



# Ledger

Magazine

April - June 2019



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Celebrates  
30 Years!**

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## Pamlico Small Business Center

The Small Business Center Network, comprised of 58 Small Business Centers throughout North Carolina, supports the development of new businesses and the growth of existing businesses by being a community-based provider of training, counseling, and resource information. Confidential counseling services and access to resource libraries are free of charge.



Contact me for more information:  
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April - June 2019



Having fun at The Charles Tendell Studio



Tom Parker and Big Jim Kohler



BeSpoke Custom Florals

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Havelock Police: 447-3212  
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NOAA Weather: 252-223-5737  
River Bend Police: 638-1108  
Trent Woods Police: 637-3030  
Pamlico Co. Sheriff: 252-745-3101

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# Letter from the Editor

Dear, Readers,

Thank you for supporting our efforts over the past ten years! We contribute our sustainability to our advertisers and everyone has contributed information.

In March, we held our first “Learning in New Bern Now” gathering and had a great turnout! We wanted to hear what our audience thought and we received terrific feedback. We are updating pages on our website to ensure accuracy. We’re also working on things to do to provide a more user-friendly experience. We’re working on re-branding since we have three major components: NewBernNow.com, New Bern Now (NBN) Ledger Magazine, and NBN Podcast/Radio Show along with our daily emails and social media platforms.

Our purpose is to promote the people, places, and happenings in and around New Bern including local non-profits and businesses!

Let us help you spread your message by:

Send us an article and an image (550 words max) and we’ll share it on NewBernNow.com along with others to include our daily email and social media platforms. It will also be shared on our community calendar if it’s an event. If you just want it to be listed on our community calendar, that works too. Unless you have a variety of workshops/classes during the month. If that’s the case, feel free to send us an article and an image each month and they will be published on our website, shared in our daily email, and on our social media platforms. They normally don’t go on the calendar.

You can become part of our team as a Contributing Author by writing an article that engages, entertains, enlightens, and/or educates readers. Your bio and photo will be added to our Team’s webpage. There are no deadlines, but we ask that you commit to writing once a month.

You can join us during our podcast for a 3 - 5 minute interview. We don’t talk about politics or topics that are negative. Since we’re limited to one hour, give us a call at 259-6853 to get on the schedule as guest spots fill up quick!

In the past, we haven’t accepted native writing/advertorials. We’ve changed our policy, so if you’re interested, there is a fee for these articles and they will be identified as advertorials.

We also have numerous advertising options that will set your business or non-profit apart from others!

We look forward to hearing from you!

Sincerely,  
Wendy Card

# Living in New Bern



City Hall


New Bern is a city rich in arts, culture, history, outdoor adventures, shopping, dining, among many other things to do and it’s a great place to live!

Enjoy a wide variety of activities for individuals and families, from attending special events, participating in the arts, learning about our rich history, to staying active indoors and outdoors... there’s so many fun and interesting things to do for all ages!

Check out Jungle Jump of New Bern - it’s an indoor bounce arena with an obstacle course and arcade games (772-3742); watch a movie at the Bruin Theatre or Bear Town Cinema (633-2772); go skating at Rollerland (633-3804), solve a mystery at the Bear Towne Escape Room (919-288-4764), or try paramotoring with ParaFlight (703-963-7389). Do you prefer ballroom dancing? Visit the Rivertowne Ballroom (637-2003).

Take advantage of over 20 parks and recreation facilities maintained by New Bern Parks & Recreation (639-2901) and Craven County Recreation & Parks (636-6606). Introduce your dog(s) to new friends or just let them run around at the Down East Dog Park at Glenburnie Park, please know that you need to register first and receive the gate code before you can enter (639-2901).

Visit the New Bern-Craven County Library as they have a lot fun programs, events, and resources! They offer childrens programs, computer usage and technology workshops, book clubs, writer’s workshops, open mic night, live music, childrens theatre, movie screenings and rentals, meeting rooms, historical and genealogy research, and much more! (638-7800).

Learn more about our town by taking a self-guided walking tour or have locals take you on a tour: African American Heritage Tour, Architectural Walking Tour, and Churches & Cemeteries Tour, Historic Homes Tour, Revolutionary War Heritage Tour, and Walk to Remember Tour (based on Nicholas Sparks books) (637-0250); [Bear Town Bears](#) self guided tour; Cruise the Neuse Boat Tours (876-7232),  [New Bern’s Civil War Battlefield Park](#) (638-8558), Scenic Airplane Ride by Tradewind Aviation (636-0716), and Trolley Tour (637-7316).



# Craven Habitat 30 Years Strong

Worldwide, what millions of people call home is often overcrowded, unhealthy, unsafe, or not affordable. Without adequate housing, families can remain trapped in poverty, challenging their physical and emotional well-being and making it difficult to realize self-sufficiency or control of their futures. Habitat for Humanity was founded in 1976 by Millard and Linda Fuller after their introduction to Clarence Jordan and Koinonia Farm in Americus, Georgia. That experience was the genesis for the concept of partnering with families to create decent housing. The Fullers believed “Everyone – all of us, every last person on God’s earth – deserves decent shelter. It speaks to the most basic of human needs, our home, from which all of us either blossom or wither.” In 1984, after leaving the White House, President Jimmy Carter and his wife Rosalyn picked up a hammer and began their life-long and active support for building Habitat homes, significantly expanding awareness of the this non-governmental, non-profit organization. While still based in Americus, with the International offices located in Atlanta, Habitat for Humanity has grown to over 1400 affiliates in the United States (67 are in North Carolina) as well as in more than 72 countries around the world. With a Vision of “A world where everyone has a decent place to live,” and a Mission stating “Seeking to put God’s love into action, Habitat for Humanity brings people together to build homes, communities and hope,” the simple message and purpose of this unique organization continues to change lives, one home at a time.

Habitat for Humanity Craven County was founded in 1989 and a 30th Anniversary Celebration is planned in June to mark the growth and impact of this local affiliate. With support from countless volunteers investing thousands of hours of time, and donors who have consistently contributed funding for building, the local chapter has worked with partner families to build 66 homes, impacting 105 adults and over 120 children. Of these 66 homes, 16 families have fully paid off their mortgages with no foreclosures. In addition, through an annual Tithing program with the International office, Habitat for Humanity of Craven County has built 41 homes in various countries in the world. Mike Williams, selected as Executive Director in April 2017 following the unexpected passing of the previous Director Mark Beard, has continued the affiliate’s progress by strengthening and adding relevant programs, expanding outreach to prospective family partners, and increasing the collaboration with multiple organizations in the community.

One of the persistent myths about Habitat for Humanity is that houses are given away. “Habitat for Humanity doesn’t give away anything but an opportunity to an eligible family to work toward security, stability and self-reliance through homeownership,” explains Mike Williams. “We work on the concept of providing a hand-up, not a hand-out.” The Homeownership Program is open to any resident of Craven County who (1) has the need for decent, affordable housing, (2) is able to meet the financial obligations of a zero-percent interest mortgage, and (3) makes a commitment to invest at least 300 hours of “sweat equity” as part of the program.

The true work of Habitat for Humanity is dependent on volunteers, whether it is on home construction or repairs, working in the affiliate’s ReStore operation, or serving on one of the many committees. Each March, Habitat for Humanity of Craven County hosts visiting students who participate in “Collegiate Challenge” as a Spring Break opportunity.



**Craven Habitat Staff and Volunteers**

This year, 104 students and adults came to volunteer in New Bern to begin construction on two new homes. Schools this year included Sacred Heart University (CT), Lycoming College (PA), University of Rochester (NY), University of Massachusetts, Amherst (MA), St. Mary’s Catholic High School (MI), and Mary Lyon Pilot High School, Boston (MA).

Located at 930 Pollock Street, the offices of Habitat for Humanity of Craven County are shared with the ReStore, a retail operation dependent on donations of furniture, appliances, household items, tools, and so much more, for sale to the public. This enterprise provides critical revenue to the affiliate’s operation expenses as well as offering a wide variety of merchandise at affordable prices. Opportunities to support the work and mission of the local affiliate include shopping or donating items to the ReStore, providing financial support for ongoing construction and other programs, and of course, volunteering. New volunteers are encouraged to attend one of the weekly orientation sessions and then consider the area that best matches their interest and skills for volunteer assignment. “There are so many opportunities to make a difference at Habitat,” explains Deedra Durocher, Volunteer & Resource Coordinator. “Whether it’s an ongoing investment of time, or just a few hours, we can definitely find the right fit for each volunteer and let them know that it all helps us make a difference in our community.”

For more information, visit [CravenCountyHabitat.org](http://CravenCountyHabitat.org) or call Habitat for Humanity of Craven County at 252-633-9599.

All new volunteers are given a 45-minute orientation before heading out to a build or consider many of the other volunteer opportunities with Habitat Craven. To become a part of the next build, or to volunteer in another capacity, you can reach out to Volunteer and Resource Coordinator, Deedra Durocher via phone at (252) 633-9599 or email her at [volunteerhabitatcraven@gmail.com](mailto:volunteerhabitatcraven@gmail.com).

To learn more about our local chapter that is celebrating 30 years of making a difference in our community please visit their website at [CravenCountyHabitat.org](http://CravenCountyHabitat.org).

Co-written by: Deedra Durocher and Tracey Stones



# Local Resources

## Healthcare:

CarolinaEast Health System is our Regional Medical Center, 2000 Neuse Blvd. (633-8111) which includes an Emergency Room, Cancer Care, Cardiac Care Center, Express Care, Internal Medicine, and various healthcare departments. Coastal Carolina Health Care (CCHC) New Bern Family Practice, 1040 Medical Park Ave. (633-1678) and Urgent Care (638-2273), CCHC Creekside Primary Care (672-0224). CCHS has a variety of healthcare specialists. There's also Goshen Medical Center (252-772-9995), Med First Primary and Urgent Care (631-5188 and 631-5301) and The MERCI Clinic (633-1599). These are only a few healthcare options to choose from. For more resources, contact Craven County Department of Health and Human Services (636-4920).

## Education:

There's a variety of schools to choose from, here's a list of a few popular choices: Craven County Public School System (514-6300); Private: Arrendell Parrot Academy, Kinston (522-4222); Epiphany School (638-0122); St Paul Catholic School (633-0100); and Craven Early College (637-5906). Craven Community College (638-7200), NC Wesleyan College at CCC (772-4044), and Mount Olive College at New Bern (633-4464). Consider supporting 🌳 [Craven County Partners In Education](#) that provides grants for educators and students (514-6321).

## Childcare:

We also have some terrific child care and learning resources: Community Coalition for Craven County Children (514-9550), Craven Smart Start's Child Care Resource and Referral Program (672-5921), and Hope Family Resource Center (636-6472).

## Transportation:

✂️ [The Coastal Carolina Regional Airport \(Fly EWN\)](#) services include Delta and American flights, general aviation terminal, Fed Ex, UPS services, conference room, wireless Internet, taxi/car rental services, Triple Play Oasis Restaurant and Sports Bar, a General Aviation Terminal, and Tradewind's Flight School. They also have an Art Sculpture Park! (638-8591)

CARTS Public Transportation (636-4917), DAV/DAVA Craven County Chapter 40 (638-5900), A to Z Shuttle and Taxi Service (631-0111), Robbins Limousines (617-9210), Shuttle Me Transportation (637-7433), New Bern Limousine Services (649-2968), New Safeway Transportation (636-9000), and WC Market Greyhound Bus Terminal (633-3100).I

## Visiting for the first time?

Downtown New Bern has three free parking lots located at the South End of Craven St.; at the New Bern Farmers Market (near S. Front and Hancock Sts); and at the corner of New and Hancock Sts. The two-hour parking spaces are enforced weekdays from 8 a.m. - 4 p.m.

Public Restrooms are available Downtown at Union Point Park; The Cub House, 223 Pollock St., and Lawson Creek Park.

# Arts Around Town



**Painting with Lisa Bisbee-Lentz at  
Greater Good Gallery**

New Bern's Arts Scene has exploded with artisans, crafters, and artists; not just downtown, but around town! You'll discover unique jewelry, handmade crafts, sculptures, pottery, paintings, and the list goes on! From novices to Internationally renowned artists, we are a growing destination for the arts!

Discover art from all mediums! Take a trip downtown starting on Craven Street. Stop at the Accidental Artist and paint your own masterpiece (634-3411), Ballantyne Framing and Art (633-0414), 🌳 [The Greater Good Gallery](#) (649-1712) and Red Shoe Studio Gallery (670-7736).

Walk down Pollock Street to 🌳 [Carolina Creations](#) (633-4369), Small Batch Graphics + Goods (617-0211), and Living Color Ceramics (675-2011). Stop by the Craven Arts Council & Gallery at the Bank on Middle St. (638-2577).

Also Downtown, visit the Community Artists Gallery & Studios (252-633-3715), 🌳 [Michaelé Rose Watson's Artist Studio](#) (626-0120), 323B Creative Studio (behind Bella's Cafe), Four Thirteen Broad (670-4048), The Next Chapter Books and Art (633-5774), and The Framing Fox Art Gallery (635-6400).


The Craven Arts Council & Gallery presents Artwalk on Apr 12, May 10, and June 14 from 5 – 8 p.m. Artwalk has expanded from Downtown to "Around Town". Art galleries and restaurants stay open for extended hours!

Don't miss the art shops around the Greater New Bern area like 🌳 [The Sanctuary Gallery](#) (571-8562), Uptown Gallery (633-6465), and Pic Frame & Gallery (633-4054).

Create your own arts and crafts at The Craft Studio (288-1107) and paint your own art at Wine and Design (633-4555).

The New Bern Arts and Wellness Center is an Art Gallery that offers all kinds of workshops from ceramics, Tai Chi, yoga, meditation, ukulele, jewelry design, weaving to programs for kids and more! They also have artist studios (497-8928).



 [Carolina Creations](#), 317-A Pollock St. (633-4369):

Join us on April 12th for Artwalk! April's exhibit will be Recycled Art in recognition of Earth Day. Stop by our shop on April 20th as we will be participating in New Bern's Earth Day Celebration! Also, during the month of April, vote for your favorite "Salvador Doggie" and "Pablo Picatso" - Spokes Pet Contest!

We are sponsoring "Mama Mia" at the New Bern Civic Theatre. Support community theatre by attending one of the shows!

In June, we will be celebrating the winners of the Spokes Pet Contest.

June 6th: Sally's Painting Party



The 2019 [Neuse River Artists Studio Tour](#) is the second annual tour of several local artist studios and hub centers, featuring over 50 artists. A non-profit project of Community Artists Gallery & Studios, in coordination with the Craven Arts Council, Twin Rivers Artist Association, Shop Class, New Bern Arts & Wellness Center, The Sanctuary Gallery, and other sponsors. Each location will feature one or more artist, demonstrating their talents and selling their work outside of a gallery setting, enabling tour goers to meet the artists in person, see how they create, and learn what inspires them.

The tour will take place with an opening during Art Walk at the Harrison Center on Middle Street in downtown New Bern, and continue on Saturday, May 11th from 10 a.m. - 5 p.m. and Sunday, May 12th from 12 - 4 p.m.

Each site will be displayed on a map, with information about every artist on the tour. Maps for this free, self-guided event will be available at several locations in New Bern, including at Community Artists Gallery & Studios, The Bank of the Arts, The Sanctuary Gallery, The Uptown Gallery, Greater Good Gallery, The Red Shoe Gallery, Mitchell Hardware, and The Accidental Artist.

For details and questions, email [chris@thesanctuarygallery.com](mailto:chris@thesanctuarygallery.com) or call 252-571-8562.

By Chris Wagner, [The Sanctuary Gallery](#)


## Music and Entertainment

Enjoy live music, trivia, open mic nights, karaoke, and other entertainment options at:

- [Attitude's Pub & Grill](#), 32 Shoreline Dr., 633-2006
-  [Beer Army Burger Company](#), 313 Pollock St., 252-288-5814
- [Bern Bar & Grill](#), 1904 S. Glenburnie Rd., 631-5170
- [Blackbeard's Triple Play Restaurant](#), 415 S Front St., 635-0322
- [The Brown Pelican](#) at 411 Broad St., 631-5008
- [BrÜtopia](#), 1201 Hwy 70E, 631-5142
- [Mickey Milligan's Billiards](#), 3411 Trent Rd., 637-3711
- [Prohibition: Drinks and Desserts](#), 243 Craven St., 649-1838
- [The City Stage](#), 901 Pollock St., 631-5122
- [Triple Play Restaurant and Sports Bar](#), 111 Williams Rd., 635-3010
- [The Bruin Craft Beer and Wine](#), 224 Middle St., 675-7486

Community Theater plays an important role to many locals who volunteer to perform, construct sets, usher, arrange harmonies, choreograph, among numerous other things that it takes to put on a show. We have two theatres in town and they're always looking for talented people! Join in the fun by becoming part of their efforts or take in a Show! For details contact the New Bern Civic Theatre at 414 Pollock St., 633-0567 or the Masonic Theatre (RiverTowns Players) at 514 Hancock St., 633-3318.



Tracey Stones is the creator and writer of  [NCMZ.LIVE](#), a live music blog covering events and music from around the State of North Carolina.

She is the founder and owner of Tracey Stones Productions, LLC., An Entertainment Management and Media Company that helps promote musicians and music venues around the region.

Tracey offers entertainment news, features and live music updates each month.

Another great resource for local music is Joanne and Bob Friedman's [New Bern Music Calendar's Facebook page](#).

The [New Bern Farmers Market](#) is also terrific venue for live music and events!

They're open every Saturday (8 - 2 p.m.)/Tuesday (10 - 2 p.m.) so browse thru products from over 75 vendors.

Buy local fruits and vegetables, honey, eggs, meats, jewelry, gifts, arts and crafts, Artists, Authors, Craftsmen and more!

It's a place where our community meets old friends, makes new ones, and supports local businesses!

For details, call 633-0043.



# Discover Our Past



**North Carolina History Center**

Prior to the arrival of Baron Christopher de Graffenried, the Tuscarora Indians lived on the land that would become the town of New Bern. In 1710, on a bluff known today as Council Bluff Green, in a formal ceremony, the King of the Tuscarora's transferred the land between our two Rivers to Baron de Graffenried for the settlement of Swiss and German colonists. After many hardships, including the Tuscarora Wars (1711-13), the settlement did not begin to prosper until the 1720's.

The town's central location along the coast made it the logical choice to become the Colonial Capital. In 1765, construction of the statehouse and residence, named in honor of Royal Governor William Tryon was completed in 1770. Following the flight of Tryon's successor, Royal Governor Josiah Martin, the building was vacated in 1775, and fire razed its main building and kitchen in 1798.

New Bern was at the forefront of events leading to the American Revolution and was a hub of military activity during the War. In August 1774, the First Provincial Congress convened in New Bern and the Second Provincial Congress in April 1775. Many privateers flourished, supplying badly needed munitions to the patriots, ultimately leading to retaliation by the British who entered the city in 1781 and burned numerous warehouses and food supplies. New Bern had delegates at the Articles of Confederation Congress and two signers of the U.S. Constitution. In 1792, westward expansion required a more centrally located state government and Raleigh became the Capital. That same year, New Bern welcomed President George Washington during his Southern Tour.

In the 1860's, New Bern was NC's largest town, the second largest seaport and a railway system connecting it to the interior of the state. At the onset of the Civil War in 1861, New Bern's strategic location led to the Battle of New Bern on March 14, 1862. It was a major victory for the Federal Army and was occupied by Union Forces for the duration of the Civil War.

Three major fires and the economic growth of the lumber industry in the post-Civil War years led to intense building activity. The port declined, and construction moved away from the waterfront. The central business district assumed its present-day landscape. The mishmash of older frame and brick commercial buildings and residences irregularly sited along the downtown streets were demolished and more than 50 major buildings were constructed.

In 1909-1910, the city paved 35 blocks of streets with brick and constructed 25 miles of concrete sidewalks with granite curbing. At the turn of the century, Riverside, New Bern's first suburb was developed to the north of the town along the Neuse.

Soon to follow, its second suburb Ghent, was developed to the southwest of town, with a trolley system that operated between 1913 - 1929.

1920's - the lumber industry declined when numerous companies closed. The waterfront declined with the growth of the trucking industry. The auto was a catalyst for the post WWII exodus to the suburbs. 1950's - numerous historic homes were demolished to accommodate the widening of Broad St. The tree-lined residential street became a busy thoroughfare for motorists and tourist related businesses, hastening further deterioration of the downtown and its waterfront.

Tryon Palace Commission was created in 1945. Tryon Palace was reconstructed on its original foundation and opened as a major historic tourist attraction in 1959. In the early 1970's, 14 acres of commercial buildings on the Trent waterfront were demolished through a federal urban renewal program. People began to realize the importance of saving New Bern's wealth of architectural structures dating from the late 1700's to the early 1900's. The strong preservation movement, by the New Bern Historical Society with the establishment of the New Bern Preservation Foundation in 1972, continues today. The Downtown National Register Historic District established in the late 1970's is now one of New Bern's four National Register Districts and two local historic districts.

In 1977, the Downtown Revitalization Plan commissioned by local officials and business leaders, articulated a long-range plan for the revitalization of the downtown and the redevelopment of its waterfront with the goal of expanding tourism and attracting retirees. Swiss Bear, a private nonprofit, was organized to lead this effort in partnership with local government. To meet the objectives of this public/private approach, many nonprofit groups joined in the effort. Serving the public good, long-range plans, vision, the capacity to involve diverse groups was the foundation for a strong aggressive program.

Over the past 40 years, the downtown and waterfront has been transformed. More than \$230 million has been invested in the downtown area by the private and public sector, in addition to a new Neuse River Bridge and replacement of the Alfred Cunningham Bridge. Tourism is a major industry.

New Bern's willingness to adapt to the needs of the time, led to its growth and development in the 18th and 19th centuries, and again in the late 20th and early 21st century. The spectacular waterfront setting, convenient accessibility to boat traffic and public access to the waterfront has made this area increasingly valuable to the on-going development of New Bern and Craven County.

\*State Historic Sites – complex includes Tryon Palace, state house and residence of British Royal Colonial Governors, 14 acres of beautiful gardens, three historic homes and Waystation. NC Historic Center - galleries & interactive exhibits, gift shop. New Bern Academy Museum - site of first public school legislated by law in the Colony, architectural and Civil War exhibits. Richard Dobbs Spaight Historic Site - gravesite of signer of the U.S. Constitution and first native-born Governor of NC.

Lawson Creek Park: 1973 F11-A Tiger Grumman-built Aircraft, restored and relocated to this park in 2015. Ship Hauling Machine - last remaining maritime artifact of New Bern's maritime and boat building history.

New Bern Firemen's Museum: Restored fire station with displays and extensive collection of oldest firefighting equipment in the state

Written by: Susan Moffat-Thomas



## Points of Interest include:

🌿 [New Bern Historical Society](#) and Civil War Battlefield Park (638-8558), Kellenburger Room, New Bern-Craven County Library (638-7800), New Bern Fireman's Museum (636-4087), New Bern Academy Museum (639-3500), Crockett-Miller Slave Quarters Tours (638-8536) by the James City Historical Society, and visit The USMC Aviation Exhibit, Havelock (444-4348).

## Council Bluff Green



The Dedication of Council Bluff Green, a two-block long promenade located on E. Front St. on the Neuse River (held July 16, 2000) renewed awareness of the history associated with this hallowed place over many centuries. From the Chatawka, who according to tradition, held council on this site, to the first European settlers who set foot on it, to those who built homes along the Post Rd., constructed in the 1700's to link Newberne with communities to the west.

It was here on a "bluff of the Neuse" that the Tuscarora people, of the village Chatawka, met in council to settle tribal affairs long before the arrival of Baron Christopher deGraffenried and his European settlers. So, it was appropriate for the King of the Tuscarora's to meet deGraffenried at this special place to formalize, the transfer of land from the Chatawka village for the settlement of the Swiss and German colonists between the rivers.

1930's - This promenade was developed, community leaders recognized the key role the E Front St. river shore played in New Bern's history and named it Council Bluff Green. By the 1990's, the waterfront park had deteriorated and was in need of major repair and its name was long-forgotten.

Recognizing redevelopment of the park was key to continuing the Riverwalk along the two waterfronts, Swiss Bear Downtown Development Corporation organized a campaign to help fund the much-needed improvements. With the official sanction of the New Bern Board of Aldermen, Swiss Bear invited the community to help "Pave the Way" and become a part of history by sponsoring a brick, paver, urn, bench, section of sidewalk or granite panel.

Thanks to the generous response of hundreds of people, the campaign raised \$168,000 and the City was able to move forward with the project. The needed improvements were completed in 1999 and generations of New Bernians are remembered with inscriptions throughout the Green.

By resurrecting the name "Council Bluff", we perpetuate the history and memory of the people who lived here centuries ago and gave this place that name as well as those who came in 1710 and made this their home and established the village New Bern.

Written by: Susan Moffat-Thomas

New Bern showcases hundreds of historic landmarks listed on the National Register of Historic Places dating back to the 1700s.

Explore popular historic sites like: Cedar Grove Cemetery, Greenwood Cemetery, and New Bern Cemetery (639-7515); Hebrew Cemetery, National Ave.; Centenary United Methodist Church, 309 New St. (637- 4181); Christ Episcopal Church and Cemetery, 320 Pollock St. (633-2109); City Hall, 300 Pollock St. (636-4000); First Baptist Church, 239 Middle St. (638-5691); First Church of Christ, 406 Middle St. (638-6269); First Presbyterian Church, 418 New St. (637-3270); Isaac Taylor House, 228 Craven St. (649-1712); New Bern National Cemetery, 1711 National Ave, (637-2912); Saint Cyprian's Episcopal Church, 604 Johnson St. (633-3816); Saint Paul's Roman Catholic Church, 510 Middle St.; Saint Peter's African Methodist Episcopal Zion Church, 604 Johnson St. (633-3816); and Temple B'Nai Sholem Synagogue, 505 Middle St. (638-4545)

Step back in time by visiting 🌿 [The Birthplace of Pepsi](#). Sip on a Pepsi or a Pepsi Float and munch on popcorn while you learn

## VIAL of Life Program

The Vial of Life Program is a way to have important lifesaving information available for Emergency Medical Responders in the event that you are injured or ill at your home. When you face a medical emergency you may be scared, anxious, in pain, confused or unable to speak for yourself. It is during those times that your VIAL OF LIFE Form will speak for you, providing first responders with the information they need to give you the most appropriate emergency care.

The New Bern Woman's Club, in partnership with Craven County Emergency Services and the New Bern Police Department, are working together to share this important life-saving program with our community and local EMS Providers.

While this program is useful for all family members, it is especially helpful for senior citizens, those living alone, or those who are chronically ill. We hope that you will help us spread the word about the Vial of Life Program and help our first responders and medical centers save more lives.

For more information, visit: [NewBernWomansClub.com](#). Also, limited FREE supplies can be ordered on the Vial of Life website at [vialoflife.com](#). - Kathy Fannin, Publicity - New Bern Woman's Club



### HANNA HOUSE BED & BREAKFAST

*Innkeepers,  
Camille and Joe Klotz*

252-635-3209

218 Pollock St.  
New Bern, NC

[HannaHouseNC.net](#)



# Outdoor Life

New Bern is a retreat for outdoor enthusiasts and nature lovers as there are countless outdoor activities to enjoy! From biking, bird watching, boating, camping, fishing, golfing, hiking, hunting, paddling, running, to observing wildlife, and more...we have it all!

## Boating, Fishing, and Watersports:

Nestled between the Neuse and Trent Rivers in Eastern NC, New Bern is a haven for boaters, fishermen, and watersports fanatics! From large Marina's to off the path boat ramps, you'll find them here! We have a large boating community as people have docked in New Bern and loved it so much that they decided to stay!

Fishing is plentiful! Some of the water is brackish so you can catch both salt water and fresh water fish, but you may need both licenses, so check the fishing regulations. For a fun and educational experience call Spec Fever Fishing Guide Services (249-1520). Find a large assortment of fishing and outdoor supplies at West Marine (636-0650), Neuse River Bait and Tackle (745-0708), Custom Marine Fabrication and Sports (638-5422), and Academy Sports+Outdoors (649-6400).

Go Scuba Diving with 🌿 [Divin' Dawgs](#), 801 Cardinal Dr., (638-3432)

Join the New Bern Yacht Club (634-2626) or the New Bern Grand Marina and Yacht Club (638-0318).

Prefer paddling? Contact Sound Rivers (637-7972) for paddle trail maps and details about boating and fishing on our rivers. You can also rent kayaks, stand up paddleboards, and take tours with Stand Up Outfitters (514-0404).

## Biking:

Join cyclists at Flythe's Bike Shop, 2411 Trent Rd, as Flythe's leads bike rides around town (638-1544). You can also rent bike's from them at the Galley Stores, 300 E. Front St. Atomic Cycles also leads rides around town. Visit them at 208 Craven St. (633-2242). Try out Pedego Electric Bikes of New Bern as you can pedal or let the bike cruise for you (631-9443).

## Camping:

Camping is popular! 🌿 [Turkey Quarter Campground and RV Park's](#) sites are nestled under a hardwood canopy (919-202-3419). There's also the New Bern KOA located on Hwy 17 N in Bridgeton (800-562-3341).

## Golfing:

Golf is very popular as you can get out on the course year-round! Visit Carolina Colours Golf Course (772-7022), Carolina Pines Golf & Country Club (444-1000), Emerald Golf Club (633-4440), New Bern Golf & Country Club (637-4061), Taberna Country Club (634-1600), River Bend Country Club (638-2819), or the Cherry Point Golf Course (466-3044).

Disc Golf is also very popular! There are two local 18-hole disc golf courses around town – Glenburnie Park and Creekside Park. Glenburnie Park is maintained by the City of New Bern Parks and Recreation and Creekside Park is maintained by Craven County Recreation and Parks. Join the local disc golf community by becoming a member of Craven Chains and learn how to play or participate in tournaments. For more information, visit [CravenChains.com](#).



Enjoy a day on the River

## Exploring, Hiking, Hunting, or Observing Wildlife:

The Croatan National Forest is a "Nature Lover's Paradise" and it's in our backyard! Discover carnivorous plants like the Venus flytrap, pitcher plant, sundew, butterwort, bladderwort along with other exotic plants. The Croatan spans approximately 160,000 acres. It's home to black bear, deer, wild turkey, quail, coyotes, bald eagles, beaver, bobcats, porcupine, alligator, and so many other wildlife species. Learn more by visiting the Ranger's Station on Hwy 70 E (638-5628).

Check out the Latham-Whitehurst Nature Park off Broad Creek Rd. or the New Bern Civil War Battlefield Park (638-8558).

Hunter Safety Course Information: (919-707-0031) and Hunting/Fishing License Information (888-248-6834). Visit the NC Wildlife Commission's website or NC Waterman website for fishing reports, water conditions and more!

## Tennis:

Prefer tennis? There are tennis courts throughout New Bern including Craven Community College, New Bern Golf and Country Club (637-4061), The Emerald Country Club (633-4440), New Bern Parks & Recreation (639-2912), and Craven County Recreation and Parks (636-6606).

Join the New Bern Outdoor Adventure Club (571-5507) to enjoy an around outdoor experience!

# Fitness and Wellness

Relieve stress at [Sound Fitness](#) (639-2582), A Hopeful Balance (633-1788), Bern Pilates (514-4430), CrossFit Burn (781-727-9390), Everybody Pilates (675-5564), Gym 24/7 (672-9305), Holy YogaNew Bern (636-2628), Moreno Brazilian Jiu Jitsu (349-1019), New Bern Arts & Wellness (497-8928), Planet Fitness (631-5085), Platinum Training Studio (259-4551), Smash Studios and Fitness (670-3115), Snap Fitness 24/7 (636-9627), SportsNation Multi-Sport Training Complex (288-2538), Sugoi Submissions Brazilian Jiu Jitsu (361-446-5639), TruFit Gym (634-9499), Twin Rivers YMCA (638-8799), Wrestling Warehouse (670-4158), and The Yoga Mac (671-0737).



# Dining, Nightlife and Pubs


## Asian

Bay Leaf Indian Restaurant, 309 Middle St., 638-5323  
Canton Chinese, 4118 Dr MLK Jr Blvd., 634-1601  
China Garden, 1216 S. Glenburnie Rd., 637-8118  
China King, 133 Bridge Town Blvd., 636-3155  
Chinese Express, 3105 Neuse Blvd., 638-4122  
China Wok, 3321 Dr MLK Jr Blvd., 636-5288  
Golden China, 953 Hwy 70 E., 637-1136  
Peking Garden Express, 2007 S. Glenburnie Rd., 637-8187  
Ginza Japan, 3025 Dr MLK Jr Blvd., 633-6698  
Hibachi Super Buffet, 3342 Dr MLK Jr Blvd., 633-9888  
Mon Asian Market - Restaurant and Grocery, 2117 S. Glenburnie Rd., 631-5179  
Musashi Japanese Steak & Seafood Restaurant, 2041 S. Glenburnie Rd., 637-0063  
New Chinese Take Out, 1405 Tatum Dr., 636-9993  
Osaka-SaiGon-Japanese-Vietnamese, 701 Hwy 70 E, 288-5718  
Queen Power Thai Restaurant, 2405 Neuse Blvd., 633-9593  
Sake Sushi Grill, BBQ and Bar, 400 Hotel Dr., 638-1888  
Sanuki Japanese Restaurant, 2311 Neuse Blvd., 514-0459  
Sumo Bowl, 1905 S. Glenburnie Rd., 672-8975  
Thai Angel, 247 Craven St., 631-5461

## Barbecue

Moore's Barbeque, 3621 Dr MLK Jr Blvd., 638-3937  
Smithfield's Chicken & BBQ, 2507 Dr MLK Jr Blvd., 636-2398

## Breakfast

 **Baker's Kitchen**, 227 Middle St., 637-0304  
Bella's Cafe' and Catering, 323 Middle St, 633-7900  
Christoph's on the Water, 100 Middle St., 638-3585  
Country Biscuit Restaurant, 809 Broad St., 638-5151  
Crema Brew, 914 Broad St., 288-5381  
Ghent Sandwich Shop, 1308 Broad St., 638-5928  
IHOP, 3400 Dr MLK Jr Blvd., 633-7800  
Kitchen on the Trent, 2500 Trent Rd., 638-2241  
Sea Glass Cafe, 1803 S. Glenburnie Rd., 634-1808  
Waffle House 3303 Dr MLK Jr Blvd., 635-5220;  
1000 Hwy 70 E, 672-9800


## Coffee Shops and Delis

Bella's Cafe' and Catering, 323 Middle St, 633-7900  
Carolina Bagel Co. & Deli, 3601 Trent Rd., 636-0133  
Crema Brew, 914 Broad St., 288-5381  
Cow Cafe, 319 Middle St., 672-9269  
Craven Coffee House, 1904 S. Glenburnie Rd., 649-1746  
Dunkin' Donuts, 2315 Neuse Blvd., 633-2300; 120 Taberna Way, 637-9284  
Ghent Sandwich Shop, 1308 Broad St., 638-5928  
Honeybaked Ham & Cafe', 2117 S. Glenburnie Rd., 631-5125  
McAlisters Deli, 2002 S. Glenburnie Rd., 633-3154  
Schlotzsky's Deli, 3335 Dr MLK Jr Blvd., 638-2508  
Starbucks, 3410 Dr MLK Jr Blvd., 638-2954  
Sea Glass Cafe, 1803 S. Glenburnie Rd., 634-1808


## Food Trucks

Jasmine Tasty Thai (876-5545)  
Mari's Hella Fat Food Truck (876-1603)  
The Tiny Tornado (229-3553)

## Sweet Tastes

 **Soo's Chocolate and Bakery**, 876-7667  
A Taste of Philadelphia NC, 2686 Dr MLK Jr Blvd, 626-0104  
Bear City Fudge Company, 236 Middle St., 636-1360  
Cow Cafe, 319 Middle St., 672-9269  
Dairy Queen, 2401 Dr MLK Jr Blvd, 637-6457  
Sugarplum Bakery, 1244 Hwy 70 E, 633-1244


## Italian

 **Sara's Big Apple Pizzeria**, 1150 Broad Creek Rd., 636-2555  
37th Street Pizzeria, 2402 Neuse Blvd., 633-5444  
Big Apple Pizzeria, Twin Rivers Mall, 636-3803  
Franco's Pizza, 1200 Hwy 70 E., 635-3396  
La Casetta Italian Cuisine, 2503 Neuse Blvd., 638-6699  
LaRosa Restaurant, 1503 S. Glenburnie Rd., 633-4606  
Paula's Pizza and Italian Restaurant, 3946 Dr MLK Jr Blvd., 636-2324  
Savage's Woodburning Pizzeria, 303 Metcalf St., 672-0103

## Mexican/Southwest

Arturo's Mexican Restaurant, 1900 S. Glenburnie Rd., 634-1894  
Chipotle Mexican Grill, 2999 Dr MLK Jr Blvd., 633-1762  
El Cerro Grande, 2503 Dr MLK Jr Blvd., 638-8938  
El Taco Loco, 2408 Dr MLK Jr Blvd., 633-3326  
Moe's Southwest Grill, 2000 S. Glenburnie Rd., 631-5237  
Taqueria San Luis, 1706 Hwy 70E, 635-0300

## Pizza and Subs

 **Sara's Big Apple Pizzeria**, 1150 Broad Creek Rd., 636-2555  
37th Street Pizzeria, 2402 Neuse Blvd., 633-5444  
Hwy 55 Cheesesteaks & Cheeseburgers, 3335 Dr MLK Jr Blvd., 514-2893; 2317 Hwy 70 E., 637-7994  
Dominos Pizza, 949 Hwy 70 E., 514-2072  
Firehouse Subs, 3123 Dr MLK Jr Blvd., 636-3473  
Franco's Pizza, 1200 Hwy 70 E., 635-3396  
Gina's Pizza, 1904 S. Glenburnie Rd., 633-9000; 1904 Hwy 70 E., 672-9063  
Jersey Mike's Subs, 2309 Hwy 70E, 636-2566  
Jimmy Johns, 1809 S. Glenburnie Rd., 638-0177  
Little Caesars, 2309 Neuse Blvd., 636-3339  
Mario's Pizza, 1822 S. Glenburnie Rd., 633-0836  
Panichelli's Pizzeria, 40 Shoreline Dr., River Bend, 514-0548  
Papa John's Pizza, 2009 S. Glenburnie Rd., 636-1212  
Paula's Pizza and Italian Restaurant, 3946 Dr MLK Jr Blvd., 636-2324  
Pizza Hut, 1505 S. Glenburnie Rd., 638-3100; 3201 Dr MLK Jr Blvd., 638-5400; 2707 Hwy 70 E, 637-0400  
Savage's Woodburning Pizzeria, 303 Metcalf St., 672-0103  
Subway, 3105 Dr MLK Jr Blvd., 638-4851; 941 Hwy 70 E., 636-0020

## Surf and Turf (Seafood & Steak)

 **Beer Army Burger Company**, 313 Pollock St., 288-5814  
Captain Ratty's Seafood & Steakhouse, 202 Middle St., 633-2088  
Friday's 1890 Seafood, 2307 Neuse Blvd., 637-2276  
MJ's Raw Bar and Grill, 216 Middle St., 635-6890  
Musashi Japanese Steakhouse, 2041 S. Glenburnie Rd., 637-0063  
Sting Ray Cafe, 520 S. Front St., 638-2280  
Texas Steakhouse, 3231 Dr MLK Jr Blvd., 637-1500  
Outback Steakhouse, 111 Howell Rd, 672-9394

## Upscale Dining

The Chelsea Restaurant, 335 Middle St., 637-5469  
Cypress Hall Kitchen + Bar, 219 Middle St., 633-5909  
The Flame Restaurant & Banquet Center, 2303 Neuse Blvd., 633-0262  
Morgan's Tavern and Grill, 235 Craven St., 636-2430  
Persimmons Restaurant, 100 Pollock St., 514-0033



**Crema Brew Owners: Donovan, Roxanne, and daughter, Regina Zook**

## Variety Dining

Annabelle's Restaurant, Twin Rivers Mall, 633-6401  
Applebee's Restaurant, 3450 Dr MLK Blvd., 637-8050  
Attitudes Pub & Grill, 32 Shoreline Dr., 633-2006  
 **Baker's Kitchen**, 227 Middle St., 637-0304  
Bern Bar, 1904 S. Glenburnie Rd., 631-5170  
Blackbeard's Restaurant & Pub, 415 S. Front St. 635-0322  
Bradley's Hot Dogs, 2700 Trent Rd., 876-7599  
Buffalo Wild Wings, 3102 Dr MLK Jr Blvd., 635-9464  
Carolina Grill, 998 Hwy 70 E., 634-3456  
Country Biscuit Restaurant, 809 Broad St., 638-5151  
Famous Restaurant and Bakery, 2210 Neuse Blvd., 637-2809  
The Grill at Prohibition, 237 Craven St., 649-1838  
Half Time Pub and Grill, 3325 Dr MLK Jr Blvd., 672-8777  
 **Lawson's Landing Café** at the NC History Center, 637-9307  
Panera Bread, 2997 Dr MLK Jr Blvd., 649-6264  
Pollock Street Pub - Weiner Haus, 208 Pollock St., 288-6251  
Ruby Tuesday Restaurant, 1004 Hwy 70 E., 638-8004  
Spunky McDoogles, 1908 S. Glenburnie Rd., 637-5705  
Triple Play Restaurant/Bar, 1706-E Hwy 70E, 635-3010




## Nightlife and Pubs

 **Aperivito Wine Bar at Lawson's Landing**, 637-9307  
Attitudes Pub & Grill, 32 Shoreline Dr., 633-2006  
Bear Town Market (BTM), S. Front St., 637-0022  
Blackbeard's Restaurant & Pub, 415 S. Front St. 635-0322  
The Brown Pelican Pub, 411 Broad St., 631-5008  
Brewery 99, 417 F Broad St., 259-6393  
The Bruin Craft Beer and Wine, 224 Middle St., 877-635-1409  
Brütopia, 1201 Hwy 70E., 631-5142  
The City Stage, 901 Pollock St., 631-5122  
Half Time Pub & Grill, 3325 Dr MLK Jr Blvd., 672-8777  
Mickey Milligan's, 3411 Trent Rd., 637-3711  
MJ's Raw Bar & Grill, 216 Middle St., 635-6890  
Persimmons Restaurant, 100 Pollock St., 514-0033  
Prohibition Drinks and Deserts, 237 Craven St., 649-1838  
Triple Play Restaurant & Bar, 1706-E Hwy 70E, 635-3010  
The Garage Tap Room, Game/VR Room, 1209 Hwy 70 E, 288-5585




# Local Business




## Animal Care Services

-  [Craven Animal Hospital](#), 1003 Hwy 70 E., 637-4541
-  [A Dog's Dream, Boutique-Resort-Day Spa](#), 1819 Race Track Rd., 514-2502
-  [Lynaire Kennels](#), 4634 Old Cherry Point Rd., 633-4333
-  [Masterful Dog Training](#), 672-5933.
- Emergency Vet Center Craven/Carteret, 1301 E. Main St., Havelock, 444-1399
- Animal Care Center, 4385 Hwy 17 S., 636-5040
- Animal Hospital of New Bern, 729 Professional Dr., 649-1520
- Equine Express Vet Service, 3405 Trent Rd., 637-1838
- Neuse Veterinary Clinic, 2819 Neuse Blvd., 637-7128
- The Pet Hospital of New Bern, 1804 S. Glenburnie Rd., 633-1204
- Synergy Integrative Veterinary Medicine Clinic, 4005 Dr. MLK Blvd. 631-5033



## Antique Stores/Flea Markets

-  [Poor Charlie's Flea Market & Antiques](#), 208 Hancock St., 638-2798
- Andrea's Attic Antiques, 2104 Trent Rd., 633-5656
- Black Swan Flea Market, 1310 Broad St., 633-2600
- DirtyBarnVintage, 317-B Pollock St., 269-3454
- Franklin's Antique Mall, 215 East Front St., 631-5210
- JL Kirkman's Antique Mall, 1198 Hwy 17 N., 634-2745
- Middle St Antiques/Flea Market, 221 Middle St., 633-4876
- New Berne Antiques and Collectibles Mall, 1000 Greenleaf Cemetery Rd., 637-0206
- Samantha's Westside Market, 4109 Dr MLK Jr Blvd., 636-1855
- Tom's Coins and Antiques, 224 Middle St., 633-0615

## Boutiques and Gift Shops

-  [Carolina Creations](#), 317 Pollock St., 633-4369
-  [Mitchell Hardware](#), 215 Craven St., 638-4261
-  [The Pepsi Store](#), 256 Middle St. 636-5898
- Blue Magnolia, 210 Middle St., 636-2583
- Blush Boutique, 223-A Craven St., 497-8875
- The Black Cat Shoppe, 246 Middle St., 635-1410
- The Boathouse, 220 Middle St., 633-5501
- Juliette's Boutique, 236 Middle St., 514-9800
- Nautical Wheelers, 202A Craven St, 514-2553
- Small Batch Graphics + Goods, 250 Pollock St., 617-0211
- Southern Persnickety, 1906 Old Cherry Pt Rd., 631-5097
- Thornbury Brides, 233 Middle St., 631-5140












## Clothing

-  [Four C's](#), 252 Middle St., 636-3285
-  [Wit Clothier](#), 502 Pollock St., 631-5098
- Ann Lynn's, 4146 Hwy 17 S, 638-3897
- City Trends, 1707 Red Robin Ln., 633-3756
- LuLa Balou, 236 Middle St., 649-1856
- Peacock's Plume, 248 Craven St., 633-1043
- South Front, 225 S. Front St., 633-0244
- Surf, Wind, and Fire/Life is Good, 230 Middle St., 288-5823
- Twice as Nice, 224 Craven St., 633-4432



## Florists

- Bespoke Custom Florals, 244-A Craven St., 514-2885
- Occasions to Celebrate, 3910 Dr MLK Jr Blvd., 637-9100
- Odham's Flower Shop, 1207 Simmons St., 638-1374
- Unique's Florist & Gift Shop, 2907C Trent Rd., 636-5161

## Featured Businesses

-  [Accupuncture Works](#), 1425 - Ste. 6, S. Glenburnie Rd., 670-1063
-  [Bear City Impact](#), 233 Middle St. 631-9608
-  [The Hair Depot](#), 2609 Trent Rd., 514-2345
-  [My Travel Agent, LLC - Anita English](#), 638-4134
-  [National Discount Mufflers & Auto](#), 2730 Neuse Blvd., 636-1626
-  [New Bern Web Design](#), 315 Metcalf St. 349-0270
-  [Pollock-Best Funerals and Cremations](#), 2015 Neuse Blvd., 637-5111
-  [Savi's Wine Shop](#), 713 Pollock St., 631-3329
-  [Salon #9](#), 1425 S. Glenburnie Rd., 692-0303
-  [Studio Verve](#), 2118 Trent Rd., 514-2655
-  [The Tyson Group, Realtors](#), 2301 Grace Ave, 675-9595
- [UPS Store of New Bern](#), 1822 S. Glenburnie Rd., 637-7500

## Featured Non-profits

-  [Craven County Habitat for Humanity ReStore](#), 930 Pollock St., 633-5512
-  [Promise Place](#), 1401 Park Ave., 636-3381

## Other Businesses

- 21st Century Computers, 633-5825
- A-1 Fire & Safety Company, 1915 S. Glenburnie Rd., 635-6768
- ABC Store 1, 318 S. Front St., 637-3623; Store 5, 2003 S. Glenburnie Rd., 638-4847; Store 6, 985 Hwy 70E, 633-2246
- Askew's Ace Hardware, 3938 US Hwy 70E, 638-2231
- B & J Seafood, 1101 Hwy 70 E., 637-0483
- Bill's Pet Shop, 2666 Dr. MLK Jr. Blvd., 637-3997
- Bynum's Drug Store, 240 Middle St., 637-3123
- Coastal Sole, 2122 Trent Blvd., 631-5187
- Craven Local Food Market, 4282 Hwy 17 N, Ernul, 571-9407
- Cravin' Wine, 1706-A Hwy 70E, 514-2675
- E & J Automotive (Towing), 103 Wanda Ave., 638-8226
- Fuller's Music Store, 2210 Trent Rd., 638-2811
- Galley Stores and Marina, 300 E Front St., 633-4648
- Gary's Nursery, 680 Crump Farm Rd., 637-6858
- Grills and Fireplaces, 1240 Hwy 70E, 637-3610
- Goodwill Donation Center/Store, 560 McCarthy Blvd., 635-4846
- Helping Hands Boutique, 2715 Hwy 70E, 633-6305
- Hobby Lobby Stores, 3553 Dr. MLK Jr. Blvd., 672-0083
- Jill's Pet Resort, 1580 Old Airport Rd., 633-2560
- Living Well Down East, 309 Middle St. 637-0011
- Merchant's Grocery, 1801 Brices Creek Rd., 633-4875
- Nauti Paws Pet Boutique, 208 Middle St., 637-0247
- New Bern Fabric Center, 1218 S. Glenburnie Rd., 633-4780
- New Bern Farm, Garden, and Landscape Services, 1309 Old Cherry Point Rd., 638-1983
- New Bern Mall, 3132 Dr MLK Jr. Blvd., 633-2800
- New Bern Sporting Goods, 3721 Trent Rd., 638-1136
- Next Best Thing Children's Resale and Consignment Boutique, 1910 S. Glenburnie Rd., 514-6857
- PetSmart, 3007 Dr. MLK Jr. Blvd., 637-2170
- Pinecone Home and Garden Center, 4136 Dr. MLK Jr. Blvd., 631-5075
- Realo Drug and Home Supplies, 1301 Commerce Dr., 636-1711
- Salvation Army Family Store, 310 Queen St., 633-3921
- Seaside Gypsy, 2605 Trent Rd., 259-8615
- Sewing on the River, 127 Market St., 671-0611
- Shop Class, LLC, 406 Guion St., 617-8980
- Southern Boundaries Land Surveying, 408 Guion St., 633-2771
- Tractor Supply Co., 3821 Dr MLK Jr. Blvd., 638-0131
- White's Opticians, 3515 Trent Rd., 638-2510
- Wild Birds Unlimited, 2029 S. Glenburnie Rd., 637-6604



**The Four C's**

## New Bern Chamber of Commerce - New Members:

- Ashley Bennett – Donna & Team New Bern w/Keller Williams, 1320 McCarthy Blvd., 671-1399
- Union Home Mortgage, 1321 A Commerce Dr., 910-612-5166
- Crema Brew, 914 Broad St., 288-5381
- Branch's Furniture, 309 Pollock St., 638-5171
- L. R. Thomas & Sons, Inc., 1316 B Commerce Dr., 288-4967
- No Boundaries Sensory Gym, 4110 Dr. MLK Jr. Blvd., 521-6459
- Sports Clips Haircuts, 3547 Dr. MLK Jr. Blvd., 633-1222
- The Chelsea Restaurant, 335 Middle St., 637-5469
- Goeco, 2500 E Ash St. Goldsboro, 286-5354;
- Convenient Auto Care, 234 Kale Rd; Unit 10, 671-7726
- Savi's Wine Shop, 713 Pollock St., 631-3329
- Bella's Café & Catering, 323 Middle St., 633-7900
- Blackbeard's Triple Play, 415 S. Front St., 635-0322
- City Stage, Inc., 901 B Pollock St., 631-5122;
- Paychex, 15401 Weston Parkway; Ste. 180, Cary, 910-546-8079
- Cowell's Cleaners, Inc., 428 E Grantham Rd., 514-7361
- Tradewind Flight Services, Inc., 820 Aviation Dr., 636-0716
- YLR Premiere Events, 1300 A Peace Rd., 259-3678
- Keller Williams Realty – Megi Wiley, 1320 McCarthy Blvd., 515-6211
- New Bern Riverfront Convention Center, 203 S. Front St., 637-1551
- Hope for the Warriors, PO Box 8697, Camp Lejeune
- Down East Wood Ducks, 400 E Grainger Ave., Kinston, 686-5172
- Bern Curiosity Shop, 504 S. Front St., 633-4991
- Heart of the Home Kitchens, 303 Pollock St., 636-0469
- OTC Medical Group Inc., 2713 Neuse Blvd; Bldg. 2 Suite C, 672-4046
- Hope Clinic, 203 North St., 2nd Floor, Bayboro, 745-5760
- Living Well Down East, 309 Middle St; Suite 1, 637-0011
- Open Aperture Photography, 571-8100
- Domino's Pizza, 949 US Hwy 70 East, 734-276-3068
- Romero's Licensed Electrical Company, 637-6204
- Color Me Direct – Sharon Taylor, 649-8154
- Beary The Hatchet Axe Throwing, 417 B S. Front St., 634-2933 (Opening soon)
- Pollock Street Pub "A Wiener Haus", 208 Pollock St., 288-6251.

## Havelock Chamber of Commerce - New Members:

- Maple Springs Tree Service, 218 E. Main St., 514-5850;
- Modern Mem Barber Co., 323 W. Main St., 652-6064
- Corwin Law Firm, PLLC, 803 E. Main St., 444-1888
- First United Methodist Church, 324 Miller Blvd., 447-3541.

## New Businesses:

- The Garage Tap Room, Game/VR Room, 1209 Hwy 70 E, 288-5585
- Jeff Thomas - Express Electrical Service, 497-7787
- Lily Pad Travels, 249-1520




# Staying in New Bern


## Bed and Breakfasts and Inns

 [Hanna House Bed & Breakfast](#), 218 Pollock St., 635-3209  
The Aerie Bed and Breakfast, Aerie Guest House and Conference Center,  
512 Pollock St, 636-5553  
The Benjamin Ellis House, 215 Pollock St., 636-3810  
The Captain's Stay, 718 Pollock St., 288-5133  
The Jarvis 220, 220 Pollock St., 631-1452  
Meadows Inn, 212 Pollock St., 634-1776

## Camping Cabins, Lodges, RV and Tent Sites

 [Turkey Quarter Campground and RV Park](#), 163 Kirby Rd., Cove  
City, 342-5787 or 919-202-3419  
Moonlight Lake RV and Cottages, 180 Moonlight Dr., New Bern, 745-9800  
New Bern KOA, 1565 B St., Bridgeton, 638-2556

## Hotels and Motels

 [The Ziegler Motel and Suites](#), 1914 Trent Blvd., 638-6868  
BridgePointe Hotel and Marina, 101 Howell Rd., 636-3637  
Candlewood Suites, 3465 Dr MLK Jr Blvd., 638-8166  
Comfort Suites of New Bern, 1006 Old Cherry Pt Rd.,  
649-1717  
Courtyard by Marriott, 218 E Front St., 636-0022  
Holiday Inn Express, 3455 3465 Dr MLK Jr Blvd., 638-8266  
Hampton Inn - New Bern, 200 Hotel Dr., 637-2111  
Springhill Suites - Marriott, 300 Hotel Dr., 637-0017

## Vacation Rentals

Resort Management Group, 475 Broad Creek Rd., 638-8011  
Vacation Resorts International, 1141 Broad Creek Rd.,  
633-1151  
Valhalla Vacation Rentals, 259-7695 or 636-8336

## *"Luggage for Kids"*

"Luggage for Kids" is being founded to provide kids in the greater Craven County foster care system with their own suitcase.

When a child is in foster care the heartbreaking reality is that their belongings are often carried in black trash bags. This sends a very damaging message to these kids and teens that they are as disposable as their belongings.

"Luggage for Kids" is being started by Anita English, My Travel Agent, [travelto@suddenlink.net](mailto:travelto@suddenlink.net), Debby Lutz, Travel by DebbyL, at [tbtravel075@gmail.com](mailto:tbtravel075@gmail.com) and Maureen McNeill, Travel Leaders, can be reached at [maureenm@travelladers.com](mailto:maureenm@travelladers.com). These travel agents have been inspired to encourage their clients and the community to donate gently used suitcases, travel bags, and duffel bags so that children in foster care can have their own luggage. Most importantly, it provides these children with some dignity.

The suitcases must have working handles, latches, and zippers. The lining should be in good shape.

By Anita English

# Discovering Mindfulness: Lost in Thought



Heather Noto (photo by: Claire Hargeman)

Where are my keys? I can't find my cell phone. I just had that book in my hand. That file was right here on my desk. Sound familiar? How often do we search around for things that we need and can't find them?

I experienced an AHA! moment when reading a story in Thich Naht Hanh's book *The Miracle of Mindfulness*. My "affliction" for losing things was explained by Mobi Ho, the Vietnamese translator of the book, when he recounts an episode that also "nurtured his mindfulness practice". While "cooking furiously", he can't find the spoon he has laid down amidst pots and pans. Teacher Thich Naht Hanh walks into the room and asks Mobi what he is looking for and Mobi says, "The spoon! I'm looking for the spoon!". Smiling, Thich Naht Hanh says "No, Mobi is looking for Mobi."

WE ARE LOST. Not the spoon, or the keys, or the cell phone. They are exactly where we put them. The problem occurs because we were lost in thought when we placed them and have no recollection of where that is. So, the question is, not where are they, but where were we?

I admit to having a vivid imagination and often live in my head. I expect many of you do, too. Creative thinking is needed and wonderful in order to solve dilemmas and develop new ideas. Without creative thinking, innovation and artistic expression would come to a standstill. But it isn't creative thinking that I'm talking about. It is those all-consuming thoughts where we conjure up scenarios that haven't happened yet or ruminate over things that did or did not happen in the past.

Lost in thought, we're missing reality. We're missing what is actually occurring right now in our lives. When we're not present, we don't remember things that people told us or experiences that we had, because while those things were happening, we were gone. Distracted, somewhere else, busy planning or fretting over our lives.

Awareness is everything. When we become aware that we're lost in thought, we can step out of our imagination and into the present moment. We can practice mindfulness. Mindfulness adds order to our day. It adds texture to our experiences. If we begin to pay attention to the present moment, we find that we are more alert to our actions, as they are unfolding. We remember where we put the keys because we mindfully placed them on the counter; we can see ourselves doing it because we were there!

I invite you to bring your attention to the number of times a day you find your thoughts on something other than what you're doing in the moment. Whenever I notice this happening, I chuckle and think, "Heather is looking for Heather". And that helps bring me right back into the present. The more aware you become of your tendency to be lost, in thought, the more opportunity you have to bring your attention back. It takes practice. Read the "Rest of the Story" on [NewBernNow.com](http://NewBernNow.com).

By Contributing Author: Heather Noto



# April Events

8th – May 10th: [Neuse River Senior Games and Silver Arts](#) at various locations. Presented by Craven County Recreation and Parks. Call 252-636-6606.

9th: [Behind the Scenes: Conservation Lab](#), 2:00 p.m. at the Tryon Palace Waystation. Call 252-639-3500.

11th: [7th Annual Fashion Show](#) at the New Bern Golf and Country Club. Presented by Peacock's Plume benefiting the Coastal Women's Shelter. Call 252-638-4509.

12th: [ArtWalk – New Bern](#), 5:00 p.m. – 8:00 p.m., presented by the Craven Arts Council at the Bank of the Arts and numerous locations in Downtown and around New Bern. 252-638-2577.

12th: [2019 Bern Summer Blast](#), 5:00 p.m. – 10:00 p.m. at the New Bern Farmers Market. Presented by the New Bern Area Chamber of Commerce. Call 252-637-3111.

12th: [Uncorked – A Wine Tasting](#), 5:00 p.m. at Nautical Wheelers of New Bern. Call 252-514-2553.

12th – 13th: [Heritage Homes Tour](#) presented by the New Bern Historical Society. Call 252-638-8558.

12th – 13th: [Spring Heritage Plant Sale](#) at Tryon Palace. Call 252-639-3500.

12th – 13th: [Juice on the Neuse](#) at 300 E. Front St.

12th – 13th: [London Suite by Neil Simon \(performed by Walk-in Bathtub\)](#), 7:30 p.m. at the New Bern Civic Theatre. Call 252-634-9057.

12th – 14th: [Spring Garden Lovers' Weekend](#), 10:00 a.m. – 2:00 p.m. on the Daves House Lawn at Tryon Palace. Call 252-639-3500.

12th – 14th: [Carrie The Musical](#), Fri – Sat: 7:00 p.m.; Sun: 3:00 p.m. at West Craven High School Performing Arts Center. 2600 Streets Ferry Rd., Vanceboro.

13th: [Yard Sale benefiting Craven County Charities](#), 8:00 a.m. – 2:00 p.m. at the corner of US 17 and Trent Rd. (old Kia Dealership). Presented by the New Bern Civitan Club.

13th: [Coastal Photo Club's Spring Major Competition](#), 9:00 a.m. at Centenary United Methodist Church, 309 New St.

13th: [Eastern Carolina Pottery Festival](#), 9:00 a.m. – 5:00 p.m. at the North Carolina History Center. Presented by the Craven Arts Council & Gallery. Call 252-638-2577.

13th: [Easter Egg Hunt](#), 10:00 a.m. – 12:00 p.m. at Lawson Creek Park. Presented by New Bern Parks and Recreation. Call 252-639-2901.

13th: [Totally Egg-cellent Eggstravaganza](#), 10:00 a.m. – 12:00 p.m. at Broad Creek Christian Church. Call 252-637-3727.

13th: [Annual BBQ Pork and Chicken Fundraiser](#), 11:00 a.m. – 7:00 p.m. at Rhems Volunteer and Fire Rescue, 5860 Hwy 17 S. Call 252-637-3365.

13th: [Saturday Sessions](#), 1:00 p.m. – 5:00 p.m. at Bear Plaza. Presented by Swiss Bear, Inc. Call 252-288-9825.

13th: [Great Glow Run 5K Run/Walk](#), 6:30 p.m. – 10:30 p.m. at Union Point Park. Presented by Easter Seals UCP. Call 800-662-7119.

16th: [Behind the Scenes: Costume Shop](#), 2:00 p.m. at the Tryon Palace Waystation. Call 252-639-3500.

17th: [Join the Coastal Women's Forum for Lunch with Speaker Lilibeth Serrano Vélez – USFWS](#), 11:30 a.m. – 1:00 p.m. at the New Bern Golf and Country Club.

18th: [9th Annual Community Fabric Awards](#), 12:00 p.m. – 1:30 p.m. at the Havelock Tourist & Event Center. Presented by Craven Community College. Call 252-638-7351.

18th: [Two-Light Easter Egg Hunt](#), approx. 7:45 p.m. at Glenburnie Park. Presented by New Bern Parks and Recreation. Call 252-639-2901.

20th: [EPIC 5K & 1 Mile Walk for Life](#), 6:30 a.m. – 10:30 a.m. at Creekside Elementary School, 2790 Landscape Way. Call 252-638-4673.

20th: [Coast Guard Auxiliary Safe Boating Class](#), 8:30 a.m. – 4:30 p.m. at the New Bern Yacht Club, 1206 Brice's Creek Rd. Call 252-288-4856.

20th: [Easter Egg Drop](#), 9:00 a.m. – 12:00 p.m. at Temple Church. Call 252-633-3330.

20th: [Horticultural Workshop, Garden Tour and Plant Sale](#), 9:00 a.m. – 12:00 p.m. at The Agricultural Building and Demonstration Gardens, at 300 Industrial Dr. Call 252-633-1477.

20th: [Discovering Tryon Palace: Outlander in the Governor's Palace](#), 9:15 a.m. – 10:30 a.m. at Tryon Palace's Gates. Call 252-639-3524.

20th: [New Bern Earth Day Celebration](#), 1:00 p.m. – 4:00 p.m. corners of Craven and S. Front Sts. Presented by NewBernNow.com and City of New Bern Parks and Recreation. Call 252-259-6853.

Visit [NewBernNow.com](#) to *stay up to date* on the latest happenings as our Calendar is updated on a regular basis!

April 2019						
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20th: [Saturday Sessions](#), 1:00 p.m. – 5:00 p.m. at Bear Plaza. Presented by Swiss Bear, Inc. Call 252-288-9825.

20th: [Discovering Tryon Palace: Outlander Home and Hearth](#), 4:15 p.m. – 5:30 p.m. at Tryon Palace's Gates. Call 252-639-3524.

23rd: [Behind the Scenes: Costume Shop](#), 2:00 p.m. at the Tryon Palace Waystation. Call 252-639-3500.

24th: [Denim & Diamonds Ladies Night Out Soiree](#), 5:00 p.m. – 8:00 p.m. at Texas Steakhouse & Saloon. Presented by New Bern Housewives in the City.

25th – May 5th: [Craven County Fair at the Craven County Fairgrounds](#), 3700 Hwy 70 E. Presented by The Craven County Jaycee's.

26th: [Lewis n Clark's Expedition: James Taylor and Carole King Benefit Concert for Rivertowne Players](#), 7:30 p.m. at the Masonic Theatre.

26th – 27th: [Special Events with Diana Gabaldon, Bestselling Author of "Outlander"](#) at Tryon Palace. Call 252-639-3519.

27th: [Trent Woods Garden Club Annual Herb Sale](#), 8:00 a.m. – 2:00 p.m. at the New Bern Farmers Market. Call 919-418-7494.

27th: [Saturday Sessions](#), 1:00 p.m. – 5:00 p.m. at Bear Plaza. Presented by Swiss Bear, Inc. Call 252-288-9825.

27th: [African American Heritage Walking Tour](#), 2:00 p.m. at the Tryon Palace Waystation. Call 252-639-3500.

27th: [Medieval and Renaissance Dance](#), 3:00 – 4:30 p.m. at Riverside United Methodist Church, 405 Ave. A. Call 252-631-4117.

27th: All Hands and Hearts – Smart Response Hurricane Florence Fundraiser, 5:00 p.m. – 9:00 p.m. at The Bruin Craft Beer & Wine.

27th: [At the Gallery: Willie Nelson performed by Blue Cactus](#), 7:00 p.m. at the Bank of the Arts. Call 252-638-2577.

30th: [Behind the Scenes: Gardens](#), 2:00 p.m. at the Tryon Palace Waystation. Call 252-639-3500.



# May Events

Apr 25th – May 5th: [Craven County Fair at the Craven County Fairgrounds](#), 3700 Hwy 70 E. Presented by The Craven County Jaycee's.

Apr 8th – May 10th: [Neuse River Senior Games and Silver Arts](#) at various locations. Presented by Craven County Recreation and Parks. Call 252-636-6606.

1st: [Exceptional Children's Event](#), 10:00 a.m. – 12:00 p.m. at the Craven County Fair, 3700 Hwy 70 E. Presented by Craven County Jaycee's.

2nd: [The Performance Arts Series Presents: NC Raga Revival at Tryon Palace](#), 7:00 p.m. at the North Carolina History Center. Call 252-639-3524.

2nd: ["A Musical Journey through America"](#), 7:00 p.m. in Orringer Hall, Craven Community College. Presented by Craven Community Chorus. Call 252-670-0230.

3rd: [First Friday: Civil War Medicine](#), 2:00 p.m. at the North Carolina History Center. Call 252-639-3500.

3rd: [4th Annual Brews & Bites on the River](#), 5:00 p.m. – 9:00 p.m. on the New Bern Riverfront at the end of Broad St. Presented by Allies for Cherry Point's Tomorrow. Call 252-617-0757.

3rd – 4th: [Vanceboro Strawberry Festival and Parade](#). Call 252-229-6881.

4th: [3rd Annual Ride to Remember](#), 8:15 a.m. – 2:00 p.m. at HomePlace Assisted Living, 1309 McCarthy Blvd. Presented by Alzheimer's North Carolina. Call 252-637-7133.

4th: [Festival of Fun](#), 10:00 a.m. – 3:00 p.m. at Lawson Creek Park. Presented by New Bern Parks and Recreation. Call 252-639-2901.

4th – 5th: ["A Musical Journey through America"](#), 7:00 p.m. in Orringer Hall, Craven Community College. Presented by Craven Community Chorus. Call 252-670-0230.

4th: [Southern Gentlemen Barbershoppers' 25th Annual Show](#), 7:30 p.m. at Grover C. Fields Middle School Performing Arts Center. Call 252-288-9132.

7th: [Behind the Scenes: Conservation Lab](#), 2:00 p.m. at the Tryon Palace Waystation. Call 252-639-3500.

10th: [ArtWalk – New Bern](#), 5:00 p.m. – 8:00 p.m., presented by the Craven Arts Council at the Bank of the Arts and numerous locations in Downtown and around New Bern. 252-638-2577.

10th: [Uncorked – A Wine Tasting](#), 5:00 p.m. at Nautical Wheelers of New Bern. Call 252-514-2553.

10th – 11th: [Mama Mia!](#), Fri – Sat: 7:30 p.m.; Sun: 2:00 p.m. at the New Bern Civic Theatre. Call 252-634-9057.

10th: [3rd Annual Night Out with The Arts](#), 8:00 p.m. – 11:00 p.m. at the New Bern Golf and Country Club.

11th: [Garden Lecture Series](#), 10:00 a.m. at the North Carolina History Center. Call 252-639-3500.

11th – 12th: 2019 Neuse River Artists Studio Tour. Call 252-571-8562.

14th: [Behind the Scenes: Gardens](#), 2:00 p.m. at the Tryon Palace Waystation. Call 252-639-3500.

15th: ["Wild About Girls Night Out" Networking Social](#), 5:00 p.m. – 8:00 p.m. at Buffalo Wild Wings. Presented by New Bern Housewives in the City.

16th: [African American Lecture Series: The Maid Brigade](#), 7:00 p.m. at the North Carolina History Center. Call 252-639-3500.

17th – 19th: [Mama Mia!](#), Fri – Sat: 7:30 p.m.; Sun: 2:00 p.m. at the New Bern Civic Theatre. Call 252-634-9057.

18th: [Pancake Pursuit 5K & 10K](#), 7:45 a.m. at the Taberna Golf and Country Club. Presented by the Twin Rivers YMCA. Call 252-638-8799.

18th: [Discovering Tryon Palace: Outlander in the Governor's Palace](#), 9:15 a.m. – 10:30 a.m. at Tryon Palace's Gates. Call 252-639-3524.

18th: [Colonial Market Day](#), 10:00 a.m. – 4:00 p.m. at the Tryon Palace Grounds. Call 252-639-3500.

18th: [Discovering Tryon Palace: Outlander Home and Hearth](#), 4:15 p.m. – 5:30 p.m. at Tryon Palace's Gates. Call 252-639-3524.

18th: [At the Gallery: Steven Sodheim performed by Andrea Owens and Judy Harrison](#), 7:00 p.m. at the Bank of the Arts. Call 252-638-2577.

21st: [Behind the Scenes: Costume Shop](#), 2:00 p.m. at the Tryon Palace Waystation. Call 252-639-3500.

24th – 25th: [Mama Mia!](#), 7:30 p.m. at the New Bern Civic Theatre. Call 252-634-9057.

25th: [African American Heritage Walking Tour](#), 2:00 p.m. at the Tryon Palace Waystation. Call 252-639-3500.

26th: [Memorial Day at Tryon Palace](#), 12:00 p.m. – 5:00 p.m. at the Tryon Palace and the North Carolina History Center. Call 252-639-3500.

28th: [Behind the Scenes: Costume Shop](#), 2:00 p.m. at the Tryon Palace Waystation. Call 252-639-3500.

## May 2019

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### HAILING ALL BOATERS!

Community boaters are invited to

## THE ANNUAL BLESSING OF THE FLEET

SATURDAY, MAY 11, 2019, 10:30 AM  
NEW BERN GRAND MARINA



Pre-registration is required for this popular event!  
Deadline: Monday, May 6<sup>th</sup>  
For details contact Karl Lichty:  
New Bern Yacht Club, [karlkorker@yahoo.com](mailto:karlkorker@yahoo.com)  
~Space is based on availability, early registration recommended.~  
Visit: [www.newbernyachtclub.com](http://www.newbernyachtclub.com)

### See you on the Water!



New Bern Grand Marina  
YACHT CLUB

Visit [NewBernNow.com](http://NewBernNow.com) to stay up to date on the latest happenings as our Calendar is updated on a regular basis!



Jane Maulucci, Sarah and Randy Foster



# June Events

4th: [Behind the Scenes: Gardens](#), 2:00 p.m. at the Tryon Palace Waystation. Call 252-639-3500.

7th: [First Friday: The Importance of Pollinators Yesterday and Today](#), 2:00 p.m. at the North Carolina History Center. Call 252-639-3500.

8th: [21st Annual Run for Shelter](#), 8:00 a.m. at Creekside Park. Benefiting the Coastal Women's Shelter. Call 252-638-4509.

8th: [Garden Lecture Series](#), 10:00 a.m. at the North Carolina History Center. Call 252-639-3500.

11th: [Behind the Scenes: Museum Technology](#), 2:00 p.m. at the Tryon Palace Waystation. Call 252-639-3500.

12th: ["The Little Black Dress 2 Year Anniversary Party"](#), 5:00 p.m. – 8:00 p.m. at Annabelle's Restaurant. Presented by New Bern Housewives in the City.

13th: [Palace Pours: Painting at the Palace](#), 5:30 p.m. – 7:00 p.m. at Tryon Palace Gardens. Call 252-639-3524.

14th: [ArtWalk – New Bern](#), 5:00 p.m. – 8:00 p.m., presented by the Craven Arts Council at the Bank of the Arts and numerous locations in Downtown and around New Bern. 252-638-2577.

14th: [Uncorked – A Wine Tasting](#), 5:00 p.m. at Nautical Wheelers of New Bern. Call 252-514-2553.

15th: [Discovering Tryon Palace: Outlander in the Governor's Palace](#), 9:15 a.m. – 10:30 a.m. at Tryon Palace's Gates. Call 252-639-3524.

15th: [Discovering Tryon Palace: Outlander Home and Hearth](#), 4:15 p.m. – 5:30 p.m. at Tryon Palace's Gates. Call 252-639-3524.

17th – 23rd: [Tryon Palace Celebrates National Pollinator Week](#) at the Tryon Palace and the North Carolina History Center. Call 252-639-3500.

18th: [Behind the Scenes: Costume Shop](#), 2:00 p.m. at the Tryon Palace Waystation. Call 252-639-3500.

19th: [PIE Spring Luncheon](#), 12:00 p.m. at the Havelock Tourist and Event Center. Call 252-514-6321.

22nd: [The Great Trent River Raft Race](#), 9:00 a.m. – 5 p.m. at Union Point Park. Call 252-637-3111.

22nd: [African American Heritage Walking Tour](#), 2:00 p.m. at the Tryon Palace Waystation. Call 252-639-3500.

22nd: [At the Gallery: Season Finale performed by Ken Kennedy](#), 7:00 p.m. at the Bank of the Arts. Call 252-638-2577.

25th: [Behind the Scenes: Museum Technology](#), 2:00 p.m. at the Tryon Palace Waystation. Call 252-639-3500.

27th: [Disney's Beauty & The Beast](#), 6:00 p.m. at the North Carolina History Center. Call 252-639-3500.

28th: [2019 Bridgeton Blueberry Festival](#), 6:30 p.m. – 8:30 p.m. at 901 N. B. St. in Bridgeton.

29th: [8th Annual New Bern Run for the Warriors](#), 7:30 a.m. at Union Point Park.

29th: [New Bern Colorfest](#), 12:00 p.m. – 6:00 p.m. at 928 Queen St. Call 404-725-3053.

Visit [NewBernNow.com](http://NewBernNow.com) to stay up to date on the latest happenings as our Calendar is updated on a regular basis!



New Bern Chamber Midday Mingle



Coastl Women's Forum Lunch

June 2019						
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Surf, Wind and Fire



Captain Ratty's Bear



# "Building Bridges"

## Meet "The Podsquad"...and join us!



George Oliver, Rich Sheridan, Wendy Card, Tracey Stones, Kathy Morrison, Colleen Roberts, Laura Johnson, Susan Moffat-Thomas, and Lisa Bisbee-Lentz

If you haven't heard [New Bern and Beyond's Podcast/Radio Show](#), we have a lot of fun talking about the latest happenings and positive news in and around New Bern and Beyond. Beyond, meaning that we go Daytrippin to the Crystal Coast and throughout Eastern NC.

We talk about human interest and upbeat stories, but avoid politics, crime, etc. We learn something new about the people, places, and goings on during every show!

The Podsquad goes "Live" on New Bern Live every other Thursday between 1 - 2 p.m. in The Charles Tendell Show.

You can listen 24 hours a day on our [Libsyn](#) and [iTunes](#) Channels. The show also airs on [New Bern's NewsTalk Radio Station WNOS](#) 103.9FM and 1450AM every Wednesday at 8 a.m. and 5 p.m.

If you haven't heard, New Bern Live is a collaboration of local citizen media companies and individuals. It is a team of community journalists, content creators, activists and commentators; who live, work, and thrive in New Bern. Become part of our team by visiting [NewBernLive.org](#) or joining the conversation in our Facebook group.

We hope that you'll listen and let us know how we can improve this service; because it's not about us, it's about helping you spread your message and inform our community!

Let us know if you'd like to set up an interview to help you spread the word about a special event or other interesting topic, by calling 252-259-6853 or sending [us an email](#) at [info@newbernnow.com](mailto:info@newbernnow.com). We look forward to hearing from you!

Wendy Card

## New Bern's Earth Day Celebration



Get ready for a fun and free event for everyone! Our goal is to bring people together and learn how we can make easy choices that will positively impact on our environment. Your kids will have a good time in the "Kids Zone" where they will create fun arts and crafts! We'll also have giveaways!

As a nature lover/primitive camper, I thought I was a good steward of our environment until we formed the Earth Day Committee and started planning the event. I thought single-use plastic bags were recyclable, they're not. There's so much to learn and changing habits take time. Picking up trash is very important and we commend Craven Clean Sweep and everyone who participates! There's so many things that we as individuals can do to counter climate change. !

New Bern's Earth Day is intended to start the conversation and bring people together for the greater good of our community and for future generations. Our goal is to share positive ideas how we can "Refuse, Rethink, Reduce, Reuse, and Recycle."

We hope that you'll join us on Saturday, April 20 from 1 - 4 p.m. at the corner of Craven and S. Front Streets in the vacant lot next to Mitchell Hardware for a fun, learning experience.

We'll have an Earth Day After Party with live music at the Brown Pelican from 4 - 7 p.m.

For more information, call 252-259-6853.

Wendy Card



Dr. Bobbi Kotrba, DVM  
Dr. Stacey Manczka, DVM  
Dr. Mandy Walkenhorst, DVM  
Dr. Sean Greenlaw, DVM

**"We Treat Your Pets Like Part of Our Family"**

Mon - Fri: 7:30am - 5:30pm

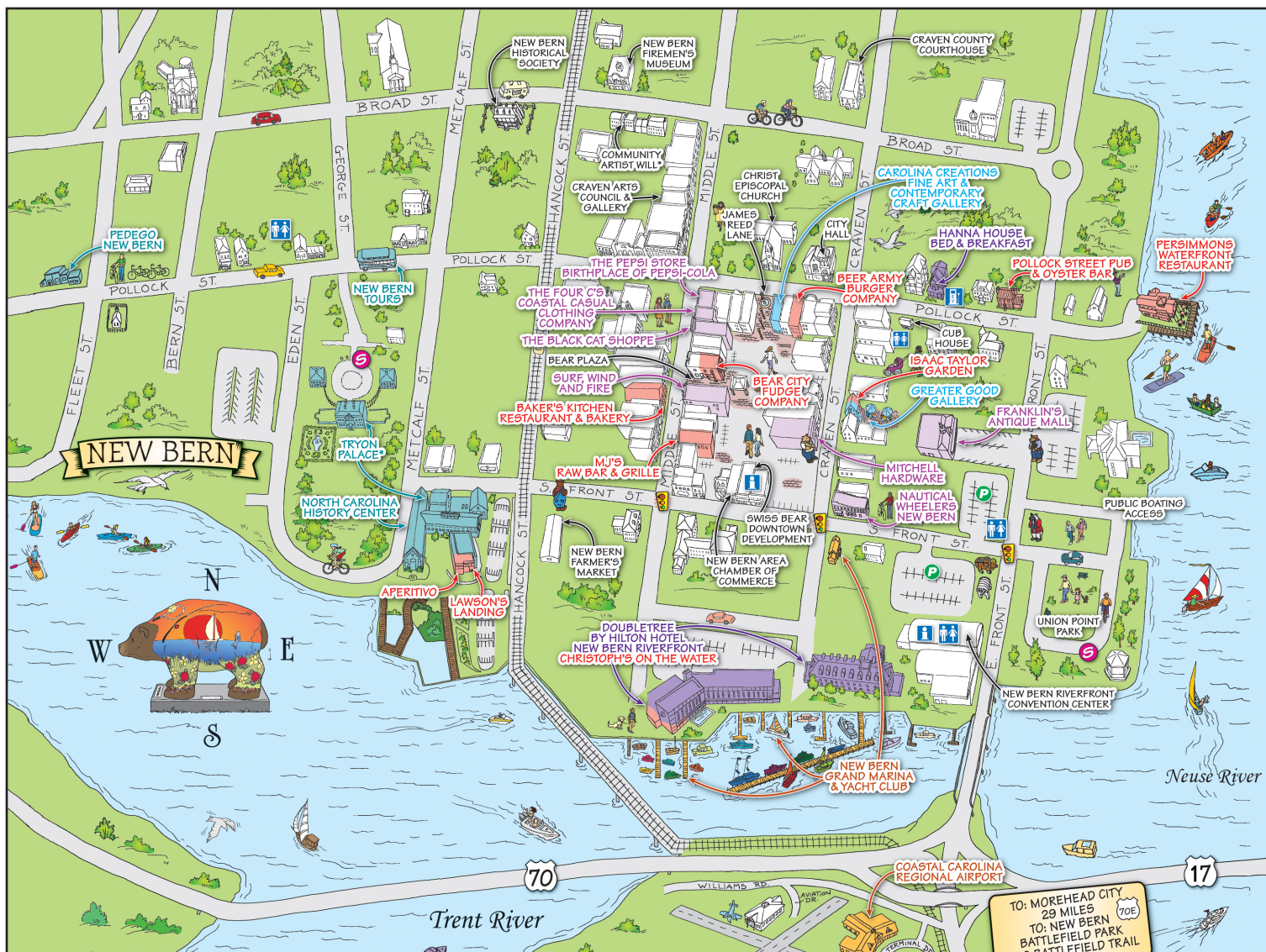
Sat: 9:00am - 5:00pm

Sun: 10:00am - 3:00pm

4603 Old Cherry Point Rd., New Bern, NC

**252-637-4541**

**CravenAnimalHospital.com**



Experience Eastern North Carolina's Arts, History, Beaches, and things to do with the **Crystal Coast Discovery Map!** For details, visit: [DiscoveryMap.com/Crystal-Coast-NC](http://DiscoveryMap.com/Crystal-Coast-NC) or call Rich Sheridan at 252-649-0284.

## Daytrippin'

Mark your calendars for the **Farmville Dogwood Festival**, April 26 – 28, 2019! Enjoy a "Movie Under the Stars", live music, arts and crafts - artisan wares like pottery, woodworking, jewelry, and numerous handmade treasures, amusements, food vendors, and fun for all ages! The Festival will take place at the Town Commons in Farmville. For details, call 252-753-5814 or check out their website: [FarmvilleDogwoodFest.com](http://FarmvilleDogwoodFest.com).

Head to Kinston for the **BBQ Festival on the Neuse**, May 3 – 4th! Savor terrific barbeque - participate as a cook or watch food competitions. They'll have arts and crafts vendors, entertainment and children's activities, a wine garden, and more! For details, contact the Kinston-Lenoir County Chamber of Commerce at 252-560-2693 or visit: [KinstonBBQ.com](http://KinstonBBQ.com).

Check out the **Beaufort Music Festival** on May 17 – 18. It's free and fun for all! Listen to a diverse line-up of musicians while enjoying food truck cuisine, activities for children, a beer garden featuring North Carolina craft brews, and more! Find out more by visiting their website: [BeaufortMusicFestival.com](http://BeaufortMusicFestival.com).

June 1 – 2nd is the perfect time to learn more about the fascinating Black Bear! It's the **NC Black Bear Festival** with fun and interesting activities like: Refuge Black Bear Tours; visit the Port-O-Plymouth Museum, Bear-Ology Black Bear Discovery Center, God's Creation Wildlife Museum; Roanoke River Lighthouse and Maritime Museum; Helicopter Rides; Mark Buckler Photography Black Bear Tour; Meet Professional Photographer Neil Jernigan; 5K Run with Bears; Bear Necessities Paddle, and much more! For more information, call 252-793-6627 or visit their website: [NCBearFest.com](http://NCBearFest.com).

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