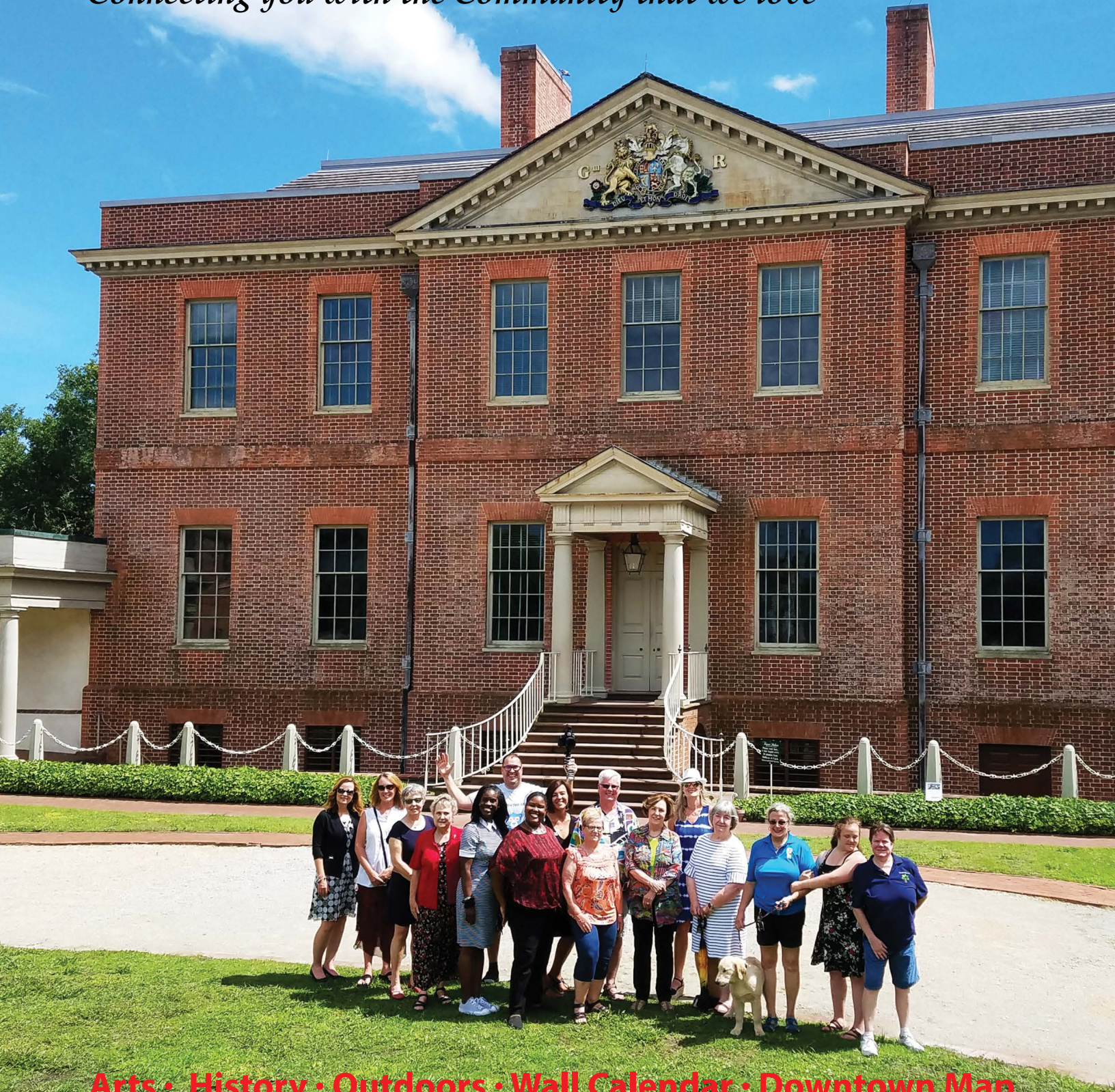


July - September 2019



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July - September 2019

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Marty Gunhus  
and Banjo

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## COVER PHOTO

Here are some of the many special people who have contributed to our efforts since the beginning:

L - R: Collen Roberts, Lisa Bisbee-Lentz, Jane Maulucci, Penny Zibula, Dawn Baldwin-Gibson, Brad Poirier, Sharon Roach, Pat Drake, Mack Paul, Susan Moffat-Thomas, Tracey Stones, Susan Braaten, Dona Baker, Amber Lynn, and Laura Johnson

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# Small Town feel with Big City happenings!



Mayor Dana Outlaw at  
Earth Day

People fall in love with New Bern's southern charm, small town feel, combined with the beautiful scenery, terrific weather, and an abundance of things to do, we have it all!

New Bern is a city rich in the arts, history, and outdoor recreation. It is a safe, suburban community with a diverse population of residents from all walks of life. Residents range from New Bernians, transplants seeking a slower pace of life, and snowbirds escaping from the cold weather. Military members, their families, and retirees homestead in New Bern because of its close proximity to local military bases.

**There're all kinds of things to do for everyone!**



Children playing at Colorfest

## Quality of Life

How does New Bern rank when it comes to quality of life? We've been asked this question. It's subjective based on your own personal experience when it relates to health, comfort, happiness, and safety.

According to our friends and the majority of people who we've asked over the years, believe that the quality of life is great!

New Bern is a charming small city with a Regional Medical Center - [CarolinaEast Medical Center](#). We also have a variety of healthcare, dental, alternative medicine resources along with a number of assisted living and skilled nursing facilities.

[The Coastal Carolina Regional Airport \(Fly EWN\)](#) services our region with Delta and American flights, general aviation terminal, Fed Ex, UPS services, conference room, wireless Internet, taxi/car rental services, Triple Play Oasis Restaurant and Sports Bar, a General Aviation Terminal, and Tradewind's Flight School. They also have an Art Sculpture Park! (638-8591)

There are several education and childcare opportunities for small children (both public and private), K-12, Community College to Adult Enrichment classes!



Colonial Capital Humane Society Volunteers

The City of New Bern Police Department, Craven County Sheriff's Department, and the State Highway Patrol are vigilant, visible, and active in our community.

There are countless ways to get involved in our community and help others by becoming involved with numerous non-profit agencies and charitable groups.

New Bern is known for a large variety of places of worship and spiritual organizations.

These are only some of many other things that contribute to our quality of life! We'll highlight some in this edition.



## Editor's Note



[New Bern Now.com](http://NewBernNow.com) was created in 2009. When I told my friends that I was developing a community website with free business/non-profit listings to promote everything I could learn about the Greater New Bern area – they thought I was wasting my time and money. Some told me that I was crazy as nothing in life is free.

Honestly, I had no idea what I was doing. I was a retired Navy Corpsman with no experience in web design, journalism, graphic design, blogging, publishing, and/or podcasting. But I was determined to at least try.

After it launched, a lot of readers told me that it was ugly. I was more concerned about the content than the aesthetics as the listings were findable on search engines like Google.

The goal was to help people who were struggling to stay in business during the Great Recession. I'm fortunate to receive a retirement check and have affordable healthcare, I just want to help our community.

I've learned many valuable lessons and truly appreciate readers and friends who guided me in the right direction. If it wasn't for you, I would have given up a long time ago.

Thank you to everyone who has been a part of making New Bern Now a successful local online news and information source, print magazine, and local podcast/radio show.

We recently had a focus group on how we could do a better job relaying information and generating income to remain sustainable while other local media sources are shutting down across the country.

You'll notice that we've made some changes to New Bern Now's Magazine (formerly known as the Ledger).

Our business model has changed and we're in the process of re-branding and improving our services. This costs money and to date, all profits have gone into printing the magazine. It's time to create revenue as we have plans to host special events like our Earth Day Event.

Wendy Card

## Barn Bash



Barn Bash is the Annual Fundraiser for [Promise Place](http://PromisePlace.org). Promise Place is the Sexual Assault Resource Center with offices in Craven, Jones and Pamlico Counties. This non profit is committed to helping victims and their families deal with the trauma that walks with sexual abuse and assault.

The idea for the annual fundraiser came about one Spring day in 2014; during a casual conversation between two good friends. **Ed Armstrong**, was a sitting board member at Promise Place and **Tommy Batten** of Batten Construction, was furnishing the office space for Promise Place in his construction business complex. Ed suggested they host a pig roast or something fun out at the barn of the Batten's home. Tommy brought the idea home to his wife **Wendy**. Before long **Barn Bash** was born. In September 2014, staff, board members, volunteers and community members all came together on the farm and raised more than \$50,000 for the organization.

This event has mostly been the vision of Wendy Batten who hosts the annual fundraisers that offers a good meal, live entertainment, raffles of many kinds, and a live auction. This is a 21 and over event and one that grows in popularity as more businesses sign up to become sponsors for the event.

This year's **6th Annual Barn Bash** for Promise Place will take place on Saturday, September 14, 2019 at 5 PM at Dancing Branch Farms. Promise Place staff is accepting donations for auction items, prizes for the raffle and they are also seeking community sponsors to help make this event as successful as previous years. Donations made to Promise Place are tax deductible.

All of the money raised at this annual event goes directly to Promise Place and their mission. To learn how you can get involved please call Promise Place at 636-3381.

~ Tracey Stones

# Healthcare

[CarolinaEast Health System](#) encompasses the CarolinaEast Medical Center (350-Bed facility); CarolinaEast Surgery Center, CarolinaEast Diagnostic Center, CarolinaEast Emergency Care, CarolinaEast Home Care, CarolinaEast Rehabilitation Hospital, CarolinaEast Physicians and numerous ancillary services.

Did you know that the Hospital has continuously received the five-star rating from the Centers for Medicaid and Medicare Services (CMS)? CarolinaEast has been Nationally recognized in several categories and has received many awards for their exceptional quality of care and patient satisfaction.

The CarolinaEast Foundation is a 501 (c) 3 non-profit that offers a host of much needed services in New Bern and throughout Eastern North Carolina. One of which is working side by side with other non-profits to provide financial assistance to help people who cannot afford the costs of their healthcare needs.

CarolinaEast Medical Center is located at 2000 Neuse Blvd. (633-8111) and the CarolinaEast Foundation is located at 2007B Neuse Blvd. (633-8247)



Gray Ladies and Lads - Volunteer at CarolinaEast  
(Photo by: Kara Chadwick)

Have you considered alternative wellness options?  
[Accupuncture Works](#) is located at 1425 S. Glenburnie Rd. (670-1063).

There's also a lot of Dental practices to choose from!

For other resources, contact Craven County Department of Health and Human Services (636-4920).

**Coastal Carolina Health Care (CCHC)** is a healthcare group practice with a network of physicians with a strong base of primary care providers in New Bern, NC.

CCHC's physicians, nurse practitioners, and physician assistants specialize in Family Medicine, Internal Medicine, Cardiology, Neurology, Sleep Medicine, Urgent Care, Oncology, Hematology, Gastroenterology, Pulmonology, and Critical Care. The Imaging Center is equipped with MRI, CT, Ultrasound, Mammography, Bone Density and X-Ray. CCHC also has an Urgent Care, Endoscopy Center, and Sleep Lab. CCHC provides services at CarolinaEast Medical Center, the MERCI Clinic, and local nursing homes. The CCHC Foundation, a 501 (c) 3 non-profit is very active in our community through educational outreach and fundraising activities. The Foundation provides support and resources to patients effected by cancer and/or chronic illness and offers financial counseling and support, transportation assistance, education and other programs. The Foundation also supports The Journey of Hope Cancer Support Center that provides comprehensive care and resources in New Bern and Eastern NC. They take a whole person approach including mind, body, and spirit. The Center offers numerous programs such as support groups, survivorship programs, massage and art therapy, exercise, and other programs.

CCHC is located at 1020 Medical Park Ave. (633-4111) and The CCHC Foundation and The Journey of Hope Cancer Support Center are located at 1010 Medical Park Ave. (633-4673).

**MERCI Clinic** is a free healthcare clinic offering primary care, specialty healthcare, dental services, pharmaceutical services, diabetes screening and screening to residents of Craven, Jones, and Pamlico County who don't have health insurance.

There are eligibility requirements (i.e. based on income level and you're not eligible if you have Medicaid, Medicare, Veterans benefits, etc.).

MERCI Clinic is a volunteer network of Physicians, Dentists, Nurses, Technicians, and other key personnel.

The MERCI Clinic is located at 1315 Tatum Dr. in New Bern or call 633-1599.

There's also a number of urgent care and specialty healthcare services available in New Bern.



## Things to do!



Chalk painting at Colorfest

New Bern is a city rich in arts, culture, history, outdoor adventures, shopping, dining, among many other things to do and it's a great place to live!

Enjoy a wide variety of activities for individuals and families, from attending special events, participating in the arts, learning about our rich history, to staying active indoors and outdoors...there's so many fun and interesting things to do for all ages!

Check out Jungle Jump of New Bern - it's an indoor bounce arena with an obstacle course and arcade games; watch a movie at the Bruin Theatre or Bear Town Cinema; go skating at Rollerland, or solve a mystery at the Bear Towne Escape Room.

Prefer ballroom dancing? Visit the Rivertowne Ballroom.

Take advantage of over 20 parks and recreation facilities maintained by New Bern Parks & Recreation (639-2901) and Craven County Recreation & Parks (636-6606). Introduce your dog(s) to new friends or just let them run around at the Down East Dog Park at Glenburnie Park, please know that you need to register first and receive the gate code before you can enter.

Do you like working on DIY projects? Become a member of Shop Class, "Community Workshop! Work on your own by using their state of the art equipment. Or sign up for workshops and learn how to do all sorts of interesting things!

Visit the New Bern-Craven County Library as they have a lot fun programs, events, and resources! They offer childrens programs, computer usage and technology workshops, book clubs, writer's workshops, open mic night, live music, childrens theatre, movie screenings and rentals, meeting rooms, historical and genealogy research, and much more!

Learn more about our town by taking a self-guided walking tour or have locals take you on a tour: African American Heritage Tour, Architectural Walking Tour, and Churchs & Cemeteries Tour, Historic Homes Tour, Revolutionary War Heritage Tour, and Walk to Remember Tour (based on Nicholas Sparks books); Bear Town Bears self guided tour; Cruise the Neuse River Tours, Happy Girl Tasting Tours, [New Bern's Civil War Battlefield Park](#) (638-8558), Scenic Airplane Ride by Tradewind Aviation, and Trolley Tour.



## Education & Childcare

There's a variety of schools to choose from, here's a list of a few popular choices: Craven County Public School System; Private: Arrendell Parrot Academy, Kinston; Epiphany School; St Paul Catholic School; and Craven Early College. Craven Community College (CCC), NC Wesleyan College at CCC, and Mount Olive College at New Bern. Consider supporting [Craven County Partners In Education](#) that provides grants for educators and students (514-6321).

We also have some terrific childcare and learning resources: Community Coalition for Craven County Children, Craven Smart Start's Child Care Resource and Referral Program, and Hope Family Resource Center.

# Dining

## Asian

Bay Leaf Indian Restaurant, 309 Middle St.  
Canton Chinese, 4118 Dr MLK Jr Blvd.  
China Garden, 1216 S. Glenburnie Rd.  
China King, 133 Bridge Town Blvd.  
Chinese Express, 3105 Neuse Blvd.  
China Wok, 3321 Dr MLK Jr Blvd.  
Golden China, 953 Hwy 70 E.  
Peking Garden Express, 2007 S. Glenburnie Rd.  
Ginza Japan, 3025 Dr MLK Jr Blvd.  
Hibachi Super Buffet, 3342 Dr MLK Jr Blvd.  
Mon Asian Market - Restaurant and Grocery, 2117 S. Glenburnie Rd.  
Musashi Japanese Steak & Seafood Restaurant, 2041 S. Glenburnie Rd.  
New Chinese Take Out, 1405 Tatum Dr.  
Osaka-SaiGon-Japanese-Vietnamese, 701 Hwy 70 E  
Queen Power Thai Restaurant, 2405 Neuse Blvd.  
Sake Sushi Grill, BBQ and Bar, 400 Hotel Dr.  
Sanuki Japanese Restaurant, 2311 Neuse Blvd.  
Sumo Bowl, 1905 S. Glenburnie Rd.  
Thai Angel, 247 Craven St.

## Breakfast, Coffee Shops, and Delis

### **Baker's Kitchen, 227 Middle St., 637-0304**

Bella's Cafe' and Catering, 323 Middle St.  
Carolina Bagel Co. & Deli, 3601 Trent Rd.  
Country Biscuit Restaurant, 809 Broad St.  
Crema Brew, 914 Broad St.  
Cow Cafe, 319 Middle St.  
Craven Coffee House, 1904 S. Glenburnie Rd.  
Ghent Sandwich Shop, 1308 Broad St.  
Kitchen on the Trent, 2500 Trent Rd.  
McAlisters Deli, 2002 S. Glenburnie Rd.  
Schlotzsky's Deli, 3335 Dr MLK Jr Blvd.  
Sea Glass Cafe, 1803 S. Glenburnie Rd.  
Sweet Pea's Cafe, 3515 Trent Rd.

## Italian

### **Sara's Big Apple Pizzeria, 1150 Broad Creek Rd., 636-2555**

37th Street Pizzeria, 2402 Neuse Blvd.  
La Casetta Italian Cuisine, 2503 Neuse Blvd.  
LaRosa Restaurant, 1503 S. Glenburnie Rd.  
Mario's Pizza, 1822 S. Glenburnie Rd.  
Panichelli's Pizzeria, 40 Shoreline Dr., River Bend  
Paula's Pizza & Italian Restaurant, 3946 Dr MLK Jr. Blvd.  
Savage's Woodburning Pizzeria, 303 Metcalf St.

## Mexican/Southwest

Arturo's Mexican Restaurant, 1900 S. Glenburnie Rd.  
Chipotle Mexican Grill, 2999 Dr MLK Jr Blvd.  
El Cerro Grande, 2503 Dr MLK Jr Blvd.  
El Taco Loco, 2408 Dr MLK Jr Blvd.  
Moe's Southwest Grill, 2000 S. Glenburnie Rd.  
Taqueria San Luis, 1706 Hwy 70E



Baker's Kitchen and Bakery

## Surf and Turf (Seafood & Steak)

Captain Ratty's Seafood & Steakhouse, 202 Middle St.  
Friday's 1890 Seafood, 2307 Neuse Blvd.  
MJ's Raw Bar and Grill, 216 Middle St.  
Sting Ray Cafe, 520 S. Front St  
Texas Steakhouse, 3231 Dr MLK Jr Blvd.  
Outback Steakhouse, 111 Howell Rd.

## Sweet Tastes

### **Soo's Chocolate and Bakery, 876-7667**

A Taste of Philadelphia NC, 2686 Dr MLK Jr Blvd.  
Bear City Fudge Company, 236 Middle St.  
Cow Cafe, 319 Middle St.  
Dairy Queen, 2401 Dr MLK Jr Blvd.  
Sugarplum Bakery, 1244 Hwy 70 E

## Upscale Dining

The Chelsea Restaurant, 335 Middle St.  
Cypress Hall Kitchen + Bar, 219 Middle St.  
The Flame Restaurant, 2303 Neuse Blvd.  
Morgan's Tavern and Grill, 235 Craven St.  
Persimmons Restaurant, 100 Pollock St.

## Variety Dining

### **Beer Army Burger Company, 313 Pollock St., 288-5814**

Annabelle's Restaurant, Twin Rivers Mall  
Applebee's Restaurant, 3450 Dr MLK Blvd.  
Attitudes Pub & Grill, 32 Shoreline Dr.  
Bern Bar, 1904 S. Glenburnie Rd.  
Blackbeard's Restaurant & Pub, 415 S. Front St.  
Buffalo Wild Wings, 3102 Dr MLK Jr Blvd.  
Carolina Grill, 998 Hwy 70 E.  
Country Biscuit Restaurant, 809 Broad St.  
Famous Restaurant and Bakery, 2210 Neuse Blvd.  
The Grill at Prohibition, 237 Craven St.  
Half Time Pub and Grill, 3325 Dr MLK Jr Blvd.  
Moore's Barbeque, 3621 Dr MLK Jr Blvd.  
Panera Bread, 2997 Dr MLK Jr Blvd.  
Pollock Street Pub - Weiner Haus, 208 Pollock St.  
Ruby Tuesday Restaurant, 1004 Hwy 70 E.  
Spunky McDoogles, 1908 S. Glenburnie Rd.  
Triple Play Restaurant/Bar, 1706-E Hwy 70E



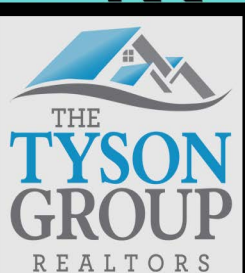
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# Calendar of Events

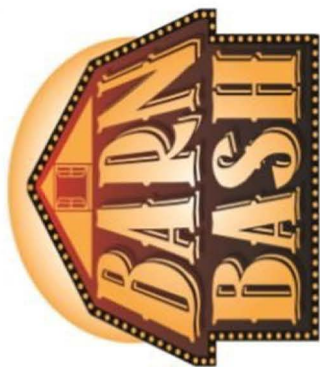
## July

Sun	Mon	Tues	Wed	Thur	Fri	Sat
	1	2	3	4 July 4th - Lawson Creek - Tryon Palace	5 Two Rivers Meet Concert	6 Madame Z's Red Hot and Blue
7 New Bern Dram Circle	8	9 Behind the Scenes: Conserva- tion Lab	10 Lunch & Learn Encore: WWI Battle of the Badg- es	11 Palace Pours: All American Lewis & Clark Live	12 Artwalk Crystal Coast Musicians "Marie Antoinette"	13 Aqua- palooza Auditions: HONOUR Comedy Showcase
14 Tuppence Folk Art Dou	15	16 Behind the Scenes: Museum Technol- ogy	17	18 African American Lecture "A Beacon of Hope" Shannon Grace Live	19 Footloose on The Neuse Fifes & Drums Corps of Yorktown	20 Discover- ing Tryon Palace: Outlander
21	22	23 Behind the Scenes: Costume Shop	24 Ghostwalk Auditions	25 Summer Movie Series: Matilda	26 "Hello Dolly"	27 Tryon Palace Multicul- tural Fair
28	29	30 Behind the Scenes: Conserva- tion Lab	31	Visit <a href="http://NewBernNow.com">NewBernNow.com</a> to <i>stay up to date</i> on the latest happenings as our Calendar is updated on a regular basis!		

**6TH ANNUAL  
BARN BASH**

**SAVE THE  
DATE**

**9.14.2019  
5PM**

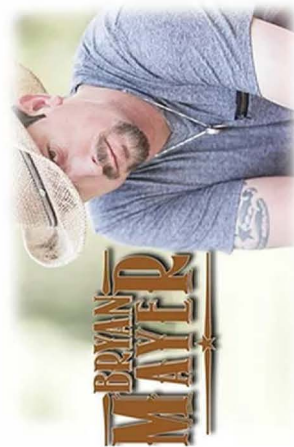


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MAYER**



# August

Sun	Mon	Tues	Wed	Thur	Fri	Sat
				1	2 First Friday: Hair! "Hello Dolly"	3
4 New Bern Drum Circle	5	6 Behind the Scenes: Conservation Lab	7	8 Palace Pours: Shandies in the Shade	9 Artwalk "Assasins the Musical" opening night	10 Comedy Showcase with Matt White Date Night: Movies in the Park
11	12	13 Behind the Scenes: Museum Technology	14	15	16 Footloose on The Neuse	17 Neuse River Summer Slam Fishing Tournament
18	19	20 Discovering Tryon Palace: Outlander	21	22	23	24 Stuff the Bus Live & Local: Beer Festival
25	26	27 Behind the Scenes: Museum Technology	28	29 Summer Movie Series: The Goonies	30 Footloose on The Neuse	31 Stanly - Spaight Duel

# September

Sun	Mon	Tues	Wed	Thur	Fri	Sat
1	2	3 Behind the Scenes: Costume Shop	4	5	6 First Friday: Military Camp Life	7 Bike MS: Historic New Bern Ride starts
8 New Bern Drum Circle	9	10 Behind the Scenes: Museum Technology	11 Lunch & Learn: NC's Mystery Tribe	12	13 Artwalk "I Hate Harriet" opening night Footloose on The Neuse	14 Barn Bash
15 Barktober-fest	16	17 Behind the Scenes: Conservation Lab	18	19 African American Lecture "WWI - What is it Good for?"	20	21 Discovering Tryon Palace: Outlander Lanterns on the Lawn Campout
22	23	24 Behind the Scenes: Gardens	25	26	27	28 Date Night: Movies in the Park Oktober-fest

Visit [NewBernNow.com](http://NewBernNow.com) to *stay up to date* on the latest happenings as our Calendar is updated on a regular basis!



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# Businesses and Non-profits

## Downtown Shopping

[Carolina Creations](#), 317 Pollock St., 633-4369  
[Four C's](#), 252 Middle St., 636-3285  
[Mitchell Hardware](#), 215 Craven St., 638-4261  
[The Pepsi Store](#), 256 Middle St. 636-5898  
[Poor Charlie's Flea Market & Antiques](#), 208 Hancock St., 638-2798  
[Wit Clothier](#), 502 Pollock St., 631-5098

## Animal Care Services

[Bill's Pet Shop](#), 2666 Dr. MLK Jr. Blvd., 637-3997  
[Craven Animal Hospital](#), 1003 Hwy 70 E., 637-4541  
[A Dog's Dream, Boutique-Resort-Day Spa](#), 1819 Race Track Rd., 514-2502  
[Lynaire Kennels](#), 4634 Old Cherry Point Rd., 633-4333  
[Masterful Dog Training](#), 672-5933.  
Emergency Vet Centert, 1301 E. Main St., Havelock, 444-1399



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4603 Old Cherry Point Rd., New Bern, NC

**252-637-4541**

**CravenAnimalHospital.com**

## Nightlife and Pubs

[The Brown Pelican Pub](#), 411 Broad St., 631-5008  
Attitudes Pub & Grill, 32 Shoreline Dr.  
Bear Town Market (BTM), S. Front St.  
Blackbeard's Restaurant & Pub, 415 S. Front St.  
The Brown Pelican Pub, 411 Broad St.  
Brewery 99, 417 F Broad St.  
The Bruin Craft Beer and Wine, 224 Middle St.  
Brütopia, 1201 Hwy 70E.  
The City Stage, 901 Pollock St.  
Half Time Pub & Grill, 3325 Dr MLK Jr Blvd.  
Mickey Milligan's, 3411 Trent Rd.  
Persimmons Restaurant, 100 Pollock St.  
Prohibition Drinks and Deserts, 237 Craven St.  
Triple Play Restaurant & Bar, 1706-E Hwy 70E  
The Garage Tap Room, Game/VR Room, 1209 Hwy 70 E

## Food Trucks

Jasmine Tasty Thai  
Mari's Hella Fat Food Truck  
The Tiny Tornado (229-3553)

[Accupuncture Works](#), 1425 - Ste. 6, S. Glenburnie Rd., 670-1063

[My Travel Agent, LLC - Anita English](#), 638-4134

[New Bern Web Design](#), 315 Metcalf St. 349-0270

[Pollock-Best Funerals and Cremations](#), 2015 Neuse Blvd., 637-5111

[Savi's Wine Shop](#), 713 Pollock St., 631-3329

[Salon #9](#), 1425 S. Glenburnie Rd., 692-0303

[Small Batch Gallery + Goods](#) and [Trade Ideas, Inc.](#), 250-A Pollock St., 617-0211

[Studio Verve](#), 2118 Trent Rd., 514-2655

[The Tyson Group, Realtors](#), 2301 Grace Ave, 675-9595

[UPS Store of New Bern](#), 1822 S. Glenburnie Rd., 637-7500

## Featured Non-profits

[Community Artists Gallery & Studios](#), 309 Middle St., 633-3715

[Craven County Habitat for Humanity ReStore](#), 930 Pollock St., 633-5512

[Promise Place](#), 1401 Park Ave., 636-3381

## New Bern Chamber of Commerce - New Members:

Stanley Hall Ballroom, 249 Craven S., 626-3723

HawkSoft, Inc., 131 Market St. 866-884-4680

Surplus Warehouse – EC Barton, 529 B US Highway 70 W., Havelock, 652-9273

Vine Café, 3329 MLK Jr. Blvd., 637-0011

Moonlight Lake RV Park & Cottages, 180 Moonlight Dr., 745-9800

Joe Signs, Inc., 2615 Trent Rd., 638-1622

Floors Unlimited, 4009 Dr. MLK Jr. Blvd., 638-4198

Greene Wilson Crow – Trial Lawyers, 401 Middle St., 634-9400

Mario's Pizza, 1822 S. Glenburnie Rd., 633-0836

Snowie Ice of North Carolina, LLC, New Bern, 757-344-0070

State Employees' Credit Union – Howell, 201 Howell Rd., 636-1818 and 1501 S. Glenburnie Rd., 638-3641

Edward Jones – Elizabeth Hartman, 246 Craven St., 330-907-6625

Stearns Lending, 207 N 35th St., Morehead City, 514-5515

Johnston Pain Management, 750 McCarthy Blvd., 672-9897

Becky Thomas – Coldwell Banker Willis-Smith, 115 Middle St., 910-622-4210

Sweet Pea's Café, 3515 Trent Rd., 637-6695

Nordic Cryo Spa and Salon, 1706 US Hwy 70, 631-5379

# Salon #9

1425 S. Glenburnie Rd.  
New Bern, NC 28562



[Kaityluvsshears@gmail.com](mailto:Kaityluvsshears@gmail.com)

**252-772-3663**

**@Kaedeejay**



# Staying in New Bern



Hanna House Bed & Breakfast

When visiting, you have a wide variety of places to stay! Discover local life with advice from Inkeepers at a B&B; Go “glamping” or “primitive” camping and enjoy the great outdoors; stay in a hotel or motel; or experience New Bern living for a few weeks or months!

## Bed and Breakfasts and Inns

**Hanna House Bed & Breakfast**, 218 Pollock St., 635-3209

The Aerie Bed and Breakfast, 512 Pollock St.

The Benjamin Ellis House, 215 Pollock St.

The Captain's Stay, 718 Pollock St.

The Jarvis 220, 220 Pollock St.

Meadows Inn, 212 Pollock St.

## Camping Cabins, RVs, and Tent Sites

**Turkey Quarter Campground and RV Park**, 163 Kirby Rd., Cove City, 342-5787 or 919-202-3419

Moonlight Lake RV and Cottages, 180 Moonlight Dr.

New Bern KOA, 1565 B St., Bridgeton.

## Hotels and Motels

**The Ziegler Motel and Suites**, 1914 Trent Blvd., 638-6868

BridgePointe Hotel and Marina, 101 Howell Rd.

Candlewood Suites, 3465 Dr MLK Jr Blvd.

Comfort Suites of New Bern, 1006 Old Cherry Pt Rd.

Courtyard by Marriott, 218 E Front St.

Holiday Inn Express, 3455 3465 Dr MLK Jr Blvd.

Hampton Inn - New Bern, 200 Hotel Dr.

Springhill Suites - Marriott, 300 Hotel Dr.

## Vacation Rentals

Resort Management Group, 475 Broad Creek Rd.

Vacation Resorts International, 1141 Broad Creek Rd.

Valhalla Vacation Rentals

# Low and Slow MOUTHWATERING BABY BACK RIBS



I love cooking over a campfire and on the grill! Especially when it comes to low and slow barbeque! It's one of the only real talents I have.

If you enjoy it as much as I do, you probably have your own recipe for delicious ribs! Here's my technique in case you want to give it a whirl.

## Steps:

- Remove membrane from the backside of the ribs.
- Season with your favorite dry rub. I like trying new things, so I head to “The Smokehouse” in **Mitchell Hardware!**
- Wrap with aluminum foil for at least 8 hours.
- Soak apple or cherry wood chips for 30 minutes.
- Fire up your grill or smoker to 225°.
- Drain the wood chips and sprinkle over hot coals.
- Lay a strip of aluminum foil on the grate and place a Rib Rack on top. Add ribs (make sure the foil is under the meat to avoid flare ups).
- Cooking temperature should range between 225° - 250°.
- Start the timer and cook for 5 hours, rotating ribs every hour.
- At the 2 ½ hour mark, spray ribs with apple juice every 30 minutes.
- Check the ribs after 4 ½ hours with a meat thermometer. The USDA states that pork is done when the internal temperature of 145°, I recommend waiting until it's between 190° – 200° as the meat is moist and falls right off the bone!
- Brush your favorite BBQ sauce on about 10 minutes before you take them off the grill.

**Enjoy a Lip Smacking Good Time!**

# Explore the Arts

New Bern's Arts Scene has exploded with artists, crafters, and artisans; not just downtown, but around town!

I credit **Michaelé' Rose Watson and Lisa Bisbee-Lentz** for the Bohemian Arts Scene movement in 2012! It encouraged people to believe that their work was valuable and gave them an opportunity to showcase it! I truly believe that's when **New Bern's Arts Scene exploded!**

Discover unique jewelry, handmade crafts, sculptures, pottery, paintings, and the list goes on! From novices to Internationally renowned artists, New Bern continues to grow as a **"Destination for the Arts!"** attracting artists and admirers from across the country!

Take a trip downtown starting on Craven Street. Stop at the Accidental Artist and paint your own masterpiece, Ballantyne Framing and Art, [The Greater Good Gallery](#) (649-1712) and Red Shoe Studio Gallery (670-7736).

Walk down Pollock Street to [Carolina Creations](#) (633-4369), [Small Batch Gallery + Goods](#) (617-0211), and Living Color Ceramics. Stop by the Craven Arts Council & Gallery at the Bank on Middle St.

Also Downtown, visit the [Community Artists Gallery & Studios](#) (252-633-3715), [Michaelé Rose Watson's Artist Studio](#) (626-0120), 323B Creative Studio (behind Bella's Cafe), Four Thirteen Broad, The Next Chapter Books and Art, and The Framing Fox Art Gallery.

The Craven Arts Council & Gallery presents Artwalk on July 12, August 9, and September 13 from 5 – 8 p.m. Artwalk has expanded from Downtown to "Around Town". Art galleries and restaurants stay open for extended hours!

Don't miss the art shops around the Greater New Bern area like The Uptown Gallery and Pic Frame & Gallery.

Create your own arts and crafts at The Craft Studio and paint your own art at Wine and Design.

The New Bern Arts and Wellness Center is an Art Gallery that offers all kinds of workshops from ceramics, Tai Chi, yoga, meditation, ukulele, jewelry design, weaving to programs for kids and more! They also have artist studios

Community Theater plays an important role to many locals who volunteer to perform, construct sets, usher, arrange harmonies, choreograph, among numerous other things that it takes to put on a show. We have two theatres in town and they're always looking for talented people! Join in the fun by becoming part of their efforts or take in a Show! For details contact the New Bern Civic Theatre or the RiverTowne Players.



Greater Good Gallery in the Isaac Taylor House

## Music and Entertainment

Tracey Stones is the creator and writer of [NCMZ live](#), a live music blog covering events and music from around the State of North Carolina. She is the founder and owner of Tracey Stones Productions, LLC,. An Entertainment Management and Media Company that helps promote musicians and music venues around the region. Tracey offers entertainment news, features and live music updates each month.

Another great resource for local music is Joanne and Bob Freidman. Stay up to date with the latest music happenings by visiting the [New Bern Music Calendar](#) on Facebook.



The New Bern Farmers Market is also terrific venue for live music and events!

They're open every Saturday (8 - 2 p.m.) and Tuesday (10 - 2 p.m.). Browse thru products from over 75 vendors. Buy local fruits and vegetables, hoeny, eggs, meats, jewelry, gifts, arts and crafts, Artists, Authors, Craftsmen and more!

It's a place where our community meets old friends, makes new ones, and supports local businesses!



# Step Back in Time

With 309 years of history, our city has undergone some profound and remarkable changes. It all started in 1710 when Swiss Baron Christopher de Graffenried, Explorer John Lawson, and a group of Swiss and German settlers discovered the beautiful countryside that was named "New Bern" after the Baron's home city of Bern, Switzerland.

North Carolina's first permanent Colonial Capitol building was constructed in 1770 and later named Tryon Palace after Governor William Tryon. Tryon Palace became NC's first state Capitol during the Revolutionary War in 1775. The Capital City was relocated to Raleigh in 1794. Tryon Palace burned in 1798. The landmark was rebuilt in 1950 from the original Palace plans. Tryon Palace Historic Sites and Gardens draws in hundreds of thousands of visitors a year with their fun and informational events, re-enactments, lectures, and tours of this grand homestead along with interesting events at the North Carolina History Center!

The Civil War Battle of 1862 took place in New Bern as the Union Soldiers considered the city a valuable commodity as a seaport and railroad depot. Visit the Civil War Battlefield located at the entrance of Taberna Community off Highway 70 East.

New Bern Pharmacist Caleb Bradham created "Brad's Drink" in 1898, which is now known as Pepsi-Cola. Visit the Pepsi Store on Middle and Pollock Streets (636-5898).

James Davis brought the first printing press to New Bern, making it the first in the state of NC to have one.

New Bern is also home to NC's first public school - New Bern Academy, which is now a Museum at the corner of New & Hancock Streets (514- 4951).

In 1922 New Bern suffered a horrific fire that engulfed 40 City blocks - mostly the African American neighborhoods with thriving businesses. With resilience, residents re-built New Bern then and continue to rebuild this wonderful city today!

## Must Visit Sites include:

[Tryon Palace and the North Carolina History Center \(639-3500\)](#); [New Bern Historical Society - Attmore-Oliver House \(638-8558\)](#); Kellenburger Room, New Bern-Craven County Library, New Bern Fireman's Museum, Crockett-Miller Slave Quarters Tours (638-8536) by the James City Historical Society, and The USMC Aviation Exhibit, Havelock.

# Discover The Great Outdoors



New Bern is a retreat for outdoor enthusiasts and nature lovers as there are countless outdoor activities to enjoy! From biking, bird watching, boating, camping, fishing, golfing, hiking, hunting, paddling, running, to observing wildlife, and more...we have it all!

Nestled between the Neuse and Trent Rivers, New Bern is a haven for boaters, fishermen, and watersports fanatics! From large Marina' to off the path boat ramps, you'll find them here!

Fishing is plentiful! Some of the water is brackish so you can catch both salt water and fresh water fish, but you may need both licenses, so check the fishing regulations.

**Go Scuba Diving with [Divin' Dawgs](#), 801 Cardinal Dr., (638-3432)**

Prefer paddling? Contact Sound Rivers (637-7972) for paddle trail maps and details about boating and fishing on our rivers.

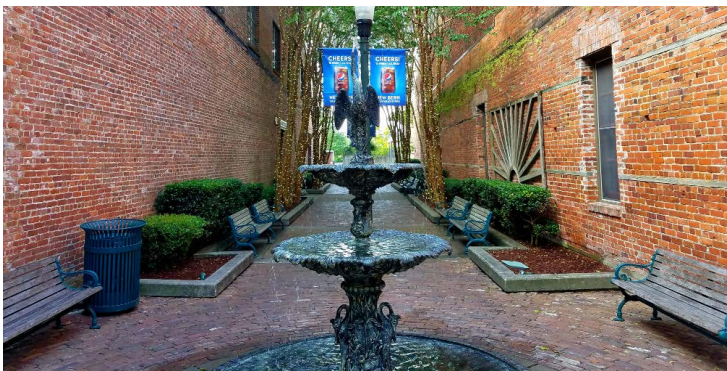
The Croatan National Forest is a "Nature Lover's Paradise" and it's in our backyard! Discover carnivorous plants like the Venus flytrap, pitcher plant, sundew, along with other exotic plants. The Croatan spans approximately 160,000 acres. It's home to black bear, deer, wild turkey, quail, coyotes, bald eagles, beaver, bobcats, porcupine, alligator, and other wildlife species. Visit the Ranger's Station on Hwy 70 E (638-5628).

Check out the Latham-Whitehurst Nature Park off Broad Creek Rd.

Hunter Safety Course Information: (919-707-0031) and Hunting/Fishing License Information (888-248-6834). Visit the NC Wildlife Commission's website or NC Waterman website for fishing reports, water conditions and more!



## PHOTOS AROUND TOWN





# BEST OF....

In June, we asked people to participate in an online survey and here are the results...

## THINGS TO DO:

1. Outdoor Recreation
2. Arts
3. History

## NIGHTLIFE:

1. City Stage
2. Brown Pelican
3. Blackbeard's Triple Play and Prohibition

## HISTORIC LANDMARKS

1. Tryon Palace
2. Cemeteries
3. New Bern Civil War Battlefield Park

## DINING

1. Morgan's Restaurant
2. The Chelsea Restaurant
3. MJ's Raw Bar and Grill

## SHOPPING

1. Mitchell Hardware
2. Belk
3. Carolina Creations

## WHAT NON-PROFITS DO YOU BELONG TO?

1. Newcomer's Club of New Bern
2. New Bern Historical Society
3. New Bern Area Chamber of Commerce

## ACTIVITIES FOR KIDS

1. Cow Café
2. New Bern Aquatic Center
3. Creekside Park

Stay tuned to **NewBernNow.com** for the extensive results!

**These results were from a poll that we posted on social media:**

## HAIR SALONS

1. Salon #9
2. Tied: Magnolia Jane, Satz Hair, and Tangles and Knots
3. Girlfriendz



Wit Clothier and Jillybird Boutique

## MAP LEGEND

## BUSINESSES

- 1 Baker's Kitchen
- 2 Beer Army Burger Company
- 3 Birthplace of Pepsi Store
- 4 The Brown Pelican
- 5 Carolina Creations
- 6 Community Artists Gallery & Studios
- 7 The Four C's
- 8 Hanna House Bed & Breakfast
- 9 Micheale' Rose Watson Art Studio
- 10 Law Office's of Oliver & Cheek
- 11 Poor Charlies Antiques & Flea Market
- 12 Mitchell Hardware
- 13 New Bern Web Design
- 14 Small Batch Gallery + Goods and Trade Ideas, Inc.

- 15 Wit Clothier/Jillybird Boutique

## HISTORIC LANDMARKS

- 16 Athens Theatre
- 17 Attmore-Oliver House
- 18 Centenary United Methodist Church
- 19 Christ Episcopal Church
- 20 Craven County Courthouse
- 21 Federal Courthouse
- 22 First Baptist Church
- 23 Isaac Taylor House
- 24 New Bern Fireman's Museum
- 25 North Carolina History Center
- 26 St. Marys Free Will Baptist
- 27 Sudan Temple
- 28 Tabernacle Baptist Church
- 29 Tryon Palace
- 30 Tryon Palace Waystation

## POINTS OF INTEREST

- 31 City Hall
- 32 Craven Arts Council & Gallery
- 33 Craven County Clerk of Court
- 34 Craven County Register of Deeds/Tax Office
- 35 The Cub House
- 36 Charles Tendell Studio/NewBernLive
- 37 New Bern Convention Center
- 38 New Bern Trolley pickup
- 39 New Bern Farmers Market

## OUTDOOR INTERESTS

- 40 Bear Plaza
- 41 James Reed Lane
- 42 Union Point Park



The Country Biscuit

# Downtown New Bern Map







# We aim for world-class care.

CarolinaEast Medical Center has been recognized by *Newsweek* magazine as one of the **top 1,000 hospitals in the world.**

This recognition validates our commitment to offering care as special as the people of Coastal Carolina.

It's not just what we do, but how we do it that makes the biggest difference. When it comes to your family's well-being, choose the facility that's not just among the best in North Carolina, or even the United States, but one of the very best in the world. **Choose CarolinaEast.**

