allies for Cherry Point's Tomorrow at Jack's Waterfront Bar in Morehead City.

## Looking for a Weekend Getaway?



We have the place for you! During the last hurricane, we decided to "head for the hills". It turned into a much needed vacation in Danbury, NC.!

It was a "little slice of heaven" on 50 acres of land only a 3 1/2 hour drive from New Bern!

We cooled off and fished in the Dan River and explored the history, people, and places of Stokes County by day and enjoyed cooking over the firepit by night. We didn't have to; as they had a full kitchen along with other great amenities and room to accomodate 7 guests!

This is a perfect getaway in the foothills! Thank you, Debbie Vaden, for your southern hospitality. It's a must visit in our book...check it out for yourself!

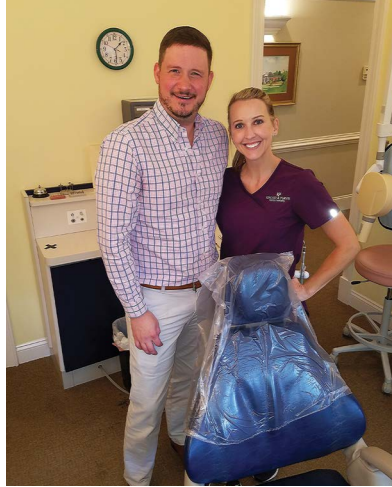
This charming farmhouse and scenic land overlooks the Sauratown Mountains, home to Hanging Rock and Pilot Mountain.

Lookup Property # 423784 on [VRBO.com](http://VRBO.com).

Laura Johnson



## PHOTOS AROUND TOWN



# FREEDOM BALL

COPPER RIDGE

## *True Justice International's 3rd Annual Gala*

Join us for a night of fun, food, and dancing, while supporting our efforts to fight human trafficking.

Speaker: Author and Survivor  
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Time: 6:00 pm

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**New Bern Womens Club**  
**21st Annual**  
*"The Holly and The Ivy"*



**December 14, 2019**  
 10:30 a.m. - 3:30 p.m.  
 Visit  
[NewBernWomansClub.com](http://NewBernWomansClub.com)

## MAP LEGEND

### BUSINESSES

- 1 Baker's Kitchen
- 2 Beer Army Burger Company
- 3 Birthplace of Pepsi Store
- 4 The Brown Pelican
- 5 Carolina Creations
- 6 Community Artists Gallery & Studios
- 7 The Four C's
- 8 Hanna House B & B
- 9 Law Offices of Oliver & Cheek
- 10 Micheale' Rose Watson Art Studio
- 11 Mitchell Hardware
- 12 New Bern Web Design
- 13 Poor Charlies Antiques & Flea Market
- 14 Quay & Associates, P.A.
- 15 Small Batch Gallery + Goods and Trade Ideas
- 16 Snap Dragon Way Cool Toys

### HISTORIC LANDMARKS

- 17 Sylvan Learning
- 18 Wit Clothier/Jillybird Boutique

- 19 Athens Theatre
- 20 Attmore-Oliver House
- 21 Centenary United Methodist Church
- 22 Christ Episcopal Church
- 23 Craven County Courthouse
- 24 Federal Courthouse
- 25 First Baptist Church
- 26 Isaac Taylor House
- 27 New Bern Fireman's Museum
- 28 North Carolina History Center
- 29 St. Marys Free Will Baptist
- 30 Sudan Temple
- 31 Tabernacle Baptist Church
- 32 Tryon Palace
- 33 Tryon Palace Waystation

### POINTS OF INTEREST

- 34 ABC Store
- 35 City Hall
- 36 Craven Arts Council & Gallery
- 37 Craven County Clerk of Court
- 38 Craven County Register of Deeds/Tax Office
- 39 The Cub House
- 40 Charles Tendell Studio/NewBernLive
- 41 New Bern Convention Center
- 42 New Bern Trolley pickup
- 43 New Bern Farmers Market

### OUTDOOR INTERESTS

- 44 Bear Plaza
- 45 James Reed Lane
- 46 Union Point Park

**Happy 106th Birthday Lorette!**



Happy 106 Birthday, Mary "Lorette" Gauvin  
 with Daughter, Virginia Spencer, and Granddaughter,  
 Patricia Bagwell



# Downtown New Bern Map



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